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## August 2023

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There are many things that we take for granted that are in plain sight. In my focus of understanding the meaning of symbols and words that have always been apparent, I started looking them up. One of the most obvious things we encounter is the name of the month we are in. Do you know what "August" means or where it came from? Here is a fun fact. The word "August" comes from Latin "Augustus," which means "venerable" or "majestic." It is derived from the Latin adjective "augustus," which was used to describe someone or something that inspired awe or reverence.

In ancient Rome, "Augustus" was also used as a title for the first Roman Emperor, Gaius Octavius Thurinus, who later became known as Augustus Caesar. He was the adopted son and heir of Julius Caesar and ruled as the first Roman Emperor from 27 BC to 14 AD. The month of August was named in his honor.

I look forward to traveling to the Native Nations Festival on September 16th & 17th of September in Upstate New York in a town called Painted Post. It will be wonderful to touch down in the United States and participate in this beautiful and sacred festival to honor all nations as we gather to dance, sing and share storytelling. This gathering is FREE and an excellent educational experience if you are not familiar with the Native American Experience. Please join us as I will be in attendance as one of the Grandmother Elders and Spiritual Leaders. [Learn More](#)

It was wonderful to be invited to the Black Business Network to share about my roles in two businesses and to moderate my peers who were sharing about their businesses. If you are interest, I have linked to my keynote speeches and share the moderation of fellow business owners.

The registration for the Awakening the Power Within Speaking Conference to be held in Abuja,

Nigeria on March 8th, 2024 is OPEN! This is in celebration and recognition of International Day of the Woman. If you have always wanted to visit Africa and speak in a conference, this 3 day experience will be ideal for you. [Learn More](#)

We have had some powerful topics on "The Infinite Way: Where Spirituality Meets Humanity" podcast/videocast. I invite you to learn about Storytelling From Obehi Enwanfoh and Wings for Life International from Raymond Bomba. Take the time and hear the stories of how some of these unsung heroes traversed the most adverse circumstances and still give back to humanity. [Learn more](#) There are many more inspiring people and stories to listen to and share. I hope you find what inspires you!

Much love and gratitude!

Grandmother Enolia

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## PAINTED POST, NEW YORK - USA

### JOIN US AT THE 2023 NATIVE NATIONS FESTIVAL

**Saturday, September 16, 2023- 9 am-6 pm & Sunday September 17, 2023, 9 am-4 pm**

**Located at: Y at Watson Woods, 9620 Dry Run Rd. Painted Post, NY 14870**

**FREE and Open to the Public**



JOIN US AT THE NATIVE NATIONS FESTIVAL

### A FREE INTERACTIVE POW WOW

**September 16 & 17, 2023 10 am to 5 pm**

I WOULD LIKE TO INVITE YOU as one of the co-founders of this culturally enriching event, I am one of the Grandmother Elder's in attendance to education, to share, and to serve.

Seven Generations of Stewards presents a Native American Cultural Celebration featuring: Live Drumming, Singing & Traditional Dance, Arts & Crafts, Intertribal Teachings, Hands on Native Games, Native American Food and much more. Rain or Shine! This year will feature our MC, Louis

Mosfee, the Thunderbird American Indian Dancers, the Nahui Ollin Aztec Dancers, the return of the Old Bridge Singers, and story teller Leeora White!

This program is made possible, in part, with public funds from NYSCA's Decentralization Program, administered regionally by the ARTS Council of the Southern Finger Lakes and Humanities New York/Action Grant.

The Seven Generations of Stewards is a 501c3 organization dedicated to educating the public about Native heritage, history, and culture. Founded in the year 2017 the organization promotes a number of educational events throughout the year. To learn more about our organization, we invite you to visit our [website](#).



I was honored to participate as a Speaker and a moderator on the Black Business Network.

On Monday the July 24th, 1pm Enolia Spoke about Enolia, LLC and her Master Class and Coaching Certification - Empower Achieve Succeed through Self-Mastery. ([www.enolia.live](http://www.enolia.live)) [Play Now](#)

On Tuesday July 25th, 2023 Enolia was invited to moderate - [Play Now](#)

On Saturday July 29th, Enolia was invited as a Speaker and spoke on VisionAfric Development ([www.visionafricdevelopment.org](http://www.visionafricdevelopment.org)). [Play Now](#)



**GLEBM** SPECIAL EDITION 2023

**TOP 50**  
Impactful Women

I was inspired on this Impact Journey by My Mother  
- Enolia Foti

Promoting Mental Health and Emotional Well-being in Women

Meet **Enolia Foti**  
Founder ENOLIA LLC

7 Amazing health Benefits of **BEETROOT**

QR code linking to the article

I am grateful and humbled to be a part GLEBM and these tremendous women. Thank you Shirley Murphy for all that you do to bring forward these 50 impactful women. It is truly an honor to be recognized by my peers. To see the complete Magazine, and article, select the link below.

[Read Now](#)



"The Infinite Way Podcast - Where Spirituality meets Humanity Welcomes Alma Nexhipi"

Alma Nexhipi, known on social media as Alma LightWorker, She offers: Nutrition, Face readings and Birthday readings, Tong Ren Healing, and Energy clearings based on Chinese Medicine; Tarot reading and classes; Reiki Healing and classes; Akashic Records Readings, Healings, and classes; Meditation Healing with the Akashic Records; Channeled Paintings and she is also a trained Medical Medium. .

[PLAY NOW](#)



"The Infinite Way Podcast - Where Spirituality meets Humanity Welcomes Obehi Ewanfah"

Obehi Ewanfah, the author of Storytelling Series for Small Businesses and Content Creators and the host of Obehi podcasts.

[PLAY NOW](#)



### The Infinite Way Welcomes Raymond Fallah Bombo

Raymond Fallah Bombo is a renowned humanitarian, an advocate, a peace builder, and an influential figure in Liberia and internationally. He is the Country's Director of Wings For LIFE International, a non-profit organization that works with incarcerated people and those at risk of being incarcerated. Over the last decade, he has been actively contributing to peace and stability in Liberia, as well as providing access to resources to empower communities to better manage difficult situations.

[PLAY NOW](#)

You can subscribe and listen to other interviews on my YouTube Channel [HERE](#)

The Infinite Way has started its broadcast every Friday at 6pm West Africa Time & UK, 1 pm EST, 10 am PST.

**It premieres on YouTube and also Live on Streamyard via my Facebook under Enolia**

### Coming in August:

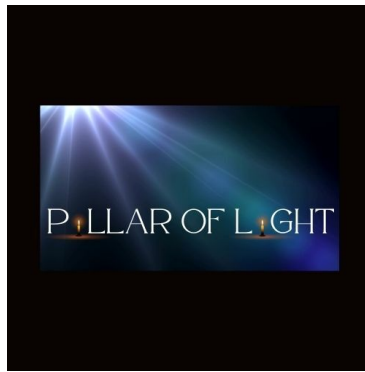
**August 4th**, Derick Duru Ofodirinwa is the host of The Medicine Shell where he teaches Igbo spirituality (USA/Nigeria)

**August 11th**, Dr Kiatezua Lubanzadio Luyaluka Leading scholar in the field of Bukôngo (Deomocratic Republic of Congo)

**August 18th**, Reverend Joslyn Farray Pierre - The Intuitive Wellbeing Educator is an Ordained Minister, Metaphysician, Integrative Nutrition Health Coach, International Award Public Speaker, and Author. - (Trinidad and Tobago)

August 25th, Dr Kiatezua Lubanzadio Luyaluka Part 2

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### **Calling Women Speakers**

Our Next Speakers Conference is October 13 & 14, 2023!

**Sponsored by Pillar of Light and Expressions of Humanity**

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**VALENCIA, SPAIN**

**JUNE 1ST THROUGH JUNE 8TH 2024**





## Authentic Leadership & Conscious Transformation

Retreat hosted by Krisztina & Enolia

Spain – June 1-8, 2024

**We Have Customized Payment Plans**

This is a lovely, tailored experience for women only. You will have the time and space to practice with us meditations, breathwork, and ceremonies - to nourish your body and your soul, to explore different states of consciousness while enjoying simplicity, tranquillity, and connection with nature.

With Krisztina & Enolia, you will experience complete renewal and you will gain a higher level of self-consciousness.

Our programs are specifically designed to reconnect you with nature, promote spirituality and encourage natural healing of the body.

The Authentic Leadership & Conscious Transformation Retreat is for YOU if you want to:

- \* Embrace change and call upon your courageous self.
- \* You are willing to open your hearts and tap into who you really are – the beautiful light being navigating through the experience we call life.
- \* Invest time and energy in the most important person in your life – YOU.



- \* Are ready to release what is holding you back.
- \* Deepen your intention for what you want out of your life.

What you will experience when you join the retreat hosted by Krisztina & Enolia:

- \* Powerful transformational tools will be given to you, we will hold the space for you to experience and expand by implementing the tools.
- \* Powerful – life-changing – shamanic ceremonies / Sacred circles
- \* Energy healing and understanding of oneself.
- \* Guided meditations – experience the power of the Language of Light
- \* Walking in nature and fun, outdoor activities – working on limiting beliefs, facing fears, and demystifying them.
- \* Plenty of free time/journaling
- \* and a lot more.

We have it all covered for you; so, you only focus on yourself and your well-being.

We would love to see you there!

Register on the links below:

[Register Now](#)

Need more information? Checkout Enolia's [website](#) or Krisztina's [website](#)

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## **NIGERIA, AFRICA**

### **Awaken the Power Within Speakers Conference**

**March 8th-10th, 2024**

In recognition of Women's International Day





## Now Open ~ Speaking Event in Abudja, Nigeria

In Person Conference

This speaker's conference welcomes the public to participate as a speaker or audience

Sponsored by She Rise, Pillar of Light, Enolia, LLC

### REGISTER NOW!

For Attendees, registration includes conference, lodging and meals only.

For Speakers, registration includes conference, lodging and meals with optional sponsorships and marketing packages.

The She Rise Conference, is organized by Women Reach Out with Initiative in partnership with Pillar of Light and Enolia with the theme of "Awaken the Power Within."

The She Rise Conference is a dynamic and transformative event dedicated to unleashing the latent power and potential that resides within every woman. It is a platform where we come together to ignite the flames of inspiration, foster personal growth, and empower ourselves to overcome challenges and embrace our authentic selves.

With the theme "Awaken the Power Within," She Rise will take you on a transformative journey of self-discovery and empowerment. We will delve deep into various aspects of personal development, leadership, and self-care, providing you with the tools and insights to unleash your full potential and make a lasting impact.

At this conference, you will have the opportunity to engage with accomplished speakers, thought leaders, and change-makers who have harnessed their own power within and made significant contributions to their respective fields. Their stories of triumph, resilience, and personal growth will inspire and empower you to embark on your own transformative journey.

Throughout the conference, we will explore a diverse range of topics, including self-belief, authenticity, mindfulness, breaking through limitations, and embracing vulnerability. Through interactive workshops, panel discussions, and networking opportunities, you will gain practical knowledge, strategies, and resources to help you navigate your personal and professional life with confidence and purpose.

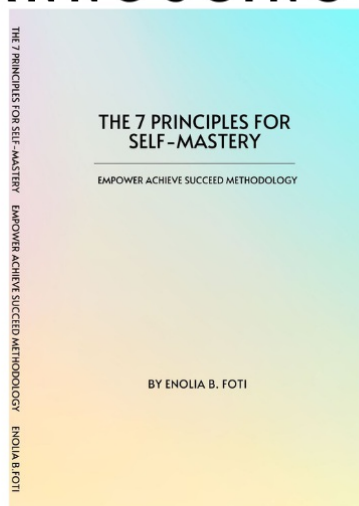
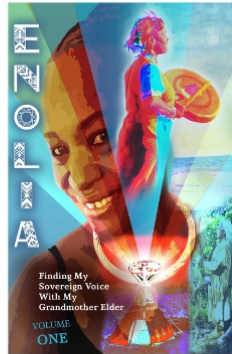
We are grateful to our esteemed partners, Pillar of Light and Enolia, for their unwavering commitment to women's empowerment. Together, we share a common vision of creating a world

where every woman is empowered to shine her light and fulfill her potential.

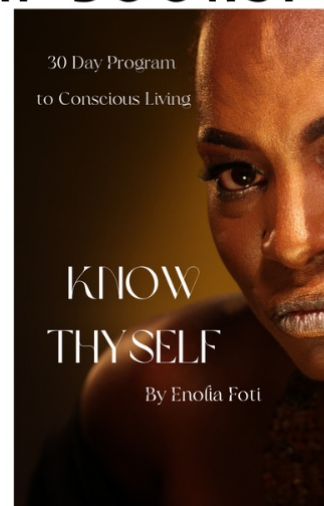
So, join us at the She Rise Conference and awaken the power within you. Let us come together, support one another, and create a ripple effect of empowerment that reaches far beyond the walls of this conference. Together, we can inspire change, break barriers, and make a lasting impact on ourselves, our communities, and the world.

# BOOKS NOW AVAILABLE ON AMAZON

## ANNOUNCING 2 NEW BOOKS:



**The 7 Principles for Self-Mastery:  
Empower Achieve Succeed Methodology**



**Know Thyself:  
30-Days to Conscious Living**

**Available on [Amazon.com](https://www.amazon.com)**

Kind regards,  
ENOLIA



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