

Discussion:

- Definition of stigma

A mark of disgrace associated with a particular circumstance, quality, or person.

- o Stigma is discrimination
- o Labeling
- o Social exclusion
- o Stereotyping
- Substance use definitions
 - o Use – Low/infrequent doses or consumption; prescriptions taken as directed by a doctor.
 - o Misuse – Use of substances that are not consistent with legal or medical guidelines.
 - o Abuse – Use adversely affects the health of the user with potentially high social or personal costs.
 - o Dependency (addiction) – Compulsive craving for a substance; a chronic and progressive disease where withdrawal is characterized by psychological symptoms.
- How stigma affects people's life
 - o Stigma and discrimination can worsen someone's mental health, and delay or impede their getting help, treatment, and their recovery.
 - o Social isolation, poor housing, unemployment, and poverty are all linked to mental health disorders.
- Use supportive language
 - o What's wrong with you? – Can you tell me what happened to you?
 - o Start the conversation. How long have you been feeling like this?
 - o T. H. I. N. K. Is it true? Is it helpful? Is it inspiring? Is it necessary? Is it kind?
- Changing the perception
 - o Thoughts and feelings are "implicit" if we are unaware of them or mistaken about their nature.
- Language matters

Stigmatizing Language	Person First Language
abuser/ addict	a person with or suffering from a substance use disorder
addicted infant	infant with neonatal abstinence syndrome
addicted to [drug name]	has a [drug name] use disorder
alcoholic	person with an alcohol use disorder
clean	abstinent
clean screen	substance free
crack babies	substance-exposed infant
dirty	actively using
dirty screen	testing positive for substance use
drug abuser	person who uses drugs
drug habit	regular substance use
experimental user	person who is new to drug use
lapse/relapse/slip	resumed/experienced a recurrence
medication-assisted treatment (MAT)	medications for addiction treatment (MAT)
opioid replacement/ opioid replacement therapy	medications for addiction treatment (MAT)
pregnant opiate addict	pregnant woman with an opioid use disorder
prescription drug abuse	non-medical use of a psychoactive substance
recreational or casual user	person who uses drugs for non-medical reasons
reformed addict or alcoholic	person in recovery
substance abuse	substance use disorder
substance abuser	person with a substance use disorder
substance abusing mother	mother with a substance use disorder
substance misuse	substance use/non-medical use
victims/tiny victims	prenatally exposed to [drug name]

- Strategies for challenging stigma
 - o Individual level
 - o Organizational level
 - o Community level

Discussion:

- Youth-serving organizations subcommittee
 - o Os3 Movement Summer Camp

Os3 movement is having their summer camp this month and YADA has been invited to participate with their high school group and their kids' group. Activities will include prevention presentations or workshops for kids to know each other, learn, and have fun at the same time.

- o Youth activity

SEAHEC, Os3 Movement and YADA group are organizing an activity celebrating the full moon where youth will have the opportunity to spend time in the nature, get out of the routine and be in contact and learn from themselves and others. Event will be held at Monte Carlo Trails from 6 to 8:30 pm.

- o Youth center education opening

The Restorative Justice Youth and Family Center will open soon, and we are inviting agencies that has workshops, curriculums, presentations available for the youth to contact us to add them in the education schedule for youth from YADA.

- o World Elder Abuse Awareness Day

SEAHEC is inviting agencies with their youth groups to collaborate in this event that is going to be held at Nogales Senior Center from 10 am to 1 pm. For more information contact Lupita at lupita@seahec.org.

- Faith-based organizations subcommittee
 - o Jasmin has been reaching out to churches from the community, and she has gotten a response from 4 churches interested in our services and programs.
 - o On June 7, a presentation series will begin at San Felipe Catholic church for their adults' members.
 - o On June 18 we will be providing a prevention presentation at Ministerios Roca Viva in collaboration with the Nogales Police Department.

Agenda item: MEMBERS UPDATES **Presenter:** Coalition members

Discussion:

- Child Care Resource and Referral
 - o Their goals are to increase family awareness and engagement, help improve the quality of childcare education, promote professional knowledge skills, build the supply to responding gaps in childcare.
 - o They are offering a support group for our Spanish Family Child Care Providers in AZ June 11, 9am-11am. Providers will receive 2 hours of professional development. They will have Southwest Human Development offering an Expulsion/Suspension Training.
 - o DES launched their new marketing campaign "small moments, big impacts" to recruit people that want to be a care provided for children.
 - o On June 30, they are going to be hosting the monthly information session for people that want to learn more about the processes of becoming a childcare provider. Flyer is available.
- Mariposa Community Health Center is ready to start with the Summer Youth Institute from June 27 to July 27 with 30 kids from NHS, RRHS, PHS, Lourdes Catholic School.
- Os3 Movement
 - o Melissa thanks all the collaborators that participated in the Nogales ¼ Marathon back in April.
 - o They are inviting agencies to participate in their summer camp starting in June 20 with activities and trainings. For more information contact Melissa at melissagallegos768@gmail.com.
- Superintendent's Office
 - o The Superintendent's office received a grant for 3 million dollars that is going to be distributed in the whole community, they are going to expand Los Padres Program by hiring 2 part-time parent educators, they are going to expand summer camps to 19 including robotics, arts and more. Also, the grant will benefit the schools

by having therapists and counselors available, more camps for middle schoolers will be opened as well. For more information contact Gina at gparra@santacruzcountyaz.gov.

- Gear up will be having 4 openings for school coaches. For more information contact Maya Donnelly at the County office.
- A childcare facility in Rio Rico will be opened with this grant.
- National guard will be hosting an annual event on June 15 for Coalitions, Army, and Airforce teens to talk about leadership, substance misuse, resiliency, and public speaking, they also will take a tour through the National Guard Base to learn about what happens within the wing, see the jets, etc.
- The Patagonia youth enrichment center is very busy with activities this summer.
 - Our hours are Tuesday-Thursday 4-8, Fridays 5-8, 8-10. (High schoolers only).
 - They are also offering activities before our open hours. These activities include art journaling, STEM projects, Ukrainian egg decorating, cupcake decorating, painting, And sculptures. This is on top of our regularly scheduled cooking dinners and desserts with the kids, games, and movies, etc.
 - Patagonia is working hard to have lots of activities for the youth during the summer months. We will also be holding a dinner and music fundraiser on October 8th. Dinner and desserts made by the youth. \$15/a plate. More info to come at the July meeting.
- Chicanos Por La Causa
 - At the end of April, they had the Citizenship Drive with around 30 applicants, they are expecting to have another one soon.
 - They are doing a leadership certification program focused on immigrants in an 11-session program with different agencies from the community participating in different topics. Graduation will be at the beginning of August. For more information contact Ricardo Morales at ricardo.Morales@cplc.org.
- Boys and Girls Club
 - They have the summer camp until July 29, Monday to Friday and currently accepting applications. Different activities with the different agencies are being held
 - They are also having the component from the state with a grant to help kids that are falling behind in school with a program online. Available from 2nd grade and up. Also, the grant from Superintendent's office is benefiting B&G Club as well. For more information contact Aissa at aissa005@hotmail.com.

Agenda item: CLOSING

Presenter: Co-chair Melissa Gallegos

Discussion:

Thanks for attending the meeting and for the great work that you all do. We hope to continue working together in this amazing team effort that we have been doing. We hope to see you all next meeting.

Next meeting:

July 20th, 2022 @ 2:00 PM

Join Hybrid Meeting

Place TBD

Zoom ID

<https://us02web.zoom.us/j/84306162192>

Meeting ID: 843 0616 2192