

Thriveology
Individual Behaviour Management Plan



Name:		Age:		Start Date:		IBMP	
Current/Key Behaviours		Pupil Targets		Who will help me?		What will help me?	
Effective Motivators				Effective Consequences – these must be clear and CONSISTENTLY APPLIED			
Challenging Behaviours to target (pick two)	Known Triggers	Warning Signs	Risks associated with this behaviour	Effective Management Strategies (linked to the target)	Child's Communication Function (where is the behaviour coming from?)	Review	

Strategies/skills to develop – child	Non-physical Intervention	Physical Intervention (if applicable)
	Y = has worked in past, N = doesn't tend to work, T = try Verbal advice and support Firm and clear request/expectations Firm direction and count Negotiation Positive Listening - VRFs Limited choices – eg) now and next Distraction Diversion Reassurance Tactical Ignoring Non-threatening body language Calming intonation/voice regulation Take-up Time Withdrawal offered/directed Change of face Reminders about incentives/success Reminders about consequences Humour Empathy Relocation Calming resources	Hold or Escort Technique Standing Escorting Chairs Kneeling 1 person friendly 1 person single elbow 2 person friendly 2 person single elbow 2 person figure of four Please NOTE: This is not required for this child.
Strategies/skills to develop – adult		
Other Information		
Medical, physical & emotional needs to be considered	Debriefing Approaches	

Plan Agreed by:	Parent/Carer:	Staff:	Managing Director:
Signed:			

Plan written by:	Role:	Review Date:
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