

- SEAHEC Medstart program and Future Healthcare Leaders program started on June 7th.
- Goodie bags for all the Coalition members are ready for pick up at Circles of Peace.

Agenda item: APPROVAL OF MINUTES

Presenter: Jessica Gallego

Discussion:

For this item, Jessica gave a review of last month's minutes and asked Coalition members to approve it or tell us if we need to Discussion: change something. Minutes were approved by the present Coalition members.

Agenda item: SNAPCHAT: THE NEW DRUG DEALER

Presenter: Michelle Jacquez

Michelle gave a presentation to parents to know the dangers of this app and learn how to use it.

- **What is Snapchat?**
 - Mobile social media application developed in 2011 by a group of 3rd year Stanford University students.
 - You can make messages, photos, videos called snaps.
 - Can be used in desktops, laptops, personal computers, tablets, and cellphones.
- Why is snapchat so popular?
 - Designed to connect families and friends.
 - Snapchat has a self-destructing feature making it the most appealing feature on the app to its users.
 - Gives people the ability to be anonymous while on the app.
 - False sense of security for our youth.
- Snapchat features

This list is just touching the surface on all the features housed within the snapchat.

- Snap audio and video
- Voice messages
- Photo/video sharing
- Photo/video filters
- Snap games
- Snapmap
- Now
- Discover
- Snapcash
- Spotlights
- Subscriptions
- Stories
- Sounds
- Bitmoji
- Happening

- Snap stars
- Who is in Snapchat?
 - 108,000,000 users in U. S. #1 in the world
 - 49% of teens and adults ages 15-25 years
 - 30% adults ages 26-35 years old (parenting age)
 - In April 2020, a survey indicated that teens favored Snapchat 45% over Instagram, Tik Tok, Twitter and Facebook.
- What are the risks?

Snapchat itself is not a risk if used properly.

- **Shows GPS location**
- Disappearing content
- Ease of access anonymity
- Screen shot alerts
- Provides ability to buy and sell anything
- Advertisement of illegal substances for sale.
- Users looking to sell drugs can post anonymously public stories advertising the sale.
- Risks for teens
 - Next substance to try
 - Teens are willing to take the risks, unaware that the next substance they use may contain Fentanyl.
 - Coping
 - Emotional, stress, pain
 - Prescribed medications
 - Doctors can prescribe medical prescriptions like oxycodone, hydrocodone, morphine to manage pain from physical injury.
- Snapchat lingo

#M30	<i>DOC = Drug of Choice</i>
#OXY	<i>PI= Parent Investigation</i>
#420	<i>P911= Parent Alert</i>
#WEED4SALE	<i>PAL= Parents are listening</i>
#PERCS	<i>PAW/PRW= Parents are watching</i>
#XANY	<i>POS= Parents over shoulder</i>
#PARTY	<i>MOS= Mom over shoulder</i>
#DRUNK	<i>99=Parents are gone</i>
#PAINPILLS	<i>KPC= Keeping parents clueless</i>
Charlie = Cocaine	<i>KYS= Kill yourself</i>
	<i>Code9/9/cd9= Parents are around</i>
	<i>S2R= Send to receive</i>

- Counterfeit pills on Snapchat

Teens are often unaware of the contents in the substance they are purchasing.

- Percocet
- Xanax
- Hydrocodone
- Morphine
- Oxycodone
- Cocaine
- Heroin
- Meth
- Who are the dealers?
 - Cartels
 - Street dealers
 - Friend to friend
 - Non-acquainted contacts
- What can we do?
 - Be easy on yourself
 - Be honest with yourself
 - Keep up with social media trends
 - Create your own snapchat account
 - Follow groups your youth follow
 - Communication
- Steps to take
 - Talk to your youth
 - Monitor
 - Learn the language
 - Internet safety
 - Make a game plan
 - Be and stay proactive
- Know the signs of an overdose
 1. Heavy nodding, sleepy, hard to wake up or vomiting
 2. Slow or shallow breathing, snoring, choking sounds
 3. Pale blue or gray lips, fingernails, or skin, enlarged pupils
 4. Clammy sweaty skin, extreme agitation, or anxiety

- Underage drinking and cannabis

To finalize this week, we will be at the Pierson field for a Carnival/Fair/Movie night on Friday at 4 pm. Flyers will be sent to everyone to be shared. Mayor Garino, Sheriff Hathaway and County Attorney Silva will be present as guest speakers.

Agenda item: YOUTH LEADERSHIP CONFERENCE **Presenter:** Jessica Gallego

Discussion:

We will be taking our YADA group to a Summer Leadership Institute in San Luis, Az this next June 21-24 and, they will be traveling to Legoland and San Diego as their annual trip.

Agenda item: COMMITTEES UPDATE **Presenter:** Christina Cota, Jessica Gallego

Discussion:

- Youth-serving organizations subcommittee

In our last meeting we shared some ideas to do for youth in July before kids go back to school. One of the ideas was to have a party bus around the county with information, games, snacks, and things to attract the youth. We also talked about the youth on the border conference. Lastly, we talked about doing an event aimed to mental health for youth. More information to come.

On July 31st we will have another Take back day and the coalition organizations are invited to participate on it.

- Faith-Leaders subcommittee

A new billboard has been placed by north Morley Avenue with the quote "Abre la puerta a la recuperación. La adicción puede afectar a cualquier persona. Busque ayuda hoy mismo" trying to bring awareness and break the stigma to recovery.

Information night have been very successful for faith community, so Christina is inviting the Coalition members to be part of it and participate.

Agenda item: CLOSING **Presenter:** Melissa Gallegos

Discussion:

For the closing, Melissa thanked all the present coalition members for attending the meeting and encouraged them to keep the good work and the passion that they have for the community.

Next meeting:

July 8th, 2021 @ 2:00 PM THROUGH ZOOM

Join Zoom Meeting

<https://us02web.zoom.us/j/84306162192>

Meeting ID: 843 0616 2192