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ENOLIA

September 2021

September begins an incredible journey for furthering my contribution to women's empowerment. I am excited to partner with the Global Empowerment Women's Summit (G.E.W.S.) based in the UK with President and CEO Anita Francis. I am excited to offer workshops, coaching and mentorship as well as retreats to this global network of powerful women.

I have also been named the G100 Oneness and Wisdom Leader for the Country of Angola. I am excited to work with my Angolan sisters.

I also wanted to share that I am working to partner with Luciana Moreira Machado here in Angola for empowerment. As we formulate what our workshops are going to look like, we continue to bring

forward a vision to contribute to our sisters here in Angola.

Even though I love working with women, I will not leave my Angolan brother out. I am partnering with Amadioa Rocha Lima for professional workshops here in Angola. We are truly excited to see what comes to fruition. Stay tuned.

These are exciting times to embark on new journeys in life. As you see doors open within your life, do not be afraid to explore them. Trust yourself and take a leap of faith if you want to try something totally new. Having transitioned from corporate to entrepreneurship, I will be holding workshops to have the discussion of what it takes to transition and what steps it takes to make the change. I will keep you posted! Happy September!

I invite you to explore the many free resources for you to enjoy on my website under [media](#), [meditations](#), and [classes](#).

I am available for [Coaching Sessions](#) for true conscious transformation.

[Contact me](#) directly by email.



**ONENESS &
WISDOM
WING**

THE CLUB
G100

ENOLIA FOTI

Global Empowerment Leader, Angola

ANGOLA COUNTRY CHAIR
Oneness & Wisdom

Under the Auspices
ALL Ladies League



G100 Ethos and Aegis: In ten years work with women empowerment, We have learned there is nothing more powerful than a group of women united in purpose. A group of women connected in sisterhood, share and care in mutual empowerment opening unimaginable possibilities for ALL. Alone we strive, together we thrive.

G100 comprises a league of luminaries of eminence and excellence including Nobel Laureates, former Heads of States, Ministers, Businesswomen, Philanthropists, Investors, Entrepreneurs, Corporate and Community Leaders - a powerful group of women leaders and achievers from all walks of life who wish to give back and move us all forward as architects of the future.

G100 is a strong circle of 100 women visionaries across 100 diverse sectors connected in a global sisterhood.

The mandate of G100 is to provide the thought leadership for the coming decade on what needs to be done for inclusivity and economic and social empowerment of women globally. Together we will define, design and determine a new future for ourselves with equity, equal opportunity, inclusion and economic empowerment of women, and of all, through the inclusive agency of women.

G100 is a an action + think tank with a global, cross-cultural, intersectional and intentional perspective toward peace, parity and prosperity for all.

Each G100 member is a Global Chair for a Sector who leads that wing and vertical of G100.

The G100 club is under the auspices of our sisterhood platform ALL Ladies League (ALL) that already has 1000+ Such chapters/circles of sisterhood worldwide, and a collective strength of 250,000 women connected across all our platforms that also include, the global conference platform, Women Economic Forum (WEF); the e-commerce platform, SHEconomy; and the policies platform, Women's Indian Chamber of Commerce & Industry (WICCI).

The beautiful success of our platforms is a testimony and tribute to the power of women's groups. To emphasize the importance of organizing ourselves in groups for our greater strength, and to lead by example at the top most levels, we are now constituting the greatest sisterhood group of women at the top - the G100.

We are non-political, non-religious, non-dogmatic. We have a philanthropic vision and inclusive ethos of mutual empowerment by way of women helping women in She-for-She spirit of sisterhood and circles of support.

[Learn More](#)

EMPOWERING PARTNERSIPS



*CEO Anita
Francis*



Empowering Partnerships



ENOLIA

Anita Francis

President/Director, Global Empowerment Woman Summit (GEWS)

United Kingdom

Anita Marie Francis (BAHons) Anita is currently the President and Founder of a Women's empowering network called Global Empowerment Woman Summit. She is a Serial Entrepreneur with over 15 years business experience in running several successful businesses from running a recruitment agency, model agency, publication company and property company and now she is a Director of a Health and Wellbeing company in the UK alongside other business adventures. Anita believes in supporting the next generation of female leaders and has launched a project called Inspire Girls Rock with the aim to support and mentor young girls to dream big and become global leaders. Anita studied law in 2011 and was determined to become a qualified solicitor practising in conveyancing in 2016, but due to unforeseen circumstances Anita decided not to continue her law journey and decided to take a risk and launch her businesses. Anita believes a true entrepreneur takes risks and lives outside their comfort zone.

[Learn More](#)

Coming Soon

B.E. Empowered Podcast!

Launching October, 2021



Alaskan Cruise, May 28 - June 4th, Memorial Weekend 2022

The deposit date has been extended to October 31, 2021 to lock in professionals to receive a 30% discount. \$125.00 deposit per person holds your place until January 28th, 2022 for the balance due or 100% of your deposit back. Bring your family and partners if you like. There is plenty to do while you attending the **FREE** Worthy of Wonderful Women's Empowerment Program. We welcome everyone!

For Details about the Alaskan Cruise: [Play Now](#)

WORTHY OF WONDERFUL WOMEN'S EMPOWERMENT CRUISE FOR BOOKING INFORMATION

CONTACT
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Website:
Bukekastyle.com

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mytravelbukekastyle@gmail.com

Email:
info@enolia.live



Women's Empowerment
Cruise to Alaska
May 28-June 4, 2022

SECURITY DEPOSIT OF \$125 DUE BY
9/20/22
& ALL DEPOSITS MADE JANUARY 29, 2022
SAILING ARE 100% REFUNDABLE

Cabin Type	Inventory	Cost Per Person
Mini- Suite	5	\$2,294.83
Balcony	8	\$2,175.13
Balcony	5	\$2,143.63
Inside	2	\$1,562.04
Inside	5	\$1,468.94

Enolia's Women's Empowerment retreats assist in the initiation and rekindle self-nurturing and peace through

- Women's Right's of Passage
- Womb Clearing/ Womb Wisdom
- Empowerment Discussions
- How to break through your limiting self views.
- How we give our power away
- I am Worthy



BukekaStyle music and presentations focus on inherent worthiness in areas if:

- Spiritual Connection
- Authentic Relationship
- Exhilarating Livelihood
- Financial Empowerment
- Health &-Being
- Beloved Community
- Environmentally Conscious



Episode 29 of Today's Conversation

Enolia and Sara Jane are joined by

Patricia Watson

Topic: The Power of Making Decisions

Friday, September 8th, 2021

9AM PST, 12PM EST, 5PM UK & Africa

Patricia Watson joins Enolia & Sara Jane for an enlightening conversation about making decisions & the effects it can have on our lives. We make decisions every day of our lives.

However, the power of making a decision is about going deep within to understand the POWER of not just saying something general but actually meaning what you have committed to, to propel yourself forward.

Whether that is a personal, business or Soul purpose decision. What power are you giving it?

In it to win it or just kidding. Don't kid yourself. Discover the POWER.

Play Now

Bio:

Patricia Watson believes freedom is being your authentic self. No filters, no illusions, no facades.

Just showing up and being you every single day. Being love every single day.

Because of her own journey, she is able to guide others, offering coaching and coursework while providing actionable steps that help clients move forward. Patricia hosts her own podcast called "Welcome to L.I.F.E. (Living In Freedom Everyday).

She also hosts programs, retreats and events that address key areas of concern for women. Patricia helps women develop strong networks and support systems. Patricia M. Watson, is a heartfelt business professional who owns her own consulting & mentoring firm. She believes in living life on your own terms & teaches the power of freedom. Freedom is being you.



Episode 30 of Today's Conversation

With Guest Denika Carothers

Topic: Transcending Your Pain Into Power

Denika Carothers joins Sara Jane & Enolia for a powerful discussion about learning from pain

Life brings us all "stuff" or like I prefer to say S.H.I.T. Everyone over the age of 13 years has experienced pain on some level be it physical, mental or emotional. And whether we want to face it or not, or agree with it or not, pain is a necessary part of the life process.

When you choose to understand the lessons that pain comes to teach you, you give yourself an opportunity to transcend the pain and tap into the power of the experience. You can either allow pain to suffocate you or you can choose to use pain as a catalyst to propel you into the "bigger picture"... into purpose. You can remain a victim to the circumstance or choose to conquer and move through to the other side of the painful feeling.

You are a Spiritual being having the experience of humanness and your soul is here to heal, evolve and transcend. Pain is one of the ways through which this happens. What you choose to do with your pain will either limit you or expand you.

[Free Registration Here](#)

Bio:

Founder, and CEO, of Live With Purpose Coaching LLC, Denika Carothers is one of the most dynamic speakers, life coaches, and thought leaders in the world. A powerful intuitive and soul healer, with an innate and exceptional ability to connect with people in the space of heart and soul, she is genuine, powerful, authentic, and REAL.

She possesses a great talent for understanding how to reach people in the place of their pain, along with an innate ability to help them access the place of their power and experience soul healing on the other side of rejection, abandonment, grief, loss, and mental and emotional abuse.

Her focus is Mental and Emotional Wellness as she teaches you how to let the S.H.I.T. (Shame Hurt Insecurities & Triggers) Go and become a M.E.W. (Mentally and Emotionally Well) YOU.

With twenty-five years of coaching and counseling experience to her claim, she has helped thousands of clients overcome their fears, heal mental and emotional traumas, and learn how to create better relationships as they connect to the greater power and purpose of their own life.

Committed to helping people create their own authentic happiness in a way that feels empowering and amazing, Denika Carothers has been dubbed a "Life Changer" by her clients.

Website: <https://www.denikacarothers.com/>

**Here is what you missed during the month of August! For
your listening and reading pleasure...**



Prudence Kalloo interviews ENOLIA

with the

All Things Possible Group

[Play Now](#)



I hope you enjoy my article called:

"Living Extra Ordinary" by Enolia

in this new publication of

"The Modern Woman Magazine"

In these tumultuous times, it may seem that in order to stand in our power, we must be argumentative, aggressive and forceful to others. We may think to impose our opinions; our demands and to force alternatives which will convince our opposition that only our viewpoint matters. This leads me to the word "expectation"...

[Read now](#)



Chloe Cordero

Episode 28 of Today's Conversation

Enolia & Sara Jane are joined by

Chloe Cordero

Topic: Self Responsibility: From Powerlessness to Sovereignty

[Play Now](#)



Fun Fresh Friday's with Zaneta

with Special Guest Enolia - Part 1

Topic: Setting Boundaries

Have you ever put boundaries on what you cannot do or accomplish because of where you are in life? Come join me with my special guest host Enolia who traveled the globe and did not let anything block her plans, passion and purpose! Join us and see how she did it!

[Play Now](#)



Fun Free Fridays with Zaneta

Special Guest ENOLIA and Stefania Puleo~ Part 2

Topic: How do you deal with fear?

[Play Now](#)



Come meet ENOLIA! Interview by Patricia Watson

Come meet ENOLIA! A world traveler with a heart of gold. Don't miss her incredible story! 🍷

[Play Now](#)

Kind regards,
ENOLIA



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