

Paddock Press

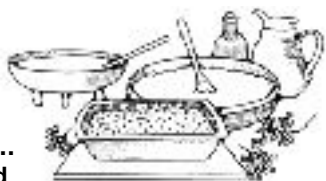
A publication for the neighborhood of Paddock Hills, Cincinnati, Ohio. Funded by the Neighborhood Support Program.
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A Bimonthly Newsletter

Volume 25 Issue 5 September/October 2018

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Fall Cookout

The Lucas and Lowry households will be hosting the Annual Community Fall Cookout on Sunday September 9 from 5:30-7:30 at the cul de sac on Egan Hills Drive.

Pot Luck, please bring a dish to share. It's a yummy fall tradition.

Please bring a note with your side dish, explaining what it is (perhaps its a family favorite), as well as whether it contains anything which someone might be allergic to: nuts, etc.

Water, burgers and hot dogs will be provided.

Come out and enjoy the fall weather and share a meal together.

We hope to see you there. There is no need to RSVP.

In the event of rain the event will be rescheduled on September 16th.

Where the Wild Things Are...

The Paddock Hills Children's Halloween Party at Avon Woods Nature Center will be held Friday October 26 from 6:00-8:30. The party includes crafts, pizza, fruit and treats for the kids along with a night hike and featured creatures with the naturalists from Avon Woods.

Wear your costume.

Please make sure the children also wear sturdy shoes and dress for the weather.

Adults please plan to stay at the Nature Center with your children unless you have made prior arrangements for someone to watch them.

To volunteer contact Joe Galvin jjosephgalvin@gmail.com.

Beautification Award

*Leonard and Lynn Small's residence at 1083 Sunnyslope Drive
Beautiful yard scenery is a vision of awe and delight.
The mixture of colors and the landscape arrangement
is a magnificent sight.*

*The Paddock Hills Beautification Committee toured the community
to select the residence that displayed the maximum beauty and care
It was decided that the Paddock Hills beautification sculpture
should be displayed there.*

Poem: written by Luekiucius Brown

The Beautification Award team Lynne Stone and Kim Ziccardi prowled the neighborhood, checking out our street side presentations for eight weeks this summer, searching for the winner.

Their Criteria: Beautiful Picture from street: weeded, landscaped, no visible trash cans, healthy lawn edged and manicured, vibrant coordinated colors of plants and flowers, not an overuse of flower pots, bushes & shrubs trimmed and free of weed vine.

The sculpture, presented in August, will remain with the Small's until next August, when the 2019 recipient will be selected.

Winner: 1083 Sunnyslope Dr. - Leonard & Lyn Small

Honorable mention:

- 4525 Spring Meadow - Robert & Alma Jones
- 4511 Spring Meadow - Pat Jones
- 1109 Clearbrook Drive -William Jones & Howard Brown
- 919 Egan Hills Drive - John & Cathi Lowry
- 1114 Egan Hills Drive - Sherie Lewis
- 1075 Sunnyslope Drive - Paul & Charlotte McEnergy
- 4503 Sunnyslope Ter. - Joseph & Diane Flack
- 1322 Avon Drive - Rick & Stacy Bird
- 1302 Avon Drive - Robert & Martha Highsmith
- 1234 Avon Drive - Marilyn Jackson
- 1270 Avon Drive - Jake & Drea Osterbur
- 1267 Avon Drive - Olivia Burden
- 1241 Paddock Hills Ave.- William & Evelyn Landrigan
- 4525 Bristol Lane - Ollie Turner & Lina Orr
- 4548 Bristol Lane - Thomas Carter & Micheal Head



National Night Out

Kudos to Liz and Don Swain for organizing another successful National Night Out.

Traditional favorites like the face painting, magic tricks and balloon sculptures, the new soft serve ice cream pleased the crowd.



The Paddock Hills Assembly membership year begins each year at National Night Out.

Join or renew your Paddock Hills Assembly membership by mail.
PO Box 16028, Cincinnati, Ohio 45216-0028

Suggested dues:

Single Membership \$20

Family Membership \$40

Other Donation Amount _____

Name(s) _____

Address _____

Preferred email _____

Preferred phone _____

Community Partnerships

In July representatives of the Paddock Hills and North Avondale Communities met with Avon Golf Fields Golf Club as well as representatives from the City of Cincinnati and Norwood to discuss maintenance of the golf course property along Paddock Road and Reading Road.

The first objective was to identify on a map the jurisdictions and responsibilities of the City of Cincinnati, Avon Fields Golf Club, the Cincinnati Recreation Commission and the City of Norwood.

Once this task was accomplished attendees boarded ten golf carts and went to those areas to determine the level of cleanup and maintenance that is needed.

For the short term we have seen and will continue to see brush and weeds sprayed and cut back and debris removed from the sidewalks and crosswalks on Paddock and Reading Roads.

For areas in need of more severe pruning, a contractor will be hired in late fall to cut back all the over grown trees and shrubbery.

Youngsters from the Hamilton County Juvenile Courts Work Detail Program, earning credits for court-ordered community service, will provide regular litter control. And the Paddock Hills Assembly and North Avondale Neighborhood Association will continue to sponsor neighborhood clean ups.

Monthly meetings will monitor progress.

We would like to thank Avon Fields Golf Club for hosting the meeting and addressing community concerns.

District 4 Updates

Also in July, District 4 alerted us to uptick in auto thefts and home burglaries. At the August Community Meeting District Four representatives were happy to report that PHA President Joe Galvin's email blast had the desired results, citing improved stats. As the hot weather continues remember that leaving an unattended car running to cool it off is an invitation. And as we anticipate cooler fall temperatures and fresh air, remember to shut and lock first floor windows before bed.

We were introduced to our new Neighborhood Officer, Anthony Hill at the August meeting.

anthony.m.hill@cincinnati-oh.gov

569-8678

Slip Sliding Away

The Paddock Hills Assembly allocated funds for clearing dumped materials from the Ravine on Paddock Hills Avenue.

The majority of Paddock Hills terrain is stable. There are, however areas of the community that were built around steep drainage ravines that are vulnerable to slope failure.

Erosion is the process of gradual washing away of soil by water movement or seepage. There are many factors which can cause erosion and slope instability such as soil type, topography, steepness of slope, erosive action from water, and weathering.

Erosion is a natural force that can be slowed, but cannot be stopped entirely.

Adding weight exacerbates the problem and impacts properties adjacent to the ravines.

Dumping yard waste or refuse kills underlying vegetation and adds weight to the upper portion of a slope, which can cause a potential slide thereby damaging established vegetation down below.

Alternatives to dumping are readily available and include composting yard waste on your own property, leaving lawn clippings on the lawn, putting yard waste out for yard waste collection, calling the city to arrange pick up of large items.

Guidelines for collection and pickup

<https://www.cincinnati-oh.gov/public-services/garbage-yard-waste/>

Holey Moley

We don't mean to make a mountain into a molehill, but...

More than one Community Meeting this year has featured suggestions for ridding our lawns of moles. Suggestions including paper poison worms, sonic spikes, flooding, pitchforks, getting a dog or a cat, and finally trapping and removal, all had mixed reviews.

It's not your imagination. the mole population has skyrocketed in these parts. It's about food availability, typically white grubs and earthworms.

Where there is food, moles will follow.

And it turns out, they are chomping on Brood X (which emerge every 17 years) cicadas down there. Cicadas are an added treat for moles, who usually subsist on earthworms. Brood X won't make it above ground until May 2021, but they are already fully grown, juicy and delicious. Cicadas dine on tree sap and burrow down. Scientists estimate there are a ton of cicadas per acre underground.

So, healthier, well-fed Mama Moles are making lots of baby moles. And the moles are partying like it's 2002.

Fitness Corner

This has been an extremely hot summer and we must prepare for our exercise.

First and foremost stay hydrated. It sounds simple but unfortunately most of us don't drink enough water or de-caffeinated drinks to stay hydrated on a hot humid day.

There are 5 weird signs that show you're dehydrated and "yellow pee" is just too obvious to include!

- 1.) You have bad breath: Saliva levels go down and so does your mouth's ability to fight odor-causing germs.
- 2.) You feel confused: If you're working up a sweat on a hot day, your thinking will not be sharp or focussed if you haven't had a lot to drink.
- 3.) You suddenly have food cravings: Your liver needs water to function properly. When it doesn't get it, it signals your brain that you need fuel.
- 4.) Your skin doesn't bounce back: Take the pinch test on top of your hand, if it doesn't bounce back you need to start drinking water immediately.
- 5.) You stop sweating: This happens when your body fluid volume is so low that the body is trying to hold on to what you have. Get HELP immediately!

Be healthy and safe....drink plenty of water!

Lynne Stone

American College of Sports Medicine Certified Personal Trainer & Fitness Instructor

Invitation

Please join Lynne Stone for Christian fellowship and light refreshments (coffee/tea/danish & fruit). Women's Bible Study for the Paddock Hills Community (and surrounding communities) starting on 9/13 @ 9:30am -11:30am at her home, 1255 Westminster Drive.

Lynne, who holds a Masters in Theology has facilitated this group for 15 years in her home every 2nd & 4th Thursday September - May.

This session will be on the Judge and Prophetess Deborah (Judges chap. 4 & 5). Please email Lynne if you're interested in attending at Stonelynne58@gmail.com

The First Day of Fall

The autumnal equinox arrives Saturday, September 22, 2018.

In the Northern Hemisphere, the September equinox marks the start of fall (autumn)

On this day the number of daylight hours and hours of darkness are nearly equal.

Calendar / Upcoming Events

Sunday September 9 Raindate September 16	5:30 - 7:30 PM	Fall Cookout	919 Egan Hills
Monday September 24	6:00 - 7:00 PM 7:00 - 9:00 PM	Trustee Meeting Community Meeting	Avon Woods Nature Center
Monday October 24	6:00 - 7:00 PM 7:00 - 9:00 PM	Trustee Meeting Community Meeting	Avon Woods Nature Center
Friday October 26	6:00 - 8:30 PM	Children's Halloween Party	Avon Woods Nature Center

Frequently Called Numbers

Unattended, abandoned cars, litter, overgrown weeds, snow removal, pot holes, dead animals, sidewalk repair and graffiti, etc.

To report concerns or request services from the city:

Cincinnati Public Works 591-6000

www.5916000.com

Cincinnati Police

District 4
569-8600

Officer Anthony Hill Neighborhood Officer

anthony.m.hill@cincinnati-oh.gov

569-8678

Avon Woods Nature Center

861-3435

Paddock Hills Media

Paddock Hills Neighborhood website <http://www.paddockhills.org>

Nextdoor Paddock Hills <http://paddockhills.nextdoor.com>

Facebook <https://www.facebook.com/Paddock-Hills-266186546751105/>

Paddock Hills Assembly Officers

Joe Galvin - Interim President

Lina Orr - Treasurer

Stacy Bird - Secretary

Paddock Hills Assembly Trustees

Stacy Bird

Joe Galvin

Ellie Johnson

Nicole McWhorter

Lynne Stone

Karl Daniels

Susan Glas

Emma Kitzmiller

Lina Orr

Liz Swain

Committee Chairs

Communications -

Safety, Security and Traffic - Luekiucus Brown

Environment/Beautification - Lynne Stone

Neighborhood Support Program - Susan Glas

Social - Liz Swain

Membership - Joyce Coleman

Economic Development - Karl Daniels

Youth Programs - Joe Galvin

Paddock Press

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