

# SANTA CRUZ COUNTY DRUG FREE COMMUNITY COALITION

Meeting called by:	Circles of Peace	Type of meeting:	Monthly meeting
Facilitator:	Aissa Acuna	Note taker:	Claudia Hernandez
Attendees:	<ol> <li>Cassalyn David – Mariposa Community Health Center</li> <li>Terry Munoz – Santa Cruz County Superintendent's Office Gear up Program</li> <li>Tony Vartola – Port Devanning</li> <li>Michelle Jacquez – Circles of Peace</li> <li>Georgina Parra – Santa Cruz County Superintendent's Office</li> <li>Ricardo Morales – Chicanos por la causa</li> <li>Chief Morales – Sheriff's Office</li> <li>Melody Gastelum – Pinal Hispanic Council</li> <li>Manuel Romo – Arizona National Counterdrug Task Force</li> <li>Jessica Gallego – Circles of Peace</li> <li>Aissa Acuna – Boys and Girls Club</li> </ol>		
MISSION	To empower Santa Cruz County's communities to live a drug-free lifestyle by providing substance abuse prevention, education, establishing support to local government agencies, and empower parents and youth for success!		
VISION	To reduce drug abuse in the community, strengthen community partnerships, and maintain healthy and drug-free lifestyles by establishing community values.		
PURPOSE	Coalition seeks to increase perception of harm related to substance abuse and underage drinking in Santa Cruz County.		
Minutes			
Agenda item:	WELCOME-INTRODUCTIONS & AGENCY UF	PDATES Pre	senter: Chair Aissa Acuna

## **Discussion:**

To start the meeting, Aissa gave a welcome to the members, encouraged everyone to introduce themselves and give a quick update of their agency.

Updates:

- MCHC will be present at the Nogales "Night Out"
- Cassalyn will be transitioning to another position, and Lizzie Garcia will be taking over Cassalyn position.
- The Superintendent's Office has a full-time position available. To apply go to the Santa Cruz website.
- Los padres and Gear Up programs are moving locations to the old Court House.
- Events will be held at Teyechea Park and San Felipe remembering the 9/11 attacks on Saturday starting at 9:30.
- Strengthening Families Program starts September 14, families are welcome to enroll.
- Nogales Bicycle Classic registration is open. The event will be on October 16.
- Boys and Girls Club is open for youth. An open house will be held since the building is being remodeled. More information to come.
- For National Gear Up week, the Gear Up program will be delivering the Thrive curriculum on September 25 at Pierson High School from 9am to 11pm. For more information email <u>terrimunoz@santacruzcountyaz.gov</u>

### Agenda item: APPROVAL OF MINUTES

#### **Discussion:**

For this item, a review of last month's minutes were presented by Claudia and the Coalition members were asked to approve it or tell us if we need to modify something. Minutes were approved by the present Coalition members.

• What is used to reverse an overdose?

Naloxone and Narcan are medication that can reverse an opioid overdose and save a life

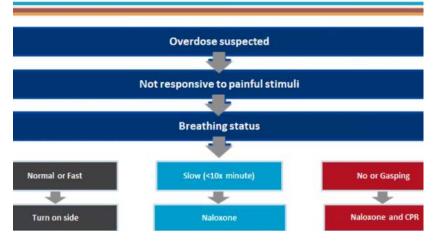
- Signs of an overdose
  - o Deep snoring/gurgling, hard to wake up, or vomiting
  - Slow/shallow to not breathing, gurgling, or chocking sounds
  - Pale, blue, or gray lips, fingernails, or clammy sweaty skin
  - o Unconsciousness or inability to awaken
  - o Slow heartbeat
- Stimulate the person
  - Check responsiveness
  - o Ask if they are okay
  - o Shake their shoulder
  - Perform a sternum rub
  - Check to see if they are breathing
  - Look, listen, and feel
  - Call 911 if they are not responsive or not breathing
- Naloxone/Narcan® use
  - Remove Narcan® Nasal Spray from the box
  - Peel back the tab with the circle to open the packaging
  - Hold the Narcan® Nasal Spray with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle
  - o Gently insert the tip of the nozzle in either nostril
  - o Press the plunger firmly to give the dose
  - Remove the plunger from the nostril
  - If there is no reaction in 2-3 minutes or if the person stops breathing again, give the second dose of Naloxone into the other nostril using a new spray device
- What if they do not respond?

- Repeat steps 1-6 using a new Narcan® Nasal Spray
- Stay with the person (Naloxone loses effect 30-90 minutes after use)
- o Perform CPR until medical professionals arrive, only if you're trained in CPR
- Injectable Naloxone use
  - Follow the same steps on how to stimulate the person, then call 911
  - o Safely remove all contents of the Naloxone kit onto a flat surface
  - o Make sure not to poke yourself while removing the cap from the needle
  - o Turn the Naloxone vial upside down and draw out 1mL of Naloxone into the syringe
  - Ensure there are no air bubbles in the syringe by slightly flicking it and pressing on the plunger to release any air
  - o Safely locate the injection site: either upper shoulder (deltoid), outer thigh muscle (quad) or upper buttock area
  - o Depress the full 1mL into the injection site and carefully remove the needle
  - o Dispose of the needle into a sharp's container if available
  - o If there is no sharps container available, carefully recap the needle using the original cap
- Recovery position
  - o Put them in the recovery position once they start to breathe
- Arizona Good Samaritan Law

Protects someone attempting to help a person during an overdose

- o Must be in good faith
- For no money or other consideration
- o Prevents criminal prosecution for drug offenses
- When to use Naloxone

# When to Use Naloxone



Please answer the survey https://www.surveymonkey.com/r/SACLAZNaloxonePostSurvey

- More information at Circles of Peace & Santa Cruz County Drug Free Community Coalition
- (520)281-0579 155. Morley Ave. Nogales, AZ 85621
- www.circlesofpeace.us & www.drugfreescc.com

Agenda item: CARWASH FUNDRAISING UPDATE

Presenter: Melissa Gallegos

## **Discussion:**

The YADA group thank all people that supported the Fundraising Car Wash this past August 28 where a total of \$665.37 dollars were collected for the youth group. From that total, \$84.30 were spend for supplies, so the final total was \$581.07.

Agenda item: UPCOMING EVENTS

Presenter:

Jessica Gallego

### Discussion:

Nogales Night Out

We will be present at the Nogales Night Out on September 9 from 4 pm to 8 pm. We will be playing the movie Luca and passing out information about our target drugs and programs available for the community. This event will be held at Teyechea Park and everyone is invited.

• AZ drug summit

On September 27, Circles of Peace staff along with Melissa Gallegos and Aissa Acuna will attend the Arizona Drug Summit at Tempe, Arizona.

• Panda Express Fundraising

On October 1<sup>st</sup>, the Youth Against Drugs and Alcohol will have a fundraising with Panda Express where 20% of the sales of the day will be donated to the group. The only requirement will be to show the flyer at the window when ordering.

• Monthly meetings

The Coalition monthly meeting will be moved to the second Wednesday of the month from 2 to 3 pm to give the youth opportunity to be in the meeting and share their perspective.

• Work group meetings

We will be starting to make work groups with every sector of the coalition starting this month. More information to come

Posada

This year's posada will be on December 8th. More information to come.

**Discussion:** 

Agenda item: OTHER ITEMS

Presenter: Coalition members

- We are still having the radio show at Maxima 99.1 every other Thursday and the We ♥ Nogales segment every other Monday with important information about mental health, drugs, etc.
- Os3 movement and youth from Rio Rico, Desert Shadows and Nogales High School will be participating on the state

race in Flagstaff. This will be the first race of the season. They will be also participating in the event at Pierson on

September 25th.

# Agenda item: CLOSING

## **Discussion:**

Thank you for attending the meeting this month. Keep up the great work and we will see each other next month.

Next meeting:

October 13, 2021 @ 2:00 PM THROUGH ZOOM

Join Zoom Meeting

https://us02web.zoom.us/j/84306162192

Meeting ID: 843 0616 2192