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# ENOLIA

**August, 2022**

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## **Headed to Nepal**

I am truly grateful and humbled participating in the International Youth Day Global Youth Leaders in Katmandu Nepal during the second week in August. I will be speaking to the youth to share and inspire. To be asked to speak to these young people is an honor. The youth are our future and they must know that we support them, their gifts and their contribution to this world. I am excited to share my encounters of Nepal with you upon my return. Please stay tuned!

I am excited to be partnering with Krisztina Konya to offer a women's retreat in Barxeta, Valencia Spain from June 3rd to June 10, 2023. I want to invite you to join us for the Circle of Love and Light Retreat. Join us and go deep within, relax and find peace. We welcome you with open arms. You deserve to nurture yourself with massage, morning yoga and breath work, ceremony and activities that will take us into the richness of Valencia Spain. Take the time to view the video for the retreat to see if this appeals to you. Invest in you and join us!

Please join Bukeka Blakemore and myself and listen to the interview with Director, Producer and Writer Jerry Rapp. Known for his movies, we love his honesty and candid conversation of how he was able to empower and find his courageous self when growing up. I am sure you will enjoy this conversation.

I was excited to have a panel to share their feelings for "ENOLIA How I found my Sovereign Voice With My Grandmother Elder". Please take the time to listen and if it truly inspires you, acquire the book. Please share it and give the gift of personal empowerment. Let my story, help you on your journey.

Enjoy the recent and upcoming interviews, discussions and podcasts for the month.

I invite you to explore the many free resources for you to enjoy on my website under [media](#) and [meditations](#).

I am available for [Coaching Sessions](#) for true conscious transformation.

[Contact me](#) directly by email.

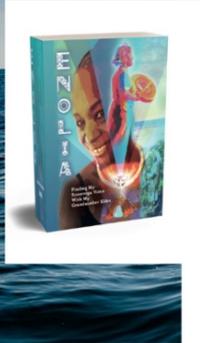
*Learn from my story*

**BOOK AND  
JOURNAL  
NOW  
AVAILABLE  
IN  
AMAZON**

July 15th, 2022 10am EST ~ LIVE @GlobalNetworkingG100



*Finding My Sovereign Voice With My Grandmother Elder*  
DISCOVER YOUR SOVEREIGN SELF JOURNAL



Enjoy this Panel Discussion with Conversations about ENOLIA - How I found my Voice with my Grandmother Elder

**PLAY VIDEO PANEL REVIEW NOW!**

**Purchase the book and journal here: [Purchase Now](#)**

## TRAVEL WITH US TO SPAIN!



### Join us in Barxeta Valencia Spain for a Women's Retreat!

We are so excited to invite you to this wonderful opportunity. The time is now to invest in you! Relax, engage, and enjoy this beautiful location. To learn more about the retreat center, [play this video](#). To learn about the retreat, check out my website at [www.enolia.live](http://www.enolia.live). The time to act is now!

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**GLOBAL CHANGEMAKERS AWARD 2022**  
**&**  
**GLOBAL YOUTH LEADER'S CONFERENCE**

*A Tribute to world's Greatest Changemakers*

Mahatma Gandhi      Nelson Mandela      Martin Luther King

**AWARDEE**

**MS. ENOLIA BIRDIE FOTI**  
**CATEGORY - : HUMAN RIGHTS**  
**COUNTRY: UNITED STATES**

*On International Youth Day*  
*12 August ,2022*  
*At Kathmandu, Nepal*

DESIGNING PARTNER - OFFER4U7 (M)9356917424

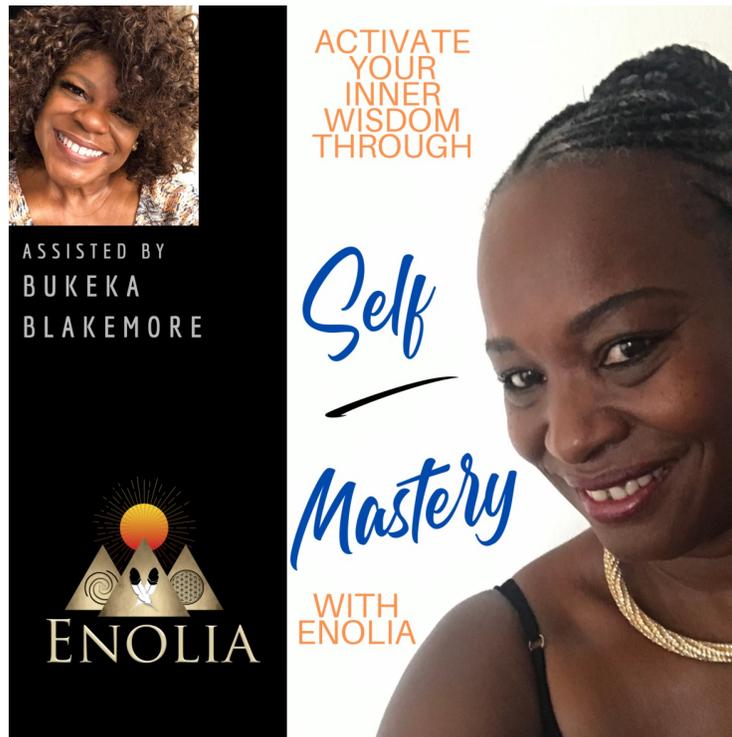
Supported by      An Initiative by      Organised by

Damsale      PROJECT 100      INTERNATIONAL YOUTH SOCIETY      IYC      Nepal Youth Organization

For more details: Call us at **Nepal +977 9803278325 | India +919270044333**

Youth is the most powerful section of any society. It has the energy, aspiration and motivation to do good and change the world for all its citizens. August 12th is celebrated as the International Youth Day across the world. This day brings motivation, courage and inspiration to us and we are committed to sharing it with individuals and organizations that are selflessly providing their services to the communities and people who are in dire need of help. Therefore, Project 100 proudly presents Global Changemakers Award (GCA) to facilitate and acknowledge the contributions such individuals and organizations have made to society. The Goal of the Global Changemakers Award is to give tribute to the greatest changemakers of all times Mahatma Gandhi, Nelson Mandela and Martin Luther King Jr. They need no introduction, their work itself was their message. Similarly, there are many unsung heroes who don't believe in just talking about the work but show it through action. Project 100 salutes such individuals and wishes to confer them with the title Global Changemakers.

I am grateful for my work to be recognized by this organization. A Special thank you the the Project 100 Chairman Suraj Gaikwad and Namita Ghimire, Chairman Human Harmony Nepal. This could not have happened without your diligent work and genuine care.



## Empower Achieve Succeed Through Self Mastery

introduces a methodology for conscious transformation ~ a mindset, with tools to integrate our inner wisdom. This mindset will establish a “strong” foundation to build upon, to leverage with daily personal, entrepreneurial and professional life situations. The integration and use of the tools presented creates a shift in our lives and move us into inspired action.

What You Will Leave With

- Self-confidence and understanding of the impact of your truth.
- Further, develop leadership skills and the importance of your values.
- How to handle judgment and no longer give your

power  
away  
when  
judgment  
is  
projected.

- Focus  
on  
inner  
clarity,  
strength,  
and  
integrity  
to  
self.
- Increased  
focus,  
attention  
&  
conscious  
decision-  
making.

A finely tuned program to maximize your results based on 25 years of experience.

[Learn More Now](#)

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## EMPOWERING PARTNERSHIPS

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**B.E. Empowered Podcast with CoHost Bukeka Blakemore and  
ENOLIA**



## **Special Episode: Episode 22 ~ Interview With Film Director Jerry Rapp**

**[Play Now](#)**

Please enjoy anyone of our episodes for our podcast. If these discussions move you, PLEASE SHARE and get the word out. The episodes come out every two weeks.

**[Play Previous Episodes Now](#)**

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## **Coming to Michigan in September!**

**Are you interested in Making a Drum in Ceremony? We will also be holding Spiritual Drumming and a Women's Empowerment Evening. Register with Taiya Himebauch to attend at 734-625-4253**



Enolia presents

# THE INDIGENOUS



## ART OF



## DRUM MAKING

A special ceremony in celebration of birthing a 16-inch hand drum, using traditional assembly techniques

Tuition: Includes drum making materials: hand drum frame, raw hide skin, sticks for drum beating,  
Deposit: \$200 due by Friday, August 19th.  
Balance due \$125 September 1st, 2022.

For each registered participant, \$15 will be donated to Expressions of Humanity Foundation - [www.expresshumanity.org](http://www.expresshumanity.org)

Sunday, September 11th

9AM TO 4PM

Sponsor: Taiya Himebauch  
LOCATION: Maybee, Michigan  
Class Registration: 734-625-4253  
[www.enolia.live](http://www.enolia.live)



ENOLIA

PRESENTS

# SPIRITUAL DRUMMING

AN INTERACTIVE WORKSHOP

In this workshop you will experience:

- \*The many voices of the drum
- \*How the drum is an extension of yourself
- \*How to focus meditations when drumming
- \*How to dissolve negative emotions and to drum in ceremony for spiritual healing.

Sponsor: Taiya Himebauch

Registration: 734-625-4253

September 9th, 2022

Saturday, 5:30pm -8:30pm

Maybe, Michigan

Cost: \$33



"NO MATTER WHAT YOU ARE THINKING AND DOING WHEN YOU HEAR THE DRUM, IT CALLS TO A PLACE DEEP WITHIN. IT CONNECTS TO YOU FROM WITHIN; YOUR BONES, YOUR HEART AND YOUR NATURAL RHYTHMS.

THE BEAT OF THE DRUM BRINGS YOU DOWN TO EARTH, OUT OF YOUR HEAD, INTO YOUR HEART AND CONNECTS YOU TO MOTHER EARTH." -ENOLIA

"OPEN YOUR HEART AND MIND TO THE HEALING ENERGY OF THE DRUM. IT IS A CELEBRATION OF LIFE THAT GENERATES JOY AND HEALING POWER."

## Work in Mauritius

->Feeling so blessed and humbled to work in Mauritius as the Global Director with WE Champions. The opportunity to work with Divesh Sreekeessoon and Queen Nadia Harehiri to initiate the vision for WE Champions...gifting youth in schools bringing school supplies, and supplies to do urban planting as well as planting trees to bring awareness to its importance brings joy to the soul. This and many other initiatives were achieved in Mauritius while the Queen was present.



*Enolia, Queen Nadia, Divesh*



*Village of Triolet, Blood Drive Parade*



*Queen Nadia  
Harehiri*



*Pont Du  
Tamarinier  
School, Mauritius  
Africa*



*Pont Du Tamarinier School, Mauritius  
Africa*



*MPLC Law Chambers, Mauritius Africa*



*Enolia, Jayshree, Queen Nadia*

After the queen's departure, I was able to work with Raj and Div Sreekeessoon for some of my own goals for speaking on empowerment and introducing myself to the Mauritian Community for Shamanic Workshops. I was a Guest on Encounters a local Mauritian TV Show with Host Roshan Hassamal. A beautiful enlightened soul that is a gift to the media industry. The interview was focused on both empowerment of people and my shamanic work. I was able to do two separate Shamanic Ceremonial workshops while in Mauritius. It was a special treat to work with Guru Raj Sreekeessoon while in attendance in Mauritius. There are many roads to honor spirituality and it is my honor and with deep respect that I learned much more about Hinduism. To also have Raj and Div's support during my workshops was phenomenal. I will return to Mauritius in November.



*Interviewed by TV host Roshan Hassamal - Encounters, Enolia, Divesh*



*First Shamanic Workshop/Ceremony*



*Sacred Fire Ceremony*



*Priya and Raj Sreekeessoon - Prayers for sacred fire*



We could not have asked for a better sign. Four days in a row, a rainbow shine - full arch each day after a brief rain. Sign from above and all I feel in my heart is Gratitude! I want to say a **SPECIAL THANK YOU** to the Sreekeessoon family that treated my like a Queen with the Queen present and even after the Queen was gone! It is with great gratitude and all my heart, I say thank you!!!

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*Ivy I.*

Episode 50

**Today's Conversation with**  
**Special Guest Infinity Anahata Love**

**Topic: Letting Go Of The Past**

Has the past kept you from being present and embarking upon your future?

Why do we sometimes feel obligated to people, places, and things of the past?

Isn't today A beautiful day to set yourself free and be present enough to create the future that you deserve?

Infinity Anahata Love joins Enolia and Sara Jane for this powerful discussion and you can join in by using the live chat to comment and ask questions.

Wednesday, August 3rd, 2022 11:30 am PST, 12:30 PM MST, 2:30 pm EST, 7:30 pm BST, and Angola

[Register Now](#)

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*Kristi*

Episode 51

**Today's Conversation with  
Special Guest Kristi Borst**

**Topic: In This NOW: Harnessing Your Power While You Await Your Purpose**

Wednesday 24th August ~ 11.30am PDT – 2.30pm EDT – 7.30pm BST

I think of the Light as an aspect of Creator. As we shed the negative emotions of the ego, letting go of what doesn't serve us, we move closer to the Light.

We are conditioned from childhood to internalize information from our parents and bureaucracies, telling us what we "should do." It's our task to tease out what is true for us. In this effort, feelings will need to be processed to support the resultant change.

We can choose love over fear in the many decisions we make daily, remembering that compassion is an everyday experience.

As we develop self-love and compassion, which flows out to others, we move closer to the Light. We move away from 3rd dimensional influence to our multisensory/multidimensional capability.

There is more peace and serenity as we move in this direction - out of the darkness into the Light.

Join Sara Jane, Enolia & their guest Linda Marsanico, live, for what promises to be a beautiful and

inspiring conversation, and share your thoughts and comments in the live chat.

## Register Now

### Kristi Borst

Kristi Borst is an integrative quantum healer (mind-body-spirit-emotions), supporting individuals, couples and groups through her Perspective Reboot® spiritual empowerment and healing process and her Kore HealingSM mp3s.

Her natural healing process realigns and empowers the wounded inner child selves, and selves beyond this time/space reality, who often hold the keys to our BEing.

Her process also balances and releases emotions and discordant energy at the root of physical pain and dis-ease.

Kristi lives in southern Maine yet serves clients worldwide through Healing Resonance llc with Kristi Borst. Release what no longer serves you ...

<https://www.healingresonance4.me/>

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## July Archives

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Here is my speech from the WYN Ultimate Women's Expo

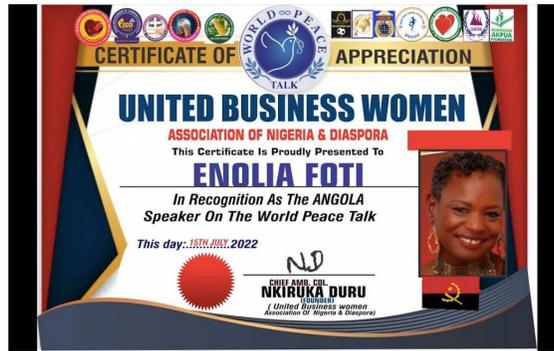
on July 14th, 2022 held in New York City.

**My topic: Empower Achieve Succeed through Self Mastery**

**based on my Online program methodology.**

[Play Now](#)

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Thank you for the opportunity to speak on this platform for world peace. It starts within each and every one of us. I am sorry that the speech was not made available. Please know that I am and will always remain an Ambassador of Peace.

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Episode 48

**Today's Conversation with**

**Special Guest Tammie L. Watson**

**Topic - Life Worth Living: CPR ~ Getting UnsTuck and Living Your Life**

**[Play Now](#)**

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Episode 49

Today's Conversation with  
**Special Guest Linda Marsanico**

Topic: Love & Compassion: Moving Toward the Light

[Play Now](#)

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Kind regards,  
ENOLIA

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