

EMDR

CONSULTATION

Group

Collaborate. Learn. Grow.
Elevate Your EMDR Practice.

A supportive, professional space for therapists to bring cases, deepen skills, and grow confidence in using EMDR.



REFINE SKILLS

Strengthen your EMDR competence and clinical confidence.



KEEP GROWING

Expand your knowledge and continue your professional growth.

BENEFITS OF PARTICIPATION



1. DEEPEN CASE CONCEPTUALIZATION

Strengthen your ability to conceptualize cases through a trauma-informed lens, with thoughtful integration of substance use and neurodivergence considerations.



2. STRENGTHEN SKILLS AND CONFIDENCE

Receive expert guidance and practical feedback in a collaborative environment to navigate challenging cases and strengthen your EMDR confidence.

UPCOMING DATES & TOPICS



18 JUNE 2024

Confidence Building



23 JULY 2024

Complex Trauma and Dissociation



20 AUG 2026

When Processing Gets Stuck



17 SEPT 2026

Case Conceptualizing for Neurodivergent Folks and Substance Use



WHEN
Thursdays

10:00 to 12:00 noon EST



20+ years in Human Services, specializing in Neurodivergent/Autistic young adults. Also works with the queer community, depression, and anxiety.

Consultant-in-Training passionate about difference in ability, not disability.



With over 30 years of clinical experience, I specialize in trauma, anxiety, depression, substance use, and military/veteran care. As an EMDR consultant, I help clinicians build confidence, strengthen skills, and navigate challenging cases with practical, supportive guidance.



GET IN TOUCH

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\$50 per group |
Venmo @Janine-Fesler



Together, we grow—
for our clients,
and for ourselves.

