SESSION 4 PARTICIPANTS' HANDOUT

GROW LESS

SESSION BIG IDEA

Niceness can lead to peacekeeping and compromise.

THINGS TO LOOK FOR IN THE VIDEO

In what ways have you worshipped the idol of production rather than rested in your secure identity as God's child?

What two disciplines does Sharon offer to counter the idolatry of "more is better"?

BIBLE STUDY NOTES

Exodus 18:5–26; Exodus 3:7–13, 4:10–16, 7:1–7, 12:29–42; John 3:25–30

NICE

PERSONAL RELFECTION

Name some godly choices you knew you were supposed to do but did not because they would not have seemed "nice."

How has the practice of regular rest helped you "grow less"?

LIVE IT OUT

▷ PRAY

Spend ten minutes asking for insight into your motivations for achieving and helping. Confess any selfishness and pray for wisdom in your decisions and relationships.

▷ MEMORIZE

Commit John 3:30 to memory this week. Read it out loud or to yourself throughout the week to remind yourself to be real.