

SESSION 2 PARTICIPANTS' HANDOUT

GROW ORIGINAL

SESSION BIG IDEA

Seeking approval or acceptance often tempts us to live inauthentically, but God calls us to please an audience of one—only him, not those around us.

THINGS TO LOOK FOR IN THE VIDEO

In what ways is niceness inauthentic?

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What two ways can we “grow original,” or practice disciplines to become a healthier person?

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BIBLE STUDY NOTES

Acts 10:9–11:18, Galatians 2:11–14,
1 Corinthians 3:7

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NICE

PERSONAL REFLECTION

When you confessed your true self—pains, fears, shame, questions—to someone else, how did it affect your relationship with that person?

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Why is secrecy a godly discipline, and how are you practicing it?

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LIVE IT OUT

Select at least one activity below to complete before next week.

▷ **PONDER**

Think of how you can pursue confession and secrecy in your quest to outgrow niceness.

▷ **PRAY**

Confess your fear of disapproval. Ask God for courage and honesty. Pray for opportunities to rely on him alone for your identity.

▷ **MEMORIZE**

Commit 1 Corinthians 3:7 to memory this week. Read it out loud or to yourself throughout the week to remind yourself to be rely on God daily.