



# ENOLIA

## Hello my Friends!

Hope you enjoyed you Halloween Holiday. I can't believe how quickly the time is going by. Here we all are entering in November and the days are getting shorter and shorter. I hope you had the time to go into nature. The changing of the leaves is always so beautiful. It's that time of year as we head towards our next season. Don't forget to set your clocks back and most of all, don't forget to VOTE!

I have really enjoyed bringing some new programing to the public. I hope you enjoyed it to and would love your feedback. Here are the November events to come.

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## NOVEMBER WORKSHOPS

### Embracing Forgiveness as Freedom

Offered Saturday 11/7/2020

1 hour Online Class - Zoom

7:30am PST, 8:30am MST, 9:30am CST, 10:30am EST, 4:30pm GMT



Choosing to forgive allow us to embrace freedom and happiness. When we choose not to forgive, we look at life through the eyes of pain and trauma, holding us captive to the past. We cannot change the past but we can choose to move forward through any story that engulfs us. In order to do this, we forgive. It is not just a few words uttered but an embodiment of the soul. Forgiveness is our ability to exhibit our strength from within.

Cost \$20.00

[Register Now](#)

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### Be the Change You Choose to See in the World

1 hour Online Class - Zoom

Offered Saturday 11/14/2020

Class 1 hour

7:30am PST, 8:30am MST, 9:30am CST, 10:30am EST, 4:30pm GMT

With the walls four very world changing around us, how do we bring forward a new vision for ourselves? Many of us have been challenged in doing everything different. This workshop helps you look a life from different points of views so that you can create your vision of how you want to engage in life, business and relationship.

Cost \$20.00

[Register Now](#)

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Sovereignty Series:

### Stand in Your Power: Defining My Sovereign Self

1 hour Online Class - Zoom

Offered Saturday 11/21/2020

Class 1 hour



7:30am PST, 8:30am MST, 9:30am CST, 10:30am EST, 4:30pm GMT

To stand in your power is to understand and know how it may be given away. How we perceive ourselves, hold to our worthiness and honor our authenticity is imperative to being sovereign to ourselves. Recognize your divine self, tap into the energy from within your heart and choose to claim your power right now.

Learn how we actually give our power away and how we can choose different words everything changes. How we react emotionally to situations and people keep us from moving forward in life. Recognize when you are stuck and what tools to use to move forward in life.

Cost \$20.00

[Register Now](#)

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*Sara Jane*



*ENOLIA*

**We are excited to bring two very special guests this month  
for Today's Conversation!**

### **Episode 11 of "Today's Conversation" with Guest Dr. Donna DeGennero**

Topic: "Supporting & working with Indigenous Youth"

Dr. Degennaro uses storytelling through film. She equips indigenous youth with the tools to illuminate, preserve, and share their languages, heritage and stories of perseverance through documentary films. As participants, the youth develop technical and leadership skills to manage their own sustainable programs. Come join Dr. Degennero as she shares her stories and experience with Enolia and Sara Jane of putting together this program to ensure our young peoples voices are heard.



*Linda Tello, Phd. P.E.*

Friday, November 13th, 2020 9 AM 10: AM MST, 11 AM CST, 12 PM EST, 5pm PM BST (UK)

[Register Now!](#)

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## Episode 12 of "Today's Conversation" with Guest Sara Troy ~ Host of "Self Discovery" Orchard of Wisdom Podcasts

Topic: "Allowing the Knowingness"

My soul is open to the divine and it speaks to my heart in truth, which ignites my spirit into opening my mind to what I need to know, when I need to know it.

This is knowingness, being open to the source of life's divine energy and allowing it to come through you into knowledgeable wisdom we can use.

This is my life's beingness and only when I allow, do I receive, for anger, hate and mistrust closes these doors, and only caringness, kindness, willingness, and love will open you up the power within and above.

Friday, November 25th, 2020 9 AM 10: AM MST, 11 AM CST, 12 PM EST, 5pm PM BST (UK)

[Register Now!](#)



*The Magic Happens Magazine - Loving Self by Enolia*

Enjoy November's publication in *The Magic Happens Magazine!*

### Loving Self By Enolia

I am the creator of my reality. What reality have you created for yourself? Are you able to look into the mirror and love the person you see? Embracing and loving who you are completely affords us the opportunity ...

Click "[Here](#)" to continue reading the article

Free Meditations on Mondays!

### Expanding My World

1pm PST, 2pm MST, 3pm CST, 4pm EST

Connected by ZOOM!

**A ZOOM link will be sent to you when you register.**

All meditations are recorded and available 48 hours later.

Need to meditate? Click [HERE](#) to listen to "Expanding My World"



*Expanding My World*

Please join me on Meditation Mondays to bring peace within and release the daily stresses of life!

Each meditation will have a different focus in tradition. It will be my honor to lead you to a peaceful state by guidance, shamanic drumming, language of light, breath work, rattling and more. Join me to help bring relaxation into your being.

Register [HERE](#) for Monday - 11/2/2020

Register [HERE](#) for Monday - 11/9/2020

Register [HERE](#) for Monday - 11/16/2020



*Angola Africa - On the way to Luanda - The men in the van!*

## Episode 10: Stories From Mother Africa!!!!

Please enjoy this monthly story telling.....In this episode, Enolia shares the lessons learned from speaking with the Men of Angola.....Episode 8 through 10 cover the complete story of "Men in a Van"

[Play Episode 10](#)

[Play Episode 9](#)

[Play Episode 8](#)

Kind regards,  
ENOLIA



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