

SANTA CRUZ COUNTY DRUG FREE COMMUNITY COALITION

JUNE 8, 2022

2:00 PM

.

HYBRID

155 N. MORLEY AVE. NOGALES AZ, 85621

MEETING ID: 843 0616 2192

| Meeting called by: | Jessica Gallego | Type of meeting: | Monthly | meeting | |
|--------------------|---|------------------|----------|-------------------|--|
| Facilitator: | Jessica Gallego | Note taker: | Claudia | Hernandez | |
| Attendees: | Aissa Acuna – Boys & Girls Club Claudia Hernandez- Constructing Circles of Peace Jessica Gallego – Constructing Circles of Peace Karla de la Cruz – U. of A. Santa Cruz County Cooperative Extension Officer Marina Duran – Nogales Police Department Melissa Gallegos – 0s3 Movement / Superintent's Office Los Padres program Gina Parra – Superintendent's Office Los Padres program Ricardo Morales – Chicanos por la Causa Paloma – Chicanos por la Causa Sgt Alex Van Pratt – Arizona Counterdrug Task Force SSgt Maciel Moreno – Arizona Counterdrug Task Force Veronica Corella – Constructing Circles of Peace Tony Vartola – Nogales Custom Brokers Association / Port Devanning Alicia Delgado – Child Care Resource and Referral Lizzie Garcia – Mariposa Community Health Center Yara Castro – Mariposa Community Health Center Suzette Campos – Cos Movement / We Vogales | | | | |
| MISSION | To empower Santa Cruz County's communities to live a drug-free lifestyle by providing substance abuse prevention, education, establishing support to local government agencies, and empower parents and youth for success! | | | | |
| VISION | To reduce drug abuse in the community, strengthen community partnerships, and maintain healthy and drug-free lifestyles by establishing community values. | | | | |
| PURPOSE | Coalition seeks to increase perception of harm related to substance abuse and underage drinking in Santa Cruz County. | | | | |
| | Λ | linutes | | | |
| Agenda item: | WELCOME-INTRODUCTIONS | Pre | esenter: | Chair Aissa Acuna | |
| Discussion: | | | | | |

To start meeting, Aissa gave a welcome to the members and encouraged everyone to introduce themselves.

| Agenda item: | YOUTH ON THE BORDER CONFERENCE UPDATE | Presenter: | Claudia Hernandez | |
|--------------|---------------------------------------|------------|-------------------|--|
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Discussion:

The annual Youth On The Border Conference was held at the Nogales Boys and Girls Club with amazing presentations from the YADA group about substance use prevention, violence, mental health, peer pressure, etc.

With around 150 adolescents and around 15 agencies from the county, everyone had the opportunity to learn information, get resources and enroll in important activities this summer. Thanks to the ones that were present in this event.

After the presentations and the fair, the youth had hot dogs and to finalize the conference, some youth had the opportunity to participate in an activity called "Quick Click Challenge" in collaboration with the Nogales Police Department who donated their time and let us use their patrols for teens to learn the importance of using the seat belts every time they use a car.

Agenda item: STOP STIGMA, SAVE LIVES PRESENTATION

Discussion:

- Definition of stigma

A mark of disgrace associated with a particular circumstance, quality, or person.

- Stigma is discrimination
- o Labeling
- Social exclusion
- o Stereotyping
- Substance use definitions
 - \circ ~ Use Low/infrequent doses or consumption; prescriptions taken as directed by a doctor.
 - Misuse Use of substances that are not consistent with legal or medical guidelines.
 - Abuse Use adversely affects the health of the user with potentially high social or personal costs.
 - Dependency (addiction) Compulsive craving for a substance; a chronic and progressive disease where withdrawal is characterized by psychological symptoms.
- How stigma affects people's life
 - Stigma and discrimination can worsen someone's mental health, and delay or impede their getting help, treatment, and their recovery.
 - Social isolation, poor housing, unemployment, and poverty are all linked to mental health disorders.
- Use supportive language
 - What's wrong with you? Can you tell me what happened to you?
 - o Start the conversation. How long have you been feeling like this?
 - o T. H. I. N. K. Is it true? Is it helpful? Is it inspiring? Is it necessary? Is it kind?
- Changing the perception
 - Thoughts and feelings are "implicit" if we are unaware of them or mistaken about their nature.
- Language matters

| Stigmatizing Language | Person First Language | | |
|--|--|--|--|
| abuser/ addict | a person with or suffering from a substance use disorder | | |
| addicted infant | infant with neonatal abstinence syndrome | | |
| addicted to [drug name] | has a [drug name] use disorder | | |
| alcoholic | person with an alcohol use disorder | | |
| clean | abstinent | | |
| clean screen | substance free | | |
| crack babies | substance-exposed infant | | |
| dirty | actively using | | |
| dirty screen | testing positive for substance use | | |
| drug abuser | person who uses drugs | | |
| drug habit | regular sobstance use | | |
| experimental user | person who is new to drug use | | |
| lapse/relapse/slip | resumed/experienced a recurrence | | |
| medication-assisted treatment (MAT) | medications for addiction treatment (MAT) | | |
| opioid replacement/ opioid replacement therapy | medications for addiction treatment (MAT) | | |
| pregnant opiate addict | pregnant woman with an opioid use disorder | | |
| prescription drug abuse | non-medical use of a psychoactive substance | | |
| recreational or casual user | person who uses drugs for non-medical reasons | | |
| reformed addict or alcoholic | person in recovery | | |
| substance abuse | substance use disorder | | |
| substance abuser | person with a substance use disorder | | |
| substance abusing mother | mother with a substance use disorder | | |
| substance misuse | substance use/non-medical use | | |
| victims/liny victims | prenatally exposed to [drug name] | | |

- Strategies for challenging stigma
 - Individual level
 - Organizational level
 - Community level

Agenda item: SUBCOMMITTEES UPDATES

Discussion:

- Youth-serving organizations subcommittee
 - 0s3 Movement Summer Camp

0s3 movement is having their summer camp this month and YADA has been invited to participate with their high school group and their kids' group. Activities will include prevention presentations or workshops for kids to know each other, learn, and have fun at the same time.

• Youth activity

SEAHEC, 0s3 Movement and YADA group are organizing an activity celebrating the full moon where youth will have the opportunity to spend time in the nature, get out of the routine and be in contact and learn from themselves and others. Event will be held at Monte Carlo Trails from 6 to 8:30 pm.

• Youth center education opening

The Restorative Justice Youth and Family Center will open soon, and we are inviting agencies that has workshops, curriculums, presentations available for the youth to contact us to add them in the education schedule for youth from YADA.

• World Elder Abuse Awareness Day

SEAHEC is inviting agencies with their youth groups to collaborate in this event that is going to be held at Nogales Senior Center from 10 am to 1 pm. For more information contact Lupita at <u>lupita@seahec.org</u>.

- Faith-based organizations subcommittee
 - Jasmin has been reaching out to churches from the community, and she has gotten a response from 4 churches interested in our services and programs.
 - o On June 7, a presentation series will begin at San Felipe Catholic church for their adults' members.
 - On June 18 we will be providing a prevention presentation at Ministerios Roca Viva in collaboration with the Nogales Police Department.

Agenda item: MEMBERS UPDATES

Presenter: Coalition members

Discussion:

- Child Care Resource and Referral
 - Their goals are to increase family awareness and engagement, help improve the quality of childcare education, promote professional knowledge skills, build the supply to responding gaps in childcare.
 - They are offering a support group for our Spanish Family Child Care Providers in AZ June 11, 9am-11am.
 Providers will receive 2 hours of professional development. They will have Southwest Human Development offering an Expulsion/Suspension Training.
 - DES launched their new marketing campaign "small moments, big impacts" to recruit people that want to be a care provided for children.
 - On June 30, they are going to be hosting the monthly information session for people that want to learn more about the processes of becoming a childcare provider. Flyer is available.
- Mariposa Community Health Center is ready to start with the Summer Youth Institute from June 27 to July 27 with 30 kids from NHS, RRHS, PHS, Lourdes Catholic School.
- 0s3 Movement
 - o Melissa thanks all the collaborators that participated in the Nogales ¼ Marathon back in April.
 - They are inviting agencies to participate in their summer camp starting in June 20 with activities and trainings. For more information contact Melissa at <u>melissagallegos768@gmail.com</u>.
- Superintendent's Office
 - The Superintendent's office received a grant for 3 million dollars that is going to be distributed in the whole community, they are going to expand Los Padres Program by hiring 2 part-time parent educators, they are going to expand summer camps to 19 including robotics, arts and more. Also, the grant will benefit the schools

by having therapists and counselors available, more camps for middle schoolers will be opened as well. For more information contact Gina at <u>gparra@santacruzcountyaz.gov</u>.

- Gear up will be having 4 openings for school coaches. For more information contact Maya Donnelly at the County office.
- A childcare facility in Rio Rico will be opened with this grant.
- National guard will be hosting an annual event on June 15 for Coalitions, Army, and Airforce teens to talk about leadership, substance misuse, resiliency, and public speaking, they also will take a tour through the National Guard Base to learn about what happens within the wing, see the jets, etc.
- The Patagonia youth enrichment center is very busy with activities this summer.
 - Our hours are Tuesday-Thursday 4-8, Fridays 5-8, 8-10. (High schoolers only).
 - They are also offering activities before our open hours. These activities include art journaling, STEM projects, Ukrainian egg decorating, cupcake decorating, painting, And sculptures. This is on top of our regularly scheduled cooking dinners and desserts with the kids, games, and movies, etc.
 - Patagonia is working hard to have lots of activities for the youth during the summer months. We will also be holding a dinner and music fundraiser on October 8th. Dinner and desserts made by the youth. \$15/a plate. More info to come at the July meeting.
- Chicanos Por La Causa
 - At the end of April, they had the Citizenship Drive with around 30 applicants, they are expecting to have another one soon.
 - They are doing a leadership certification program focused on immigrants in an 11-session program with different agencies from the community participating in different topics. Graduation will be at the beginning of August. For more information contact Ricardo Morales at <u>ricardo.Morales@cplc.org</u>.
- Boys and Girls Club
 - They have the summer camp until July 29, Monday to Friday and currently accepting applications. Different activities with the different agencies are being held
 - They are also having the component from the state with a grant to help kids that are falling behind in school with a program online. Available from 2nd grade and up. Also, the grant from Superintendent's office is benefiting B&G Club as well. For more information contact Aissa at aissa005@hotmail.com.

Agenda item: CLOSING Presenter: Co-chair Melissa Gallegos

Discussion:

Thanks for attending the meeting and for the great work that you all do. We hope to continue working together in this amazing team effort that we have been doing. We hope to see you all next meeting.

Next meeting:

July 20th, 2022 @ 2:00 PM

Join Hybrid Meeting

Place TBD

Zoom ID

https://us02web.zoom.us/j/84306162192

Meeting ID: 843 0616 2192