Paddock Press

A publication for the neighborhood of Paddock Hills, Cincinnati, Ohio. Funded by the Neighborhood Support Program.

Newsletter address: PO Box 16028, Cincinnati, Ohio 45216-0028

A Bimonthly Newsletter

Volume 22 Issue 5 November/December 2015

Community News

- President's Message
- Thank You
- Invitation
- Paddock Hills Database
- Paddock Hills Media
- Fall Events





Neighborhood News

- Little Known PH Fact
- Betty Tuggle
- Comings and Goings
- Honoring Our Vets
- Fitness Corner
- Feedback



Paddock Hills FAOs

- Calendar Upcoming Events
- Organizational Meeting
- Frequently Called Numbers

Pages 5, 6 and 7

Page 8

Message from the President

It has been my privilege & pleasure to serve as president of Paddock Hills Assembly for the past 8 years. It is now time to let someone else have the fun that I have had!

As I have mentioned before, this neighborhood is as great as it is, due to the volunteers that put so much energy into making it one of the finest communities in Cincinnati. We are called "Cincinnati's Best Kept Secret" for a reason.

When my husband and I moved here, we were looking for a neighborhood that would be inclusive of both of us, he being black and I, white. More importantly, he was from the West Side and I from the East Side. Since neither of us was willing to move to the other side, I started looking at communities between 71 & 75. I was driving on Paddock Road and saw a "For Sale" sign pointing into the neighborhood. When I drove into the neighborhood, I knew I was home. I called my husband and told him that I had found where we were going to look for a home. The rest is history.

All of that being said, the reason the community is so wonderful, is the volunteers that work very hard to help keep it that way. The events that we have every year do not happen without the hard work and dedication of many people. Those people have been volunteering for quite a number of years and it is time for new blood.

The amount of time that is required for a commitment is about 2 to 3 hours per month if you are a trustee/board member. If you are on a committee, it is as little as 5 hours per event.

continued page 2

November/December 2015 Page 1

We have a need for volunteers for the following committees:

Environmental	Oversee the Great American Clean Up each spring. Get bids from contractors to have the garden areas maintained and monitor.
Halloween Party	Coordinate & oversee the Halloween Party for the neighborhood kids in October.
Spring Block Party	Help out with various items.
National Night Out	Help out with various items.
Welcoming	Identify and welcome people to the neighborhood, let them know about our events and help with any questions that they may have about living here.
Beautification	To recognize homeowners that have put a lot of effort into improving the landscape and hardscape of their property. While walking Lacey, I have enjoyed watching the transformation that many yards have taken over the years.
Economic Development	To have vision and work with the City of Cincinnati to improve the Reading Road corridor.
Flyer Delivery	Help coordinate delivery of flyers for events.

Please consider volunteering for any committee. We really need your help.

Even though I am resigning/retiring, I am always willing to have a conversation about our amazing neighborhood.

Please feel free to call or email me.

Lina K. Orr, President

"Community Service is wherever there is a need, and whatever you think that you can do."

Glenn Davis

Community News

Thank You

We would like to thank Paddock Hills Assembly President Lina Orr for her years of dedication, hard work and diligence.

The trustees and officers of the Assembly have all generously and faithfully served for a number of years and many are ready to step aside or try a different role. They stand ready to welcome and transition a new leadership team to the Board.

These are our neighbors, and they intend to stay involved in the community, but they are as one trustee put it "Ready to sit on the other side of the table."

The best way to show our gratitude is to come together and place the Assembly in the hands of a team of residents that will continue their legacy and bring their own passions and projects to our community.

Consider what experiences, talents, and interests that you would like to share.

P-Hills Database

Thanks to Jared Gosnell for pitching in to create a consolidated neighborhood database. This will of course, always be a "work in progress" but Paddock Hills Trustee, Jake Weyland estimates that Jared's hard work gets us 75% of the way there.

The list can/will be used for email blasts, newsletter distribution, mailing lists and the new Paddock Hills Directory.

Invitation

Monthly Paddock Hills Assembly and Neighborhood Meetings are a place to share neighborhood concerns and advocate for our community.

Opportunities from the City of Cincinnati, the Neighborhood Support Program and others are presented.

Our Neighborhood Officer LaDon Laney and Lieutenant Nathaniel Cash with Engine House 9 report on Safety and Security at each meeting.

Everyone is welcome.

Paddock Hills Media

Staying connected in Paddock Hills is easy.

In addition to monthly Neighborhood Meetings, the Paddock Press and Email blasts for time sensitive alerts and information, Paddock Hills has pages on Facebook and Nextdoor.

The Facebook page, https://www.facebook.com/Paddock-Hills-266186546751105/?fref=ts is a great place to share the faces and features of our beautiful neighborhood.

Nextdoor Paddock Hills is a convenient targeted message board for classifieds, referrals for services and tradespeople etc. Neighbor Julie Nichols even discovered a Halloween Treat Map feature!

Go to nextdoor.com or ask a neighbor or Paddock Press for an invite.

November/December 2015 Page 3

Paddock Hills Fall Cookout





Many thanks to Cathi and John Lowry, Egan Hills Drive, for hosting the Cookout.





Another successful Paddock Hills Halloween party. Thank you to Lara, Avon Woods Nature Center naturalist, who hung out with the kids doing a creature feature, night hike. We really appreciate your time, energy & knowledge!



Halloween Paddock Hills Style

A Little-Known Paddock Hills Fact!

Before 1982, our neighborhood was grouped with others. In 1982, a resident set out to change that. A case was presented to the Cincinnati Area Board of Realtors and the Cincinnati Multiple Listing Service, and it was explained that we are a geographically unique community. The community has cul-de-sac streets, varied architecture, a walkable area and is adjacent to a golf course and Nature Center.

Between July 1 and December 31, 1983, our SIC (Suburban Identification Code) was changed to E01(PH) and is that way today. When our property values were only compared to others in Paddock Hills, it helped to raise our values.

Who was that neighbor? Kathy Gottschlick on Paddock Hills Avenue! Thanks Kathy!

Thank you Sam and Shirlane Nelson and Sylvia Nelson for this Paddock Hills Fact.

Betty Tuggle

We are saddened to report the death of Betty Tuggle on September 22nd. Elizabeth "Betty" Jane Tuggle was a very active member of the Paddock Hills community. Her love and devotion for children lead Betty to pursue a career in teaching. Her teaching career began with the Hamilton County Council for Retarded Children in 1958. Mrs. Tuggle joined Cincinnati Public Schools in 1966 and retired from CPS in 1992 with 34 years of service. She received numerous awards during her teaching career. Betty was also instrumental in starting Cincinnati's own Black College Tour. The tours gave hundreds of teens exposure to historically Black Colleges and Universities for over 28 years. Betty was very active in her church, Allen Temple A.M.E., served 25 years as a leader and advisor for the Girl Scouts of America, a Crayons to Computers volunteer and Paddock Hills Assembly Trustee.

Left to carry on Betty's legacy is her husband, Carl Tuggle; daughters, Blayre Rebecca Tuggle, M.D., Charlette (James) Fuller and Carlotta (Fred) Jackson; three grand-children, and a host of nieces and nephews and close friends.

I was fortunate to have met Mrs. Betty Tuggle as a fellow trustee for the Paddock Hills neighborhood association. She was such a hard worker for the neighborhood, serving as Social Chair for many years. I was touched by her kindness and was in awe of her involvement in so many important organizations and social activities. Her energy seemed boundless. I will miss her. My condolences to her family. Kathy Grant

November/December 2015 Page 5

Neighborhood News



A belated welcome to the McWhorter family.

"Kraig and I (Nicole) moved into the awesome community of Paddock Hills in March of 2015.

We have four kids (two in college, one in junior high and one elementary student) and one grandchild.

Kraig is originally from Toledo, Ohio and I was born and raised here in Cincinnati.

We attend Christ Emmanuel Christian Fellowship in Walnut Hills, where we are both active in ministry. Our young children are very active in sports (Basketball and Volleyball).

We are super-excited to be apart of this community, which we have kept our eyes on since we got married in 2002. When we were finally ready to buy a home, Paddock Hills was the first and last place we looked and God blessed us with 1226 Westminster Drive and we are forever grateful!"

We are happy to have you.



Veterans Day recognizes all those who have served in the US armed forces.

We would like to recognize the veterans in Paddock Hills and thank them for their service.

Jared Gosnell, Texas Army National Guard Specialist 6 years

Sam Nelson
US Army
Specialist 4th Class
2 years

Sargent Donald Swain
USMC
3rd Bat/7th Marine Division
Served in the Corps '63 -'67
Combat Vet Vietnam '64-'66

Please continue to let us know about your service. We are proud to honor you.



Elizabeth Stambrook and Andrew Moore welcomed their baby Piper Lucia Moore on September 15. Elizabeth and Andrew and their dog Sully live on Paddock Hills Avenue. Congratulations!



Neighbor Vivian Kline will be missed. "I am selling my house in November, after 22 happy years in Paddock Hills. Moving is stressful and as proof I locked myself out of both car and house the other day... I had given my extra key to the realtors that very morning. What to do? In desperations I knocked on my wonderful neighbor, Willa's door. She drove me to my destinations until I was able to locate the realtors. the Paddock Hills Nelsons. who kindly put the extra key in my mailbox. By evening all was solved. A good example of this wonderful neighborhood." We wish her well and hope she visits.

Page 6

Fitness Corner

Trends have been defined as a general development that takes some time and then stays for a period (usually described as a behavior change), whereas a fad comes and goes. The top fitness trend for 2016 per the "Worldwide Survey of Fitness Trends For 2016: 10th Anniversary Edition" is wearable technology.

Wearable technology includes fitness trackers, smart watches, heart rate monitors, and GPS tracking devices. Examples include fitness and activity trackers like those from Misfit, Garmin, Jawbone, and Fitbit. The newly released Apple Watch® is another example. Some business analysts have predicted that the Apple Watch® will sell more than 485 million devices by the year 2018! Body weight training was a close second to fitness trackers, which was #1 for 2015! Body weight training has only became popular (as a defined trend) in gyms around the world during the last couple of years. This is not to say that body weight training had not been used previously; in fact, people have been using their own body weight for centuries as a form of resistance training. But new packaging, particularly by commercial clubs, has made it popular in all kinds of gyms. Typical body weight training programs use minimal equipment, which makes it a very inexpensive way to exercise effectively.

Lynne Stone ACSM Certified Personal Trainer Certified Senior Fitness Specialist

Feedback

Greetings from Seattle, where I moved in March, 2013 to be near three of my five daughters. Before that, I lived with my family on Sunnyslope Drive for over fifty seven years. Being a Cincinnati native through and through, and a devoted member of the Paddock Hills community I asked to remain on the Paddock Hills email list. I have enjoyed that so much, for I do miss Cincinnati. The last edition of the Paddock Press was so well done, I am looking forward to the next one. I visit Cincinnati at least once a year, staying with my niece, Susan Glas.

Betty Ann Wolf



It's really well done - interesting and informative of things we need to know about. The photos are great! If you need any help I'm happy to pitch in with anything.

MaryCarol Hopkins

No news to pass on neighbor... but please let me know if I can help the press in any way.

Richard Chiles

I loved this PH home on Halloween night. There was smoke, scary music and great graves.

Maybe you'd like to use these in the PH Press.

Mary Hennigan

November /December 2015 Page 7

Calendar/Upcoming Events

Monday January 25

6:00 - 7:00 PM 7:00 - 9:00 PM

Trustee Meeting Community Meeting

Avon Woods Nature

Center

Organizational Meeting

The January Trustee and Community Meeting will be an important organizational meeting. The Assembly needs to fill twelve seats including trustees and officers. New committee chairs are needed and a schedule for the year needs to be planned.

We are all busy, but maintaining a vibrant engaged community affects the quality of all of our lives. We need representation from households of all ages, young families, growing families and empty nesters; new residents and long time residents; residents from East and West of Paddock Road.

A strong and diverse community depends on the ideas, interest, and commitment of it's residents. Please plan to come, bring your ideas and get involved. The need is urgent.

Frequently Called Numbers

Unattended, abandoned cars, litter, overgrown weeds, snow removal, pot holes, dead animals, sidewalk repair and graffiti, etc.

To report concerns or request services from the city: Cincinnati Public Works 591-6000 www.5916000.com

Serious home structure problems

Building and Inspection Department 352-3978

Recycling Questions

City of Cincinnati Recycles 352-3200

Cincinnati Police

Officer LaDon Laney Neighborhood Officer ladon.laney@cincinnati-oh.gov 569-8676

Sergeant CaSandra Lewis Supervisor cassanra.lewis@cincinnati-oh.gov 569-8655

Captain Paul Broxterman 765-1212

Avon Woods Nature Center

861-3435

Paddock Hills Assembly Officers

Lina Orr — President

email <u>turnerorr2@aol.com</u>
telephone 242-2221
Bill Williams — Vice President
Lynne Stone - Treasurer
John or Janice Lambert — Secretary

Paddock Hills Assembly Trustees

Luekiucius Brown Joyce Coleman Donald Swain Susan Glas John or Janice Lambert Lynne Stone Jake Weyand

Committee Chairs

Susan Glas - Neighborhood Support Program Luekiucius Brown — Security Rachel Rice — Naturalist Avon Woods Joyce Coleman — Membership Donald Swain — Community Development Kathleen Grant — Publicity

Paddock Press

Rick or Stacy Bird email newsbird@zoomtown.com telephone 242-6488