



CRAIG HILES
CONSULTING



Leading with Emotional Intelligence

BlueEQ™ Emotional Intelligence

BlueEQ™ is the world's most applicable, comprehensive, and powerful emotional intelligence self-assessment, 360 assessment and workshop. The content was designed by a team of industry experts, social and behavioral scientists, and validated by independent psychometricians. The BlueEQ™ emotional intelligence test, combined with the workshops, coaching and consulting, is the fastest and most precise way to increase your emotional intelligence.



Core Logic

Anchored in cutting-edge research, BlueEQ™ is built on the core logic that emotional intelligence is the primary enabling skill for creating psychological safety; a shared belief that it's safe to discuss ideas, experiment, take risks, give feedback, and learn from mistakes. Understanding this fosters higher levels of innovation, creativity, engagement and job satisfaction.



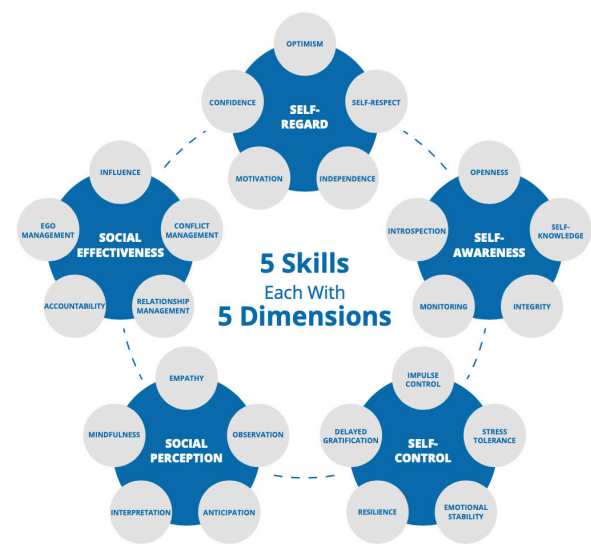
The Assessment

BlueEQ™ uses a powerful validated assessment with along side a high-impact training workshop accelerating intelligence skills to create measurable career and business impacts. BlueEQ™ includes five skills and each skill is comprised of five Behavioral dimensions. To improve an emotional intelligence skill, focus on developing the dimensions within that skill. The questions are designed to measure how you think, feel, and behave.

This comprehensive approach allows the participant to identify and isolate behaviors and skills in very specific ways. Once areas of strengths and weaknesses are accurately identified, participants develop a 90-day plan for improvement.

The BlueEQ™ self-assessment consists of 150 rapid response questions and takes an average of 20 minutes to complete. It has been designed by the BlueEQ™ research team of behavioral scientists and psychometricians and in partnership with industry experts. This produces an instant visual Results Map and concise easy to read report.

Target audience: All managers and individual contributors



BlueEQ™ Skills				
SELF-REGARD 85%	SELF-AWARENESS 74%	SELF-CONTROL 63%	SOCIAL PERCEPTION 76%	SOCIAL EFFECTIVENESS 80%
BlueEQ™ Dimensions				
OPTIMISM 83%	OPENNESS 67%	IMPULSE CONTROL 33%	EMPATHY 80%	INFLUENCE 70%
SELF-RESPECT 83%	SELF-KNOWLEDGE 80%	STRESS TOLERANCE 67%	OBSERVATION 80%	CONFLICT MANAGEMENT 90%
SELF-CONFIDENCE 87%	INTEGRITY 87%	EMOTIONAL STABILITY 43%	ANTICIPATION 77%	RELATIONSHIP MANAGEMENT 77%
MOTIVATION 73%	MONITORING 67%	RESILIENCE 97%	INTERPRETATION 77%	ACCOUNTABILITY 93%
INDEPENDENCE 97%	INTROSPECTION 70%	DELAYED GRATIFICATION 73%	MINDFULNESS 67%	EGO MANAGEMENT 70%

SUCCESS FACTOR

These skills set you apart and drive your success in working with others.

STRENGTH FACTOR

Skills that come naturally as you work with others.

GROWTH FACTOR

These skills are partially developed and could become more effective with improvement.

LIMITING FACTOR

These are EQ skills and dimensions you have only slightly developed. Limited factors restrict your ability to interact and influence others effectively.

RISK FACTOR

Skills that are poorly developed and may negatively impact your career, relationships and may lead to failure.

Course Objectives

1. Increase your personal emotional intelligence
2. Build your team's psychological safety
3. Model brand ambassadorship
4. Demonstrate greater interpersonal
5. Create career and business impact

Agenda

Introductions
Module 1: Why Emotional Intelligence?
Module 2: Introducing the i4P™ Process
Module 3: Creating Psychological Safety
Module 4: Creating Sustainable Behavioral Change

This is delivered as a one day workshop or as a virtual session.

Four-Stage Integrated Solution



If you would like to know more about Blue EQ please contact;



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