

Paddock Press

A publication for the neighborhood of Paddock Hills, Cincinnati, Ohio. Funded by the Neighborhood Support Program.
Newsletter address: PO Box 16028, Cincinnati, Ohio 45216-0028

A Bimonthly Newsletter

Volume 26 Issue 1 January/February 2019

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Ethnic Potluck Dinner

Do you have a favorite family meal?

You know, perhaps the dish a parent or grandparent always made when everyone came together, or a dish you created with your children or grandchildren. The dish with not only a great story behind it, but the power to put you in your happy place when you eat it. Perhaps a creation a relative brought from another country, another region, another time.

Next Sunday, January 13 is our annual Paddock Hills Ethnic Dinner. If you have never participated, it's a wonderful journey through the history of our neighborhood families, and if you have you know it has the bonus of being a really good feast.



So here are the details.

Sunday January 13th from 5-7 PM at the Avon Woods Nature Center. Fried chicken will be provided and each family is asked to bring a dish of their own. Consider it a pot luck plus, because there is no "ho hum" food.

It's a lot of fun and if you like to try new things or are tired of your own cooking it is awesome!

We hope we will see you there.

President's Message

My time as PHA President has drawn to a close, and before Lynne Stone, takes the wheel, I wanted to say thank you.

Although I have told my children the position of PHA President carried great power and even greater responsibilities (I just want them to think of me as something other than a great big dork), it really was a lot of fun, and I appreciate being given the opportunity to serve.

With that in mind, I would like to encourage folks to get involved, if you are not already. Community councils, neighborhood committees, etc... can be a raw expression of democracy, but it is where the rubber hits the road.

We have a great thing going in Paddock Hills, and to keep it great we need continued community involvement. It's how we know what needs to be done, and where we find the horsepower to do it. It's how we make sure the City of Cincinnati knows how to best work with and for us. It's one of the ways your voice is heard, and how we look out for each other.

Democracy at the ground level can be a grind, but it is critical, and without participation it does not work as well as it could. Please keep this in mind as you plan for 2019, and if you feel so compelled, please come join us on the 4th Monday of the month at the nature center at 7PM.

Changing of the Guard

The trustees would like to thank Joe Galvin for his service to Paddock Hills, as acting President.

As he steps down, Lynne Stone has stepped forward as President and Joe has agreed to serve as Vice President until the position is filled at the annual election in April.

Nominating Committee

The Trustees will form a Nominating Committee at the January Trustee's Meeting to develop a slate of nominees for Trustee, and Assembly Officer positions.

The slate will be presented to the Community at the March meeting, and voted on at the April meeting.

Terms run June to June.

Community News

Passing the Baton

Effective spring 2019, I will be term limited out of my position as trustee of the Paddock Hills Assembly. I also plan to give up my role as NSP (Neighborhood Support Program) manager, a position held originally by my father, Wally Glas, followed by Bill Williams.

Our NSP grant provides more than half of our annual budget. Nearly all 51 neighborhoods participate in NSP. This year's budget is \$6085. It has been as high as \$10,000 and as low as \$2,000, depending on timing and the "generosity" of City Council. Grant projects must fit within specific city guidelines and are intended to benefit the entire neighborhood. Participation in NSP can be leveraged to obtain money from other sources.

The NSP project manager's responsibilities include: writing and submitting an annual grant proposal that has been approved by neighborhood residents, reporting monthly on budget expenditures, and submitting a final report, showing we spent our funds in compliance with city regulations. The city provides training for writing the reports.

Each project manager takes a turn sitting on the city peer review committee for all NSP proposals, approximately once every three years. Attendance at a majority of the review committee meetings is mandatory; failure to comply results in the neighborhood's suspension from participation in NSP.

It may sound like a lot, but over the years, I've gained from the experience. I learned about Cincinnati neighborhoods, their successes and their struggles. I met some of the most dynamic, dedicated people whose names you will never read in the paper or see on the news. I also learned about the variety of activities and projects run by other neighborhoods.

If not for family responsibilities and unavoidable conflicts, I would stay on. My parents raised me to be involved in my community, so I will continue to support Paddock Hills in other ways.

However, I'm concerned that participation in the work of the neighborhood has declined while attendance at most social events has increased. We're all busy. Types of obligations shift and change, but they never go away. Saying no to our community is easy, but saying yes is rewarding.

If you are interested in NSP and have questions, please call me at 821-1335. If this isn't your cup of tea, but you want to help the neighborhood in another way, call a trustee or attend our next community meeting.

Respectfully yours,
Susan Glas

Neighborhood News

Pedestrian Safety

Traffic quieting and safety is an ongoing concern both at Community Meetings and in our 2018 Survey. You may have noticed a radar speed sign for driver feedback on Paddock Road recently. We will continue to address these concerns.

Thirteen Cincinnati Public School students have been hit by cars since September.

These students are a fraction of the more than 100 Cincinnati children drivers struck in 2018. Pedestrian fatalities of all ages make up a steadily increasing of traffic fatalities.

The Board of Cincinnati Public Schools has asked the City to fund crossing guards.

City Council's Law and Public Safety is seeking both long and short term solutions.

The Cincinnati Police Department of Traffic Enforcement has reallocated resources.

We can all pitch in to solve this problem
by observing the speed limit and obeying traffic signs.

Most of us do, most of the time.

All of us should, all of the time.

Slow Down

- The posted speed limit may not be slow enough when children, walkers, runners and pet walkers are enjoying our neighborhood. Adjust accordingly.
- Be a moving "speed hump" and reminder others that our neighborhood is not a cut-through.

Crosswalks

- Always yield to pedestrians in a crosswalk.
- When approaching a crosswalk, reduce your speed and be prepared to stop.
- When you are stopped at a crosswalk, allow enough room between your vehicle and the crosswalk so other drivers can see the pedestrians you have stopped for.
- Do not pass vehicles stopped at a crosswalk. They have stopped to allow pedestrians to pass or make sure the way is clear

Neighborhood News

In Remembrance



When we moved to Paddock Hills a quarter of a century ago one of the hidden treasures of Paddock Hills was neighbors who had been a part of the community for decades.

They were of our parents' generation and had raised their families in Paddock Hills. They were accomplished, experienced hands and had tended the neighborhood along with their families. One of my secret pleasures was to eavesdrop on their conversations as they laughed over shared memories and solved the problems of the world. At ease with themselves and each other, their perspective and insight was delightful.

Wally Glas was one of those neighbors. Longtime Paddock Hills residents, Wally and his wife Bobbie (Barbara) raised their family on Paddock Hills Avenue. He passed away at the age of 92, on December 13th. Our thoughts are with his daughter Susan and son Andy.

Wally and Bobbie were among the first people we met on walks with our children. They were helpful, kind and welcoming. The kids were completely taken by their extraordinarily well trained dog who could walk off leash and stop and wait at the corner for permission to cross and tolerated small children's adoring hugs.

Stacy Bird

I first met Wally when I was president of the PHA. We formed a committee to prevent the EPA from establishing a vehicle emission inspection station on Tennessee Ave. The PHA believed it would negatively impact the neighborhood. I enlisted the help of North Avondale and many residents of Paddock Hills. Leon Wolf, a lawyer, volunteered his assistance and brought along Wally too. Wally came to fight and his skill of calculating land coordinates saved the neighborhood. We had an uphill battle to face the city committee for zoning. They had predetermined a very generous code for the land to allow the facility to be built, but Wally found a two foot strip running the entire length of the combined properties that was left out of the approved zoning. He stepped up and showed them down with his very quiet but firm way. The city had no choice but to deny the facility a permit.

Wally was always a closer friend than neighbor after that. We spoke and visited at every event. I especially enjoyed talking to Wally as he walked his dog. He was a good neighbor and a great friend. I was sad when he moved away. I missed his stops at the curb to talk. Wally will be missed by all who knew him.

Maureen Mello

When my wife and I went to the services for Wally Glas we were honored to be there with his family, friends and Paddock Hills neighbors. Why? Because somehow when we moved to Paddock Hills we met a kind caring couple, Wally and his wife. Wally and I got to know each other while working together on a Paddock Hills committee whose mission was to maintain a healthy Business District surrounding our neighborhood. He was diligent and used his skills to ensure that our community was comfortable and improved.

At his services it was wonderful to hear those speaking consistently mentioning the kind, caring, intelligent friend we knew.

Sam Nelson

2018 Paddock Hills Members Survey

Twenty five households returned the Paddock Hills Survey distributed with their annual membership/renewal in August.

Those households expressed interest in one or more committees or areas including:

Business/Economic Development, Environment/Beautification, Law/Safety, Newsletter/Communications, Social, Youth, Membership and Welcome.

We look forward to contacting these members and welcome their input and participation.

In order to serve the neighborhood we need to represent the neighborhood, all ages, all priorities and all interests.

We need people on the planning side of things, people willing to serve on the board, help plan events, and volunteer for committees.

We need fresh ideas, and we need people to turn ideas into reality. It doesn't matter how long you've lived here or what phase of life you are in.

We need you to get involved, to maintain what we love about Paddock Hills and make it even better for you and your household and for all of us.

Fitness Corner

Holidays are filled with rich and decadent foods and pretty drinks, hot or cold, filled with sugar!

The Holiday is over and now we're feeling bloated and fat.....yes, I said it because it's true!
Now What?

First let's talk about what NOT to do:

- Don't panic and feel bad about yourself! You had a good time and partied hard,,,,,you made a name for yourself....ouch!
- Don't go on a "crash" diet and eat only broccoli for the next 2 weeks.The gas is toxic...your family will move out!
- Don't "over" workout your body! Now you can't move without pain for days. All the Advil will eat the lining of your stomach...call 911!

Here's what is feasible and healthy to do:

- You need to drink half your body weight in ounces of water every single day to cleanse all the poison out of your system.
- Find the proper diet plan for YOU. One that you can feel good about and maintain.
- Quick, get out and start walking in the neighborhood or in one of our Cincinnati Malls. Yes, become a Mall Walker!
- Finally, get your rest at night and fuel your mind with positive and encouraging information.

Be Fit and Healthy for 2019!

Lynne Stone, ACSM Certified PT and Fitness Instructor with 25 years of experience!

Calendar/Upcoming Events

| | | | |
|---------------------------|--|--|---|
| Monday January 28 | 6:00 - 7:00 PM 7:00 - 9:00 PM | Trustee Meeting Community Meeting | Avon Woods Nature Center |
| Monday February 24 | 6:00 - 7:00 PM 7:00 - 9:00 PM | Trustee Meeting Community Meeting | Avon Woods Nature Center |

Invitation

Monthly Paddock Hills Community Meetings are a place to share neighborhood concerns and advocate for our community. Opportunities from the City of Cincinnati, the Neighborhood Support Program and others are presented.

Our Neighborhood Officer Engine House 9 report on Safety and Security at each meeting.

Everyone is welcome.

Thank You

Did you ever wonder who puts up the signs announcing Community Meetings and Events?

Thank Kathy Grant, long time Paddock Hills resident and dedicated volunteer.

Frequently Called Numbers

Unattended, abandoned cars, litter, overgrown weeds, snow removal, pot holes, dead animals, sidewalk repair and graffiti, etc.

To report concerns or request services from the city:

Cincinnati Public Works 591-6000

www.5916000.com

Cincinnati Police

District 4

569-8600

Officer Anthony Hill Neighborhood Officer

anthony.m.hill@cincinnati-oh.gov

569-8678

Avon Woods Nature Center

861-3435

Paddock Hills Media

Paddock Hills Neighborhood website <http://www.paddockhills.org>

Nextdoor Paddock Hills <http://paddockhills.nextdoor.com>

Facebook <https://www.facebook.com/Paddock-Hills-266186546751105/>

Paddock Hills Assembly Officers

Lynne Stone - President

Joe Galvin - Vice President

Lina Orr - Treasurer

Stacy Bird - Secretary

Paddock Hills Assembly Trustees

Stacy Bird

Joe Galvin

Ellie Johnson

Nicole McWhorter

Lynne Stone

Luekiucius Brown

Susan Glas

Emma Kitzmiller

Lina Orr

Liz Swain

Committee Chairs

Communications -

Safety, Security and Traffic - Luekiucius Brown

Environment/Beautification - Lynne Stone

Neighborhood Support Program - Susan Glas

Social - Liz Swain

Membership - Joyce Coleman

Economic Development -

Youth Programs - Joe Galvin

Paddock Press

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