FRENCH PRESS



- 1. Clean the press components.
- 2. Use scale to determine amount of water (in grams) to add to the press.
- 3. Heat Water (200-205 degrees)
- 4. Grind Fresh
 - a. Calculate number of grams of coffee (divide water by 15)
 - b. Grind coffee medium to course (too fine clogs screen)
- 5. Pre-heat the Press (then dispose of water)
- 6. Put press on scale, add coffee and tarre (zero out) the scale.
- 7. Start Timer
- 8. Add Water
 - a. Coat all the grinds with quick pour.
 - b. Add the water all at once.
 - i. Use spoon to stir (as required)
- 9. Put plunger on top to just cover, do not plunge.
 - a. Let sit for 4 minutes (crust forms)
- 10. Use two tablespoons.
 - a. Stir in crust on top of coffee.
 - i. Scoop and remove foam and floating bits.
- 11. Don't Press Plunger
- 12. Don't do anything for another 6 minutes.
- 13. Total of 10 min brew time
- 14. Let the grinds settle.
 - a. More time leaves richer, darker flavors.
- 15. Plunge
 - a. Either no plunge (light body) or
 - b. Plunge just until it sits on the grounds (heavy body)
 - c. Do not plunge all the way.