



MENTORING SKILLS

ARISTOTLE ACADEMY

*Do you want to unleash the talent in your team?
Do you want to share what enables high performance?
Want to develop the people in your organisation?*

Approach

This course focuses on the key leadership skill of mentoring to improve performance. This programme encourages excellence in leadership and the idea that this flows from the development of others. This programme gives participants information and tips for developing and managing the mentor/mentee relationship.

As organisations look for different ways to develop the skills of their people, mentoring is becoming a much-used method, and this workshop focuses on the skills and approaches necessary to become an effective mentor

Key Topics

- What is Mentoring?
- Learning & Communication Styles
- Precision Questioning & Answering
- Developing a Mentoring Relationship
- Tracking & Monitoring Improvements

Training Objectives

At the end of the programme, you will be able to:

1. Mentor individuals to improve aspects of their performance.
2. Use and improve your sensory acuity to differentiate behaviours and improve performance.
3. Understand and apply learning styles
4. Identify specific actions and behaviours that make personal change possible.
5. Understand & apply the iGROW Model.
6. Apply coaching and mentoring for personal and professional development

Duration

One Day

If you would like to discuss any one of our programmes please call on +44(0)7803 299337 or email: info@craighilesconsulting.com



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Programme Schedule

One Day

Introduction & Welcome

- Programme Objectives
- Personal Objectives
- What is Mentoring?

Defining Mentoring

- The differences between mentoring, coaching and training
- The Benefits of Mentoring

Mentoring Skills

- The Skills of the Mentor
- Developing Mentoring Skills

The Mentoring Relationship

- Setting up the mentoring relationship
- Setting expectations
- The responsibilities of the mentor and the client
- Preparing and holding an effective mentor/mentee meetings

Learning Styles

- Understanding learning styles
- How to identify the styles

Precision Questioning & Answering

- Socratic question & listening skills
- Listening to responses

Skills Practice

- An opportunity to practice the skills.

Personal Action Planning

Reflection, Discussion & Action Planning

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