

Like

Tweet

in



# ENOLIA

**November 2022**

---

## **Highlighting Wellness**

I hope you will take the time to listen to the speakers from our Wellness Summit. Not only are there powerful stories, but the ability to learn from one another is tremendous. The Summit represented 10+ countries from around the world. If a story touches your heart, please do share with those it make assist. If you do not want to share the complete summit, please subscribe and check out my [YOUTUBE](#) channel which has the individual speeches available for the public.

I am also announcing day 30 Day Know Thyself program for all who are interested in initiating the shift for personal growth and development. We all strive to reach career and life achievements without necessarily building a strong foundation. That foundation is our own personal ability to engage not through the eyes of pain, trauma, insecurity or otherwise, but a position of strength, courage and confidence fully trusting ourselves and our abilities. If this resonates with you, please do check out the 30 Day Program. It is waiting for you!

I invite you to explore the many free resources for you to enjoy on my website under [media](#) and [meditations](#).

I am available for [Coaching Sessions](#) for true conscious transformation.

[Contact me](#) directly by email.

---

Enjoy this Panel Discussion with Conversations about:

## ENOLIA - How I found my Voice with my Grandmother Elder

Purchase the book and journal here: [Purchase Now](#)



Learn from my story  
**BOOK AND  
JOURNAL  
NOW  
AVAILABLE  
IN  
AMAZON**



[PLAY NOW](#)

## TRAVEL WITH US TO SPAIN!

Authentic leadership through conscious transformation retreat  
June 3 to June 10, 2023 - Spain

EXCLUSIVELY FOR YOU



**What you will get:**

- Powerful transformational tools
- Sacred Circles
- Guided meditations, activities

You will learn to trust yourself at utmost.

 **Register here**  
[www.enolia.live](http://www.enolia.live)  
[www.krisztinakonya.com](http://www.krisztinakonya.com)



## Join us in Barxeta, Valencia Spain for a Women's Retreat!

We are so excited to invite you to this wonderful opportunity. The time is now to invest in you! Relax, engage, and enjoy this beautiful location. To learn more about the retreat center, [play this video](#). To learn more, check out the [retreat](#) on my website [www.enolia.live](http://www.enolia.live). The time to act is now!

---



## GLOBAL EMPOWERED WOMEN TALK SHOW-SERIES 11

November 2nd 7pm Myanmar time



Guest Speaker  
Enolia Foti



Host  
Ms.Suni

Discussion about Guest Speaker's journey on  
women empowerment

ZOOM ID: 89507804270

Passcode: 943994

@empoweredwoman

**Please Join Me**

---

**B.E. Empowered Podcast with CoHost Bukeka Blakemore and  
ENOLIA**



**Special Episode: Episode 26 ~ Lets Grow through what we  
Go through...**

**[Play Now](#)**

Please enjoy anyone of our episodes for our podcast. If these discussions move you, PLEASE SHARE and get the word out. The episodes come out every two weeks.

**[Play Previous Episodes Now](#)**

---



*Star Thomas-Wyse*

Episode 56

**Today's Conversation with**  
**Special Guest Star Thomas-Wyse**

**Topic - Love is an Inside Job**

Wednesday, November 12th ~ 10:30am PDT – 1:30pm EDT – 7.30pm BST & 8:30 Angola

There is a process that happens when you are in an abusive relationship.

Feelings of being a prisoner in your own home and undeserving emotions can overwhelm you because you are living in fear.

You come to a point when you know that it is time to leave - this may save your life.

We must create a space to heal separately from the abusive environment. It's a space to go within and heal to know that you are worthy.

Your body has needs: to be nourished, cared for, and need of self-love. All of these things come together to balance out the body.

**Register Now**

Bio

I am a hands-on healer with nearly 50 years of experience with a toolkit that includes many modalities. As a licensed minister and wiccan high priestess, I have experience creating and leading ritual and life passages. In my journey as an Anointing Priestess and Myrrhophore, I am called to practice the art of AromaAlchemy in my work.

I have lived abroad and been blessed to travel a large portion of the world meeting people and stretching my capacity to love. Everywhere I've traveled, whether somewhere on the planet or into the depths of my inner landscape, I have emerged with a deeper understanding of the immense beauty life holds and a renewed desire to help people see that beauty within and without.

Gmail: starwyse@gmail.com  
Website: starthomaswyse.com  
Facebook: <https://www.facebook.com/anointingpriestess>

---



*Dr. Shauli Mukherjee*

Episode 57

**Today's Conversation with**  
**Special Guest Dr. Shauli Mukherjee**

**Topic: Are We Ready for a Transformational Era in Education?**

Wednesday, October 26th ~ 11.30am PDT – 2.30pm EDT – 7.30pm BST

There is an urgent and pressing need to re-imagine and redefine education to suit the needs and demands of an ever changing and constantly unfolding volatile, uncertain, complex and ambiguous world.

A complete mind-set shift is required to re-imagine education and learning that will essentially suit the learning needs and demands of the present generation of youths.

Join Sara Jane, Enolia & their guest Dr Shauli Mukherjee as they discuss and explore the possibilities of a new and better education system for all and feel free to join in, in the live chat.

**Register Now**

Bio

PROF. (DR.) SHAULI MUKHERJEE is a passionate academician, global thought leader and internationally acclaimed inspirational speaker with more than 23 years of expertise in the education space.

She has been awarded as India's Top 50 Women Leaders in the Education Industry and Top 20 Revolutionary Eduleaders as well as among 99 Women Achievers of India for the year 2021 .

She has also been listed among the Top 50 Most Courageous Women in Business, Leadership and Entertainment in 2022. She is currently the Director of School of Education and Associate Dean of

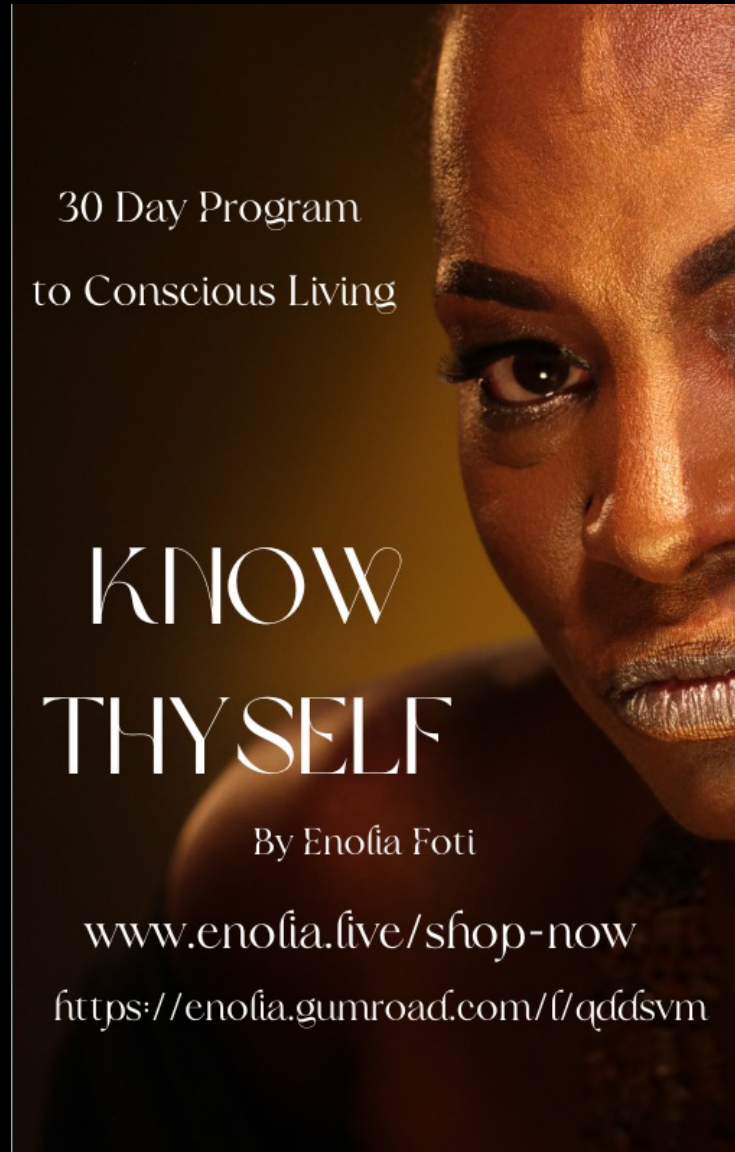
School of Liberal Arts and Culture Studies at Adamas University India.

Social Media Handles:

<https://www.linkedin.com/in/dr-shauli-mukherjee-2b1a4b89>

<https://www.facebook.com/misti.banerjee.1806>

<https://www.instagram.com/dr.shaulimukherjee>



## **Know Thyself**

### **30-Day Program to Conscious Living**

Know Thyself is a 30-day program of Conscious Transformation. It is the foundation of getting started in self-reflection, insight, and daily progression. This program is a 30 day guide by asking questions via video and ebook journal of yourself daily for direct personal growth. It is the initiation of your own personal journey, that lays the foundation. If you then choose to pursue Enolia's programs in their entirety, will change the course of your life.



[Learn More Now](#)

---

## October Archives

---



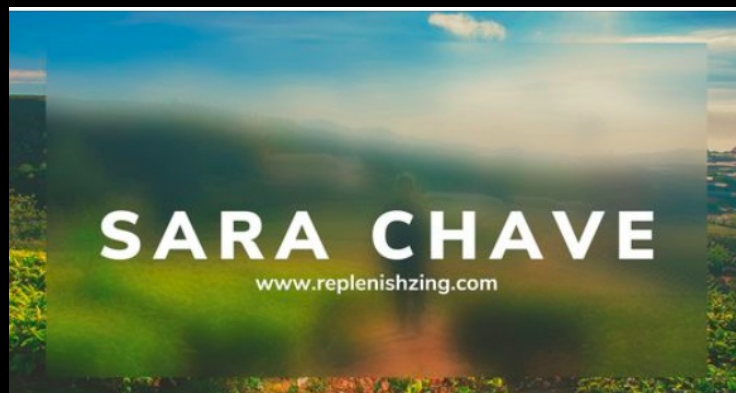
**Enolia Interviews Crystal Gunn, CEO of the Amazing Woman Network on her message "We are Better Together"**

~~~~~

[Play Now: We are Better Together \(5 minutes\)](#)

[Play Now: Interview](#)

---



**Enolia interviews Sara Chave**

People are waking up! Really enjoyed my conversation about the awakening process...

[Play Now](#)

---



*Gayle Nowak*

Episode 55

**Today's Conversation with**  
**Special Guest Gayle Nowak**

**Topic: Living & Leading Sourced in the New Earth**

[Play Now](#)

---



*Lela Greenough*

Episode 54

**Today's Conversation with**  
**Special Guest Lela Greenough**

*\*Topic: Healing the Body While Healing From Abuse*

[Play Now](#)

FIRST ANNUAL ONLINE  
WELLNESS SUMMIT  
OCTOBER 14-16, 2022

ORGANIZED BY



**ENOLIA FOTI**  
**CEO**



**KRISZTINA KONYA**  
**CEO**

*Krisztina  
Konya*

THE BEST OF THE BEST

[Day 1, Part 1 - Play Now](#)

[Day 1, Part 2 - Play Now](#)

[Day 2, Part 1 - Play Now](#)

[Day 2, Part 2 - Play Now](#)

Kind regards,  
ENOLIA



©2022 ENOLIA | 200 South Jefferson Sr RM 1 STE 193 Winchester TN 37398

[Web Version](#)

[Forward](#)

[Unsubscribe](#)

Powered by

[GoDaddy Email Marketing](#)®