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# HAPPY

*New Year*

# 2023!



## ENOLIA



**JANUARY 2023**

### **New Beginnings!**

I am so excited about what 2023 has to bring. This is the time of New Beginnings. Where we say thank you to what has served us in 2022 and initiate our dreams to bring to fruition as the new year begins.

You are invited to my book launch taking place January 7th, 2023 at 6pm

Angola, time 5pm UK time, 8am PST, and 12pm EST. I am excited to share from my two new books "The 7 Principles for Self-Master" & "Know Thyself: 30 Day program to Conscious Living. There will be readings, Giveaways and lots of fun. Register [here](#) if you want to attend, I hope you will join me.

I have said thank you to Sarah Jane, my co-host for Today's Conversation. After two and a half years of doing the show, my time has come to an end. The show will continue with a new co-host. I wish Sara Jane and her new co-host continued success in 2023.

I will be starting my own new podcast/videocast show called "The Infinite Way - Where Spirituality Meets Humanity". The show will be premiering this month. To be able to attend the premier, sign up to my YouTube channel [here](#). I will always put the previous months show in my newsletter if you have missed it.

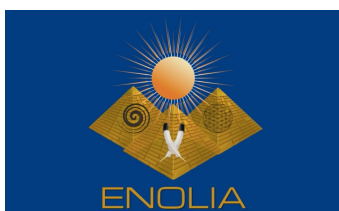
As you all know I am one who studies ancient knowledge. I will be bringing some of this knowledge to my newsletter each month with a favorite video pick to learn from. This month is about affirmations and my video pick is from Billy Carson. Enjoy!

I will be the key note speaker for the International Youth Development Conclave-2 to be held in, Ellenabad Haryana (India) from 27th–30th Jan. 2023. I have never been to India before and am excited to meet and inspire the youth.

It's not too late to join the Women's Virtual Speaker forum. Registration will be open until Thursday the 5th, 2023 5pm EST.

Lastly, I hope you will consider joining me in Spain for our women's retreat to engage your authentic Leadership. We are excited to explore ourselves and enjoy the beauty that Spain has to offer.

I do not know what the new year will bring, but I want you to know that I am ready and appreciate each and every one as we all journey through life together. May you be blessed as we journey through 2023. I hope you are excited, I know I am. Love and blessings to you all!



## **ANCIENT WISDOM IN MODERN TIMES**

**THIS MONTHS FOCUS:**

## AFFIRMATIONS

**LEARN ABOUT HISTORY AND ORIGINS OF AFFIRMATIONS  
HERE**

**ENJOY QUEEN MA'AT AFFIRMATION MEDITATION 528 HZ BY  
ENOLIA HERE**

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**YOU ARE INVITED!**

**VIRTUAL BOOK LAUNCH**

**FREE GIFT GIVEAWAYS**

**JANUARY 7TH, 2023**

**9am PST, 12pm EST, 5pm UK, 6PM Spain & Angola**

**[Register Here](#)**

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## MY BOOKS

**The 7 Principles for Self-Mastery: Empower Achieve Succeed  
Methodology**

**Know Thyself: 30-Days to Conscious Living**

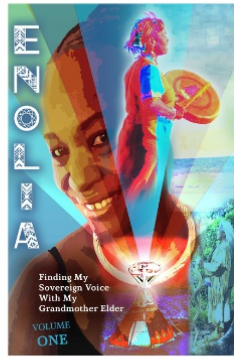
**ENOLIA - How I found my Voice with my Grandmother Elder**

**ENOLIA - Discover Your Sovereign Self Journal**

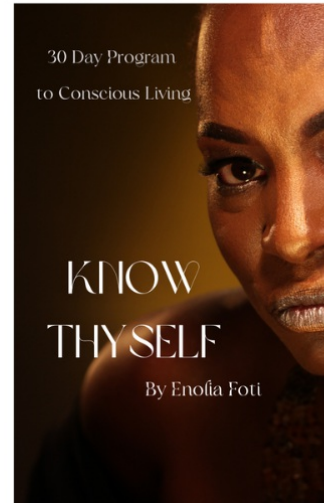
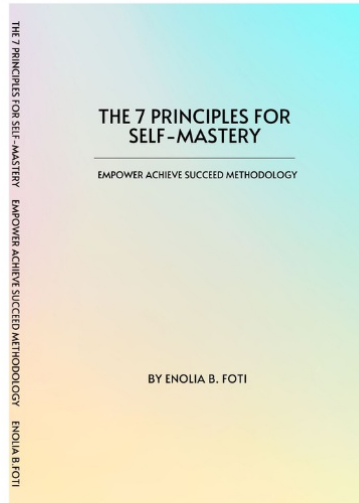
**Purchase the books here: [Purchase Now](#)**

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# BOOKS NOW AVAILABLE ON AMAZON



## ANNOUNCING 2 NEW BOOKS:



**The 7 Principles for Self-Mastery:  
Empower Achieve Succeed Methodology**

**Know Thyself:  
30-Days to Conscious Living**

### About the Books

#### **The 7 Principles for Self-Mastery: The Empower Achieve Succeed Methodology**

Empower Achieve Succeed (EAS) Methodology allows you to go within and discover whom you believe you are, by observing. Using the 7 principles, what you will find is who you are not. You will realize through observing your own mind, the stories we tell ourselves and how to let go of false identities. Only then will you truly master-self.

Failure is attributed directly to what we believe. If we believe something will not work, it won't. It does not matter if your beliefs are false in reality, if you perceive them to be true, that is all it takes. Your attitude and what you believe directly shape and influence your decision-making. Our beliefs control and influence our attitudes, and our ability to achieve. These limited beliefs unconsciously become our normal way of thinking that we repeat over and over again until the pattern sets in and becomes our norm.

With the EAS methodology, you are the observer of your own thinking, patterns,

fears, and judgments. The 7 principles are tools we already possess to keep us on the task of how we think, observe our logic and understand what motivates our actions. We learn to walk through life conscious of what we say, think, feel, and do. Our thoughts are what create reality and our reality is what we choose to make it. Consciously create a positive reality as your foundation that can be built upon.

The 7 Principles for Self-Mastery is the ideal book to go with my Master Class Empower Achieve Succeed Through Self-Mastery available on [www.enolia.live](http://www.enolia.live)

## **Know Thyself: 30-Days to Conscious Living**

Know Thyself is a 30-day program of Conscious Transformation. It is the foundation of getting started in self-reflection, insight, and daily progression. This program is a 30-day guide by asking questions via video and book of yourself daily for direct personal growth. It is the initiation of your own personal journey, that lays the foundation. If you then choose to pursue Enolia's programs in their entirety, will change the course of your life. the video portion of the program can be attained on [www.enolia.live/shop](http://www.enolia.live/shop)

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## **Join Our Spain Retreat!**

Authentic leadership through conscious transformation retreat  
June 3 to June 10, 2023 - Spain

EXCLUSIVELY FOR YOU

**What you will get:**  
Powerful transformational tools  
Sacred Circles  
Guided meditations, activities  
You will learn to trust yourself at utmost.

Register here  
[www.enolia.live](http://www.enolia.live)  
[www.krisztinakonya.com](http://www.krisztinakonya.com)





**HOLIDAY SPECIAL OFFER!!!**  
**FOR ONE MONTH ONLY**

**AUTHENTIC LEADERSHIP  
CONSCIOUS  
TRANSFORMATION  
RETREAT**

Sign up using the link below  
between 25th OF NOVEMBER  
to 25th OF DECEMBER

**FOR SPECIAL DISCOUNTS !!!!**



## **Join us in Barxeta, Valencia Spain for a Women's Retreat!**

We are so excited to invite you to this wonderful opportunity. The time is now to invest in you! Relax, engage, and enjoy this beautiful location. To learn more about the retreat center, [play this video](#). To learn more about the itinerary and

holiday discounts, check out the [retreat](#) on my website [www.enolia.live](http://www.enolia.live). The time to act is now!

**Last Call!**

**It's Not Too Late To Be A Speaker!**

**REGISTRATION ACCEPTED UNTIL THURSDAY 5PM EST.**

**REGISTER NOW**

  
ENOLIA

*Krisztina Konyva*

**POWERHOUSE WOMEN'S HIGHLIGHT**

What will your story be?

JANUARY 6-8, 2023

REGISTER NOW  
TO BE A SPEAKER

**AS A WOMAN, MY VOICE COUNTS!**

**Join Us!**

**POWERHOUSE WOMEN'S HIGHLIGHT: WHAT WILL YOUR STORY BE?**

**A Virtual Women's Conference.**

for details and registration select [LEARN MORE](#)

We invite you to consider applying to speak at the **Virtual Women's Conference on the 6th, 7th, and 8th of January** curated by Enolia and

Krisztina Konya.

We are calling on all bold female leaders to kick off 2023 with the POWER OF YOUR VOICE AND LEADERSHIP!

Share your stories, views, and experiences on our international platform to motivate, encourage and inspire.

We are looking for topics in the following areas:

- Personal stories about courageousness and making a difference in your community or industry
- Being a change agent
- Societal movements or skills of pioneering
- Organizational change
- Ideas to support women in a collective effort
- Bold examples made a difference in our life, community, and world
- Empowering women through corporate efforts in the workforce

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## Introducing

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I am excited to be starting my own podcast this month. The Infinite Way "Where Spirituality meets Humanity" stay tuned to hear more!

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**I am excited to be a Keynote Speaker at the**



**International Youth Development Conclave-2**  
to be held in, Ellenabad Haryana (India) from 27th–30th  
Jan. 2023



**International Youth Development Conclave-2**



**Interview with VoyageLA Magazine - Los Angeles  
California**

Today we'd like to introduce you to Enolia Foti. Enolia shares her story with us below:

As a young girl, Enolia was always gifted. There was something about speaking with her that no one could put their finger on. You would have a conversation and somewhere in the midst of it, she would share exactly what you needed to hear to shift or inspire you.

**[Read Article Now](#)**

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## December Archives

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### My Final Episodes of Today's Conversation

**I have left Today's Conversation as a cohost and will be starting my own show. Here are my final episodes.**



*Star Thomas-Wyse*

Episode 56

**Today's Conversation with  
Special Guest Deborah Crowley**

**Topic - Serving the Elderly**

**Play Now**

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Episode 59

**Today's Conversation with  
Today's Conversation with Scott Holmes & David**

**McLeod**

**Topic: Right Around the Corner**

**Play Now**



*Scott Holmes*



*David McLeod*

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**Kind regards,  
ENOLIA**

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