

# Guilderland Girls Softball League (GGSL)

## COVID-19 Guidelines for Games, Scrimmages, and Tournament Play (Updated July 6, 2021)

In order to maintain a safe environment for our athletes, we are still required to take precautions to ensure play can continue this season. While this document is not all encompassing, personal judgement and common sense needs to be used by all. We ask that everyone visiting Keenholts Park abide by the guidelines we have put herein.

### General:

1. If you have a fever, cough, or other COVID-19 symptoms (please check the [CDC website](#) for more information) – PLEASE STAY HOME! Or consult Governor Cuomo’s most recent update [here](#).
2. If you or anyone in your household has tested positive for COVID-19 or been in contact with someone who has in the last 10 days – PLEASE STAY HOME!
3. Masks must be worn if you are unvaccinated and within 3 feet of another individual.
4. Concessions will be open during tournaments and some game days; please follow their guidance for ordering and picking up food.

### On the Field:

1. Unvaccinated individuals are still encouraged to utilize the fence line on the 1<sup>st</sup> and 3<sup>rd</sup> base sides, though not mandatory. No spectators will be allowed in the designated team area. Pop-up canopies are allowed for team use only in this area.
2. If teams chose to utilize dugouts for games, unvaccinated individuals are recommended to wear masks when they are within 3 feet of another individual.
3. If the situation presents where a coach must interact with an unvaccinated individual (via injury) then each coach should have a face covered for such a circumstance.
4. Sharing of equipment remains discouraged.
5. All players and coaches should have their own water/drinks.
6. Players continue to be discouraged to chew gum or eat/spit sunflower or other seeds.
7. Vaccinated individuals are not required to social distance but the League still prefers all to maintain a 3 foot distance from each other whenever possible.
8. Electronic exchange of lineup cards is preferred with all competing teams, if not possible, only between scorekeepers.
9. At the end of the game, it is preferred that each team line up on respective baselines and offer ‘good game’.
10. Nothing should be left in the dugouts when you leave; please make sure everything is picked up and properly disposed of.

### Off the Field:

1. It is the expectation that spectators continue to spread out along the outfield fence and for those unvaccinated to follow social distancing and mask guidelines.
2. We additionally want families to continue to space themselves accordingly on the bleachers. Keeping themselves “podded” if they are unvaccinated.
3. Hand sanitizer will be provided in bathrooms.

### Pre-arrival Screening:

We still expect all parents of participating athletes to answer “no” to the following questions regardless of vaccination status:

- Make sure that your child answers ‘NO’ to the following questions:
  - Do you have ANY Symptoms: Fever, Cough, Shortness of breath/difficulty breathing, Fatigue/Tired, Muscle/Body Aches, Headache, New loss of Taste/Smell, Sore throat, Congestion or Runny nose, Nausea/Vomiting/Diarrhea?
  - Have you tested positive for COVID-19 in the past 10 days?
  - Have you knowingly been in close or proximate contact in the past 10 days with anyone who has tested positive for COVID-19 or has had symptoms of COVID-19?
  - Have you traveled within the past 10 days and not complied with the requirements of the NYS Travel Advisory?
  - When you took your child’s temperature today, was the reading greater than 100.4?

**Thank you in advance for your cooperation!**