

Like

Tweet

in



ENOLIA

Hello my Friends!

It's hard to believe that the Fall Equinox has already past. We are coming into a time where all the trees speak out. Native American's call the changing of leaves "the painted forest". I hope you have the time to stop, take a moment and take in the beauty of the land during this fall season.

There is a great deal going on this month and I invite you to join me on this journey!

Meditations: I will be continuing my Monday Meditations throughout October. They are free and anyone can join. If you can't make the Monday date to meditate, check out the collection of meditations on my website by clicking on "[FREE](#)".

Classes: I am also offering one class this month, "Judgement Does Not Define Me" Judgements come in many different forms. How it affects our lives is our choice.

Writing: I have published an article in The Magic Happens Magazine and I hope you enjoy it.

Storytelling: It is also time for another episode from "Stories from Mother Africa." So much has been learned and I am excited to share. Enjoy the video!

Workshops: I am still hosting drum making workshops in ceremony. I am also available for house blessings, weddings.... I am available online or in person. Contact me through my website at www.Enolia.live.

Talkshows: Sara Jane and I are excited to have two special guests on Today's Conversation: Dr. Linda Tello and David McLeod. Later in the month, I will also be interviewed by host and podcaster Toni Soul. This interview will be translated to Portuguese for the audience. Let the wisdom learned touch your hearts.

I can be contacted for life coaching, one on one sessions and group work.

ONLINE CLASS AVAILABLE

Sovereignty Series: Judgement Does Not Define Me

Offered Saturday 10/17/2020
Class 1 hour
9am PST, 10am MST, 11am CST,
12pm EST



Judgement is projected upon us in many ways. This can cause feelings of anger, jealousy and pain. As a result, a range of emotions can be experienced such as insecurity, alienation and feeling singled out.

How we choose to respond to it directly impacts our lives. Join me in this powerful coursework and choose to be a part of something that uplifts yourself, others and the world around you. Learn to keep you power and not give way to judgement. Here we define, what it means to look at life with clarity of the heart and the understanding one faces when we miss this opportunity.

Cost \$19.99

[Register Now](#)



Sara Jane



ENOLIA

**We are excited to bring two very special guests this month
for Today's Conversation!**

**Episode 9 of "Today's Conversation"
with Guest Dr. Linda Tello**

**Topic: What Does It Mean To Work With the
Spiral?**

The spiral appears in many ways. The spiral is a representation of the medicine wheel. Because it takes us from the center to the four directions or from the four directions to the center. It all is a journey of self discovery and each other. Come join expert Dr. Linda Tello as she discusses the unfold the understanding of the spiral and indigenous teachings with Sara Jane and Enolia.



Linda Tello, Phd. P.E.

Friday, October 9th, 2020 on WebinarJam - 9am PST, 10am MST, 11am CST, 12pm EST, 5pmUK

[Register Now!](#)



**Episode 10 of "Today's Conversation"
joined with**

Life Mastery Coach David McLeod

Topic: "Befriending Your Shadow Side"

Sara Jane & Enolia are joined by Life Mastery Coach David McLeod to explore your Shadow Side

What is your Shadow Side?

We all have times of anger and frustration, of hurt and pain caused by situations or the words of others,

Many have experienced and may still be experiencing feelings of inadequacy, being unlovable and so much more.

These are all aspects of life and how we react to them determines how they can (and possibly will) continue to affect our lives or if we listen to them and acknowledge, how we can grow from them.

David, Enolia & Sara Jane will be sharing from their own experiences and they hope you will join them for what promises to be an enlightening conversation.

[Register Now](#)



Host Toni Soul from Lisbon Portugal will interview and discuss an empowerment conversation with Enolia

Topic: "Expressing the Woman inside of Us".

October 25th, 2020 at 3pm PST 4pm MST, 5pm CST, 6pm EST and 10pm GMT (Portugal)

Facebook Live

About Toni Soul:

Toni graduated as an engineer from UERJ and subsequently took the MBA in People Management, with logical reasoning focused on the Exact Sciences, He has always believed in the existence of a Greater Creator Consciousness of everything and that this guides us to the correct path through its mysteries ... The Mysteries of Life...

In 1999, after going through the Awakening of Consciousness experience and classified by a Buddhist Monk friend of his father as the Buddhahood or Enlightenment, where he had his body temporarily energized to the point that he was able to have clairvoyance, clairaudience, telekinesis, telepathy, he was taken to search for answers through books and courses to aim at self-knowledge and rational understanding of everything that had happened to him, including: Tarot, Radiesthesia, Chromotherapy, Kabbalah, Shiatsu, Crystals, Acupuncture, Reiki, Tantra, Kundalini, Yoga, Tai chi, Chikung, extraterrestrial life, Astrology, Numerology among others ...

Toni specializes in Tarot, IChing, spiritual counseling and Coaching. He focuses on spirituality as a lever to lead the client to not only to achieve their goals in life but to transform their energetic vibration at the highest possible level.



Enolia was published in The Magic Happens Magazine!

Click "[Here](#)" to continue reading the article

*The Magic Happens Magazine -
Humanity Thriving Out Loud!*



*Making a Conscious
Choice*

Free Meditations on Mondays!

Making a Conscious Choice

1pm PST, 2pm MST, 3pm CST, 4pm EST

Connected by ZOOM!

A ZOOM link will be sent to you when you register.

All meditations are recorded and available 48 hours later.

Need to meditate? Click [HERE](#) to listen to "I am Divine Alignment."

Please join me on Meditation Mondays to bring peace within and release the daily stresses of life!

Each meditation will have a different focus in tradition. It will be my honor to lead you to a peaceful state by guidance, shamanic drumming, language of light, breath work, rattling and more. Join me to help bring relaxation into your being.

Register [HERE](#) for Monday - 10/5/2020

Register [HERE](#) for Monday - 10/12/2020

Register [HERE](#) for Monday - 10/19/2020

Register [HERE](#) for Monday - 10/26/2020



*Angola Africa - On the
way to Luanda - The
men I met and had this
discussion with in the
van!*

Episode 9: Stories From Mother Africa!!!!

Please enjoy part 2 of Men in the Van. I decided to leave part 1 (episode 8) if you needed to go back. Each episode in 10 minutes.

[Play Episode 9](#)

[Play Episode 8](#)

Kind regards,
ENOLIA



©2020 ENOLIA | 200 South Jefferson Sr RM 1 STE 193 Winchester TN 37398

[Web Version](#)

[Forward](#)

[Unsubscribe](#)

Powered by
GoDaddy Email Marketing®