

SANTA CRUZ COUNTY DRUG FREE COMMUNITY COALITION

Meeting called by:	Jessica Gallego	Type of meeting:	Monthly meeting				
Facilitator:	Aissa Acuna, Jessica Gallego	Note taker:	Claudia Hernandez				
Attendees:	 Aissa Acuna- Boys & Girls Club Melissa Gallegos- 0S3 Movement/ Santa Cruz County Superintendent's Office Los Padres program Maciel Moreno – Drug Demand Reduction Outreach Jessica Gallego – Constructing Circles of Peace Karla de la Cruz – U. of A. Santa Cruz County Cooperative Extension Blanca Acosta – Circles of Peace Chief Morales – Sheriff's office Michelle Jacquez – Circles of Peace Aileen Cruz – U. of A. Santa Cruz County Cooperative Extension Suzette Campos – Community Health Associates Melody Gastelum – Pinal Hispanic Council Christina Cota – Circles of Peace Eva Zuniga – Circles of Peace Peter Bates - Drug Demand Reduction Outreach Angelina Canto – Nogales Unified School District 						
MISSION	To empower Santa Cruz County's communities to live a drug-free lifestyle by providing substance abuse prevention, education, establishing support to local government agencies, and empower parents and youth for success!						
VISION	To reduce drug abuse in the community, strengthen community partnerships, and maintain healthy and drug-free lifestyles by establishing community values.						
PURPOSE	Coalition seeks to increase perception of harm related to substance abuse and underage drinking in Santa Cruz County.						
Minutes							

Agenda item:

Discussion:

To start the meeting, Aissa gave a welcome to the members, encouraged everyone to introduce themselves and give a quick update of their agency.

Updates:

- Los Padres Program is receiving applications, ages 0 to 5, 0s3 Movement is receiving applications for their summer camp. Ages 5-17.

Presenter:

Chair Aissa Acuna

- U of A Cooperative Extension will be collaborating with 0s3 Movement, and they are also going to Rio Rico Track Camp to teach about nutrition and hydration.
- Drug Demand Reduction Outreach finished doing the Thrive Program at Gear Up with around 15 attendees. They will also be here for the Youth on The Border Conference.
- Pinal Hispanic's doors are still closed but they are receiving referrals.
- Nogales Unified School District are ready for Summer School.
- Boys and Girls Club is open to the public and currently have 80-90 kids attending.

WELCOME-INTRODUCTIONS & AGENCY UPDATES

- Community Health Associates is going back to home visiting.

- SEAHEC Medstart program and Future Healthcare Leaders program started on June 7th.
- Goodie bags for all the Coalition members are ready for pick up at Circles of Peace.

Agenda item: APPROVAL OF MINUTES

Presenter: Jessica Gallego

Discussion:

For this item, Jessica gave a review of last month's minutes and asked Coalition members to approve it or tell us if we need to Discussion: change something. Minutes were approved by the present Coalition members.

Agenda item:SNAPCHAT: THE NEW DRUG DEALERPresenter:Michelle Jacquez

Michelle gave a presentation to parents to know the dangers of this app and learn how to use it.

- What is Snapchat?
 - Mobile social media application developed in 2011 by a group of 3rd year Stanford University students.
 - You can make messages, photos, videos called snaps.
 - Can be used in desktops, laptops, personal computers, tablets, and cellphones.
- Why is snapchat so popular?
 - Designed to connect families and friends.
 - Snapchat has a self-destructing feature making it the most appealing feature on the app to its users.
 - Gives people the ability to be anonymous while on the app.
 - False sense of security for our youth.
- Snapchat features

This list is just touching the surface on all the features housed within the snapchat.

- o Snap audio and video
- o Voice messages
- Photo/video sharing
- o Photo/video filters
- o Snap games
- Snapmap
- o Now
- o Discover
- o Snapcash
- o Spotlights
- o Subscriptions
- o Stories
- o Sounds
- o Bitmoji
- o Happening

- o Snap stars
- Who is in Snapchat?
 - o 108,000,000 users in U. S. #1 in the world
 - o 49% of teens and adults ages 15-25 years
 - o 30% adults ages 26-35 years old (parenting age)
 - In April 2020, a survey indicated that teens favored Snapchat 45% over Instagram, Tik Tok, Twitter and Facebook.
- What are the risks?

Snapchat itself is not a risk if used properly.

• Shows GPS location

- o Disappearing content
- Ease of access anonymity
- o Screen shot alerts
- Provides ability to buy and sell anything
- Advertisement of illegal substances for sale.
- o Users looking to sell drugs can post anonymously public stories advertising the sale.
- Risks for teens
 - o Next substance to try
 - Teens are willing to take the risks, unaware that the next substance they use may contain Fentanyl.
 - Coping
 - Emotional, stress, pain
 - o Prescribed medications
 - Doctors can prescribe medical prescriptions like oxycodone, hydrocodone, morphine to manage pain from physical injury.
- Snapchat lingo

	DOC = Drug of Choice		
#M30	PI= Parent Investigation		
#OXY	P911 = Parent Alert		
#420	PAL= Parents are listening		
#WEED4SALE	PAW/PRW= Parents are watching		
#PERCS	POS= Parents over shoulder		
#XANY	MOS= Mom over shoulder		
#PARTY	99=Parents are gone		
#DRUNK	KPC= Keeping parents clueless		
#PAINPILLS	KYS= Kill yourself		
Charlie = Cocaine	Code9/9/cd9= Parents are around		
Charlie – Cocarrie	S2R= Send to receive		

• Counterfeit pills on Snapchat

Teens are often unaware of the contents in the substance they are purchasing.

- Percocet
- o Xanax
- o Hydrocodone
- o Morphine
- o Oxycodone
- o Cocaine
- $\circ \quad \text{Heroin} \quad$
- o Meth
- Who are the dealers?
 - o Cartels
 - o Street dealers
 - o Friend to friend
 - Non-acquainted contacts
- What can we do?
 - o Be easy on yourself
 - o Be honest with yourself
 - Keep up with social media trends
 - Create your own snapchat account
 - Follow groups your youth follow
 - o Communication
- Steps to take
 - o Talk to your youth
 - o Monitor
 - o Learn the language
 - Internet safety
 - o Make a game play
 - Be and stay proactive
 - Know the signs of an overdose
 - 1. Heavy nodding, sleepy, hard to wake up or vomiting
 - 2. Slow or shallow breathing, snoring, chocking sounds
 - 3. Pale blue or gray lips, fingernails, or skin, enlarged pupils
 - 4. Clammy sweaty skin, extreme agitation, or anxiety

•

- 5. Severe chest pains, seizures, headaches
- 6. Administer Naloxone save a life!
- Good Samaritan Law
 - Arizona Revised Statutes (ARS) 13-3423
- Naloxone/Narcan

Naloxone can reverse an opioid overdose

- FDA approved
- Temporarily reverse opioid overdose symptoms
- Safe to carry and have at home
- Resources list:
 - TalkNowAz.com
 - NaloxoneAz.com
 - AzPreventionResource.com
 - Text "CONNECT" to 55753 24/7
 - Drugfree.org/email-a-specialist/24/7
 - Scheduler.drugfree.org

Agenda item: YOUTH ON THE BORDER CONFERENCE Presenter:

Discussion:

Jessica explained to the Coalition members how the dynamic of this year's conference is going to be. Monday we will have a parent and adults' workshop at Santa Cruz Center with the topics:

Jessica Gallego

- Motivational talk
- Mental health
- Mindfulness session
- Tobacco/vaping
- Snapchat: the new drug dealer
- Consumo de alcohol y cannabis en menores
- El aumento del Fentanilo en Arizona

Tuesday to Thursday for youth we will be in different locations like Boys and Girls club at 3 pm, Nuevo Amanecer Church at 6 pm and Circles of Peace at 5 pm with the topics:

- Motivational talk
- Strength of character/sense of purpose
- Mental health
- Tobacco/vaping
- Fentanyl, a killer among us

• Underage drinking and cannabis

To finalize this week, we will be at the Pierson field for a Carnival/Fair/Movie night on Friday at 4 pm. Flyers will be sent to everyone to be shared. Mayor Garino, Sheriff Hathaway and County Attorney Silva will be present as guest speakers.

Agenda item: YOUTH LEADERSHIP CONFERENCE Presenter: Jessica Gallego

Discussion:

We will be taking our YADA group to a Summer Leadership Institute in San Luis, Az this next June 21-24 and, they will be traveling to Legoland and San Diego as their annual trip.

Agenda item:	COMMITTEES UPDATE	Presenter:	Christina	Cota,	Jessica
-			Gallego		

Discussion:

- Youth-serving organizations subcommittee

In our last meeting we shared some ideas to do for youth in July before kids go back to school. One of the ideas was to have a party bus around the county with information, games, snacks, and things to attract the youth. We also talked about the youth on the border conference. Lastly, we talked about doing an event aimed to mental health for youth. More information to come.

On July 31st we will have another Take back day and the coalition organizations are invited to participate on it.

- Faith-Leaders subcommittee

A new billboard has been placed by north Morley Avenue with the quote "Abre la puerta a la recuperación. La adicción puede afectar a cualquier persona. Busque ayuda hoy mismo" trying to bring awareness and break the stigma to recovery.

Information night have been very successful for faith community, so Christina is inviting the Coalition members to be part of it and participate.

Agenda item: CLOSING

Presenter:

Melissa Gallegos

Discussion:

For the closing, Melissa thanked all the present coalition members for attending the meeting and encouraged them to keep the good work and the passion that they have for the community.

Next meeting:

July 8th, 2021 @ 2:00 PM THROUGH ZOOM

Join Zoom Meeting

https://us02web.zoom.us/j/84306162192

Meeting ID: 843 0616 2192