



HOLY SPIRIT
CHILD DEVELOPMENT ACADEMY

Purple Room
School Entrance and Informational Packet

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Formula and Breast Milk

Bottles brought to school should be premade and clearly labeled with first and last initial. All bottles will be taken out of your child's bottle bag or lunchbox upon arrival and placed in the classroom refrigerator. Please make sure to effectively communicate with your child's teachers about their bottle schedule and preference (ex. Warmed, room temperature, bottle, sippy cup, every 3 hours, etc.)

If your child has not taken a bottle before attending our school, please practice at home to make their home to school transition smoother.

Sippy Cups

If your child drinks water, they will be given their sippy cup multiple times throughout the day and at every meal. We will be able to refill their sippy cups with filtered water in the classroom.

Food

The Holy Spirit Child Development Academy does not prepare nor provide meals and snacks for the children in our program. Parents will need to provide lunch and snacks daily for their child. All food that is distributed to children, other than your own, must be store bought and pre-packaged. Depending on the age of your child and their eating habits, you will need to provide between **2-4 items for each snack time and 3-5 items for each lunch time**. Please send nutritious snacks and lunches. Avoid sending foods high in sugar and caffeine. We have a small fridge in the classroom to keep some items cold such as milk products. We ask that all parents pack their child's lunch box with an ice pack as we do not have sufficient space to keep ALL items that need to be refrigerated in the classroom refrigerator.

If you drop off your child between 7:00 AM and 7:30 AM, you have the option of packing a breakfast for your child that he or she can eat at the Academy. **Breakfast should contain between 1-3 items** for each child depending on the age or the child's eating habits. Please note that if you drop off after 7:30 AM, your child should eat a healthy and nutritious breakfast at home.

Naps

Children who take two (2) naps a day will sleep around their bottle schedule. This means that they will typically take a nap around 9 AM or 10 AM and 1 PM or 2 PM. For children that take one (1) nap a day, their nap time will be from 11:30 AM to 1:30 PM. If your child is under the age of one (1) or not walking, they will sleep in a crib. Due to SIDS, we cannot have anything other than your child in the crib. If they sleep with a pacifier, it cannot have a clip. If your child sleeps with a blanket at home, we suggest bringing a warm sleep sack for them to sleep in. Parents are given the Safe Sleep Brochure upon enrollment to sign and acknowledge. Children over the age of one (1) or walking, will sleep on a cot and will be able to sleep with a blanket or nap mat and a naptime buddy/self-soother.

Swaddles

If you swaddle your child, you will need to fill out a swaddle consent form when your child starts at HSCDA. This will give HSCDA permission to swaddle your child and also confirms that your child is not rolling over back to front. Once your child starts rolling over from back to front, you will need to sign the same form

to terminate the use of the swaddle. ***HSCDA prohibits the use of a swaddle unless the form is signed by a parent or guardian.***

Attire

The children are very active at the Academy – both in the classroom and on the playgrounds. When on the playground, we encourage them to climb, slide, jump, run, skip – all to develop their large motor skills. It is important that children are dressed so that it does not interfere with their ability to develop these large motor skills, or that it does not contribute to an injury. For girls, we ask that parents not dress them in large billowy dresses – they are a tripping and falling hazard when climbing. In addition, the shoes that a young child wears should be form fitting, appropriately sized, and with traction. We require that all children wear shoes that are closed toe, form fitting, and that provide traction. Flip flops and open-toed sandals are prohibited for children to wear during the school day.

For Children Learning to Walk: Many of the young children at the Academy are learning to become confident walkers. We work very closely with them on their walking skills and confidence in walking. We cannot reiterate enough the importance of wearing proper shoes at this age – form fitting shoes, shoe soles that do not slide, proper arch support, and preferably shoes that go around the ankle. We strongly recommend that you make the investment to purchase Stride Rite or Buster Brown shoes since they are engineered for this age group and meet all of these requirements. We strongly recommend that you purchase shoes that have been fitted for your child’s foot and refrain from purchasing shoes that your child will “grow into.”

Labels

Please label **ALL** items that are brought into the Academy for your child such as clothing, shoes, cups, containers, etc. If an item is not labeled, we cannot guarantee that we can return it if it becomes lost.

Responsibility Bags

We aspire to create an environment where children can be independent and attend to their own needs. In the spirit of independence Holy Spirit Child Development Academy will provide bags for the children. These bags will hold their extra change of clothes, lunch box, folder and any necessary items that may be needed. These bags will be replacing the current use of backpacks.

Diapers and Wipes

Parents will provide diapers and wipes for their child. Your child’s teachers will let you know when your child is running low on diapers and/or wipes through Brightwheel. (Your child will typically be changed every two hours or more if needed.)

Diaper Cream, Sunscreen, and Bug Spray

When you enroll your child, you will complete an *Authorization to Dispense External Preparation* form. You will select the topical ointments or preparations that you wish the Academy to apply on your child. Teachers will apply diaper cream/ointment as needed at diaper changes and sunscreen or bug spray when your child goes outside. ***ALL medication and topical ointments must be given to the Front Office.***