

ITALY | NEW YORK | PARIS | LOS ANGELES | LONDON | DUBAI | SINGAPORE | INDIA | ROME

# LA STELLE

EXCLUSIVE MAGAZINE

Volume 1, issue 7, March 2023

**CRYSTAL  
HEALING**

**LEADERSHIP**

**ANGEL SOUL  
GUIDANCE**

**ENOLIA  
FOTI**

Author, Social Entrepreneur, International  
Speaker, Global Influencer, Life Coach,  
Modern Day Medicine Woman

*Pic by Julianne Reynolds*

**FEATURING**

OLIVIA FERNANDES  
ABRAHAM PAUL  
MOLICA MAHARAJ  
SMRITI BHATIA  
PETTER MC  
DR. RANDI  
LATASHA

**Euros €20.00**





# ENOLIA FOTI



Enolia Foti has always been recognized as a business leader in the United States. Information Technology captured this mathematics major as a highly skilled Systems Engineer for a technology business center dealership where she was certified and specialized in designing, installing and implementing the top 10 industry computer networks for businesses both large and small. She was recruited by a Fortune 500 company as a Senior Analyst for their Network team. Over a twenty-year career, Enolia acquired her Master's Degree in Business, worked in most areas of Information Technology and was groomed in the highly sought leadership programs that were by "invitation only" within her company. This along with a well-rounded skill set of working within manufacturing, the parent company, and sales offices – created a seasoned professional. Enolia managed multi-million-dollar projects as a program manager before seeking a different path. In parallel Enolia had a love of indigenous cultures and sought to engage it.



This journey which can be read about in her book “Finding My Sovereign Voice With My Grandmother Elder” is the journey and transition from a corporate life to the establishment and creation of her own business. This was the beginning for embodying her spiritual path that lay dormant within. Enolia spent the next part of her life leveraging her corporate leadership skills and practices, integrating them into her spiritual base, resulting in her own framework. Her transformational coaching programs are utilized by executives, thought leaders, and entrepreneurs to establish a stronger foundation to excel and embark on their visions for life and business. Enolia leads in many realms in both business and art.





Enolia Foti is an award-winning speaker, Author of 4 books, contributor of 2 books, award winning writer, engages in music, dance, she is a social entrepreneur, an ambassador for the youth and global peace movement, humanitarian and more. She is a Matriarch and a Grandmother Elder among her community.

Her spiritual journey began at birth because her mother was the living example. Enolia's mother was a Nurse R.N. and her father a business owner. As a nurse in the incarnary unit (ICU) of Deepdale hospital in Long Island New York for 40 years, Nurse Harris saved many lives both at work and outside of work. Enolia was present for some of these moments and it set the tone of how a leader takes charge and could possibly save lives. Her mother led by example and embodied the leadership, grace, passion and love of people that is instilled in Enolia today. It was at these moments that drove Enolia in her life's work as a Corporate Professional and today as a Social Entrepreneur.

However, it was these moments that also established a core love and mindset to contribute to humanity in the most positive of ways.

Enolia has created seven programs:

- 6-month Extraordinary Growth Academy (EGS) – group coaching only
- Know Thyself: A 30-Day Program to Conscious Living
- Infinite Possibilities: Journey to Empowerment Personal Development (Prerequisite and foundation for Empower Achieve Succeed Masterclass)
- Empower Achieve Succeed through Self Mastery Master Class
- Empower Achieve Succeed through Self Mastery Coaching Certification
- Noble Ascension Mastermind by invitation only

All our programs for self-realization mindset to help individuals shift the direction of their lives and dare to enhance, excel, and embody what is needed to go after their vision for themselves.



Enolia's books also include:

- How I Found My Sovereign Voice With My Grandmother Elder
- Discover Your Sovereign Self (Journal to How I Found My Sovereign Voice With My Grandmother Elder)
- Know Thyself: A 30-Day Program to Conscious Living
- The 7 Principles for Self-Mastery

All her works are available on her website at [www.enolia.live](http://www.enolia.live) and her books are all available on Amazon.com. All her works assist the individual in adapting a mindset that gets individuals to their goals.

It is Enolia's intention to have these works available across the world to inspire, motivate and assist those who want to embark on their journey but do not know where to begin. It is her life's work to hold workshops, conferences and retreats available to the public to join to share, teach and help others to help themselves realize their dreams. These programs are held internationally around the world and virtually.

For those young girls who are just realizing their potential, remember that "who you are" and "what skills you possess" are the gifts to humanity.







That your voice is powerful and your presence is meaningful. These are things no one can take away from you because they are inside and it is your choice when to unveil your talent. You can do or be anything you choose to focus on because when you claim your vision, life becomes aligned to walk you to your goals. To the women, “dream a beautiful dream or you will be dreamt”. What this means is that if you do not hold a vision for your-self to walk towards, you will spend your life living up to others’ expectations and visions of you, never fulfilling what YOU want in life thereby giving your life away. Hold the vision, align to it, and go after it.

I would love to see all women work in community. To let go of pettiness, jealousy, insecurity within, competitiveness and work together. When we learn how to do this, we will learn that we are stronger when we work together. When we work together, we are a force that is unstoppable. It all starts with our mindset.