

[Like](#)[Tweet](#)[in](#)

ENOLIA

July, 2021

Take time in July to practice reflection. Ask yourself: How else can I see what is going on within myself, others and in the world? Take a prayer, a poem or a piece of writing and apply it to your dilemma, problem or decision and go into a deeper state of reflection. Enter into your heart space...it is our bliss.

I invite you to explore the many free resources for you to enjoy on my website under [media](#), [meditations](#), and [classes](#).

I am available for [Life Coaching Sessions](#) for true conscious transformation.

Contact me directly by email.

Alaskan Cruise, May 28 - June 4th, Memorial Weekend 2022

The deposit date has been extended to August 9th, 2021 to lock in processions to receive a 30% discount. \$125.00 deposit per person holds your place until January 28th, 2022 for the balance due or 100% of your deposit back. Bring your family and partners if you like. There is plenty to do while you attending the **FREE** Worthy of Wonderful Women's Empowerment Program. We welcome everyone!

For Details about the Alaskan Cruise: [Play Now](#)

WORTHY OF WONDERFUL WOMEN'S EMPOWERMENT CRUISE FOR BOOKING INFORMATION

CONTACT
816-721-6643

Website:
Bukekastyle.com

Website:
Enolia.live

Email:
mytravelbukekastyle@gmail.com

Email:
info@enolia.live

Worthy of Wonderful Women's Empowerment Cruise to Alaska



May 28 - June 4, 2022

Enolia's Women's Empowerment retreats to assist in the initiation and rekindle self-nurturing and peace through:



- Women's Rites of Passage
- Womb Clearing / Womb Wisdom
- Empowerment discussions
- How to break through your own limiting self views.
- How we give our power away
- I Am Worthy

SECURITY DEPOSIT OF \$125.00 DUE BY **08.09.2021**
AND ALL DEPOSITS MADE **JANUARY 28, 2022** TO
SAILING ARE 100% REFUNDABLE

Cabin Type	Available inventory	Cost Per Person
Mni-suite	2	\$2,250.73
Balcony	8	\$2,175.13
Balcony	5	\$2,143.63
Inside	2	\$1,562.04
Inside	5	\$1,468.94



BukekaStyle music and presentations focus on inherent worthiness in the areas of:

- Spiritual Connection
- Authentic Relationship
- Exilirating Livelihood
- Financial Empowerment
- Health & Well-Being
- Beloved Community
- Environmentally Conscious



Ana Marinho

Episode 26 ~ Today's Conversation"

Enolia & Sara Jane are joined by

Ana Marinho

Self Healing: Ignite Our Inner Healing Abilities'

Friday, July 9th, 2021 9amPST, 12pm EST, 5pm BST & Africa,

Self-healing is the ability of the body to heal itself. Some people don't believe that we can

heal ourselves. Some people are always looking for validation, something outside of themselves, something or someone that will "heal" them. However, we can ignite our inner abilities and help our bodies to remember how to self-heal. If we cut our finger, the wound will heal, right? There is so much that can be done to ignite our own innate ability of healing because our body is first and foremost designed to heal itself.

Concepts like neuroplasticity and the placebo effect are science-based and explain that SELF-HEALING IS REAL. I see that it is possible every day in my office. If my patients can do it, so can you.

[Free Registration Here](#)

Bio:

Ana Marinho is a physical therapist, mind-body coach, and intuitive healer. For over 13 years, she has been empowering clients to transform emotional/physical pain into overall well-being by using self-healing techniques, mind-body connection, and neuroscience.

She hosts monthly workshops in her membership program, Be Healthy Academy, to support her clients in becoming the master of their body and mind while learning how to rewire the brain and reconnect with the body to make changes that last.

Ana also teaches multiple courses and hosts workshops, webinars, and even a retreat. She has written a best-selling book, Ignite Your Inner Healer, in which she teaches readers how to tap into their self-healing abilities. She has been featured on NBC, multiple podcasts, and radio shows.

More details at: <https://www.behealthywithana.com/academy>

Gmail e-mail address

ana@behealthywithana.com

Main website:

<https://www.behealthywithana.com>

Facebook:

<https://www.facebook.com/BeHealthyWithAna>

Instagram:

www.instagram.com/behealthywithana.ig

Youtube:

<https://www.youtube.com/c/BeHealthywithAna/>



Episode 17

True Stories from Mother Africa ~

Enolia's Journey through Angola

Play Now



Episode 27 ~ Today's Conversation"

Enolia & Sara Jane are joined by

Jaki King

Topic: Working Together: Benefits, Strengths & Weaknesses

Wednesday, July 28th, 2021 at 11:30 PDT, 2:30 EDT, 7:30pm BST & Africa

Enolia & Sara Jane are joined by Jaki King founder of If Everyone Cares and aDoddle.org for a powerful and enlightening discussion on Working Together: Individually, in Communities and Businesses.

They will share from their own experiences, Jaki as the founder of a not for profit that works with a supports Charities, Good Causes and Community projects and Enolia & Sara from previous work experience and running their own businesses, discussing the advantages and disadvantages.

Whether you are an individual, an individual running your own business, work for a charity or big corporation, there is bound to be something for all in this conversation.

[Free Registration Here](#)

Bio:

Jaki King is the creator of The Emotional Baggage Diet and Verbal Reiki - both of which are tools that will help you to gain, regain or improve control of your own life and emotions. She says It is about finding the skills to let go - live free and love life.

She is also the founder of a UK based non-profit, If Everyone Cares, that is working on creating an Interactive Community Map that will pin-point the nearly 200,000 charities across the UK. She set it up because she had met too many people who struggled to find the help and support that is available to them in times of crisis.

Learn more about Jaki and her work [HERE](#) & [If Everyone Cares](#)



Enjoy July's publication from Enolia's personal column in The Magic Happens Magazine!

Ancient Wisdom Modern Times

What are we truly witnessing that surrounds us in today's world? The fragility and decaying of processes that used to work representing old paradigms are at the brink of collapsing. Like a runner at the finish line pushing with the last boost of energy, there is nowhere left to go once the race is over. If one has sucked the life force out of its foundation, where will the needed energy come from?...

Click [Here](#)

Here is what you missed during the month of June! For your listening pleasure...



Episode 7: Relationship Talk with Stefania Puleo & Enolia

Topic: When Your Partner Acts Like a Victim But Isn't

[Play Now](#)



Sue Stone

Episode 24: Today's Conversation

with Special Guest Michelle Reinhardt

Topic: The Quantam Shift Alignment Party and "4 Steps to Freedom"

[Play Now](#)



Episode 25: Today's Conversation

with Special Guest Supriya Prasad

Topic: Empaths & Highly Sensitive People Navigating around an Entrepreneurship World

Play Now

Kind regards,
ENOLIA



©2021 ENOLIA | 200 South Jefferson Sr RM 1 STE 193 Winchester TN 37398

Web Version

Forward

Unsubscribe

Powered by
GoDaddy Email Marketing®