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PILLAR OF LIGHT

LYIFESTYLE & BUSINESS MAGAZINE

ASIA | AFRICA | EUROPE | AUSTRALIA | AMERICAS

£8 | US \$10

Feature Stories



We are stronger
when we work
together

Speakers of Leadership and
Their Impact

Meet some of the most distinguished international
personalities who have carved a niche for themselves
in their industries



Enolia Foti

Entrepreneurs
paving the way
by working
together



Krisztina Konya



CO-EDITORS IN CHIEF MESSAGE

PILLAR OF LIGHT
MAGAZINE

We know that stories are powerful and have the ability to make you see yourself and life differently. As Krisztina says “We are all destined to greatness. And we all can succeed in all areas of our lives, if we learn to listen to the most important person in our lives”.

We hope you'll like Pillar of Light as much as we do!

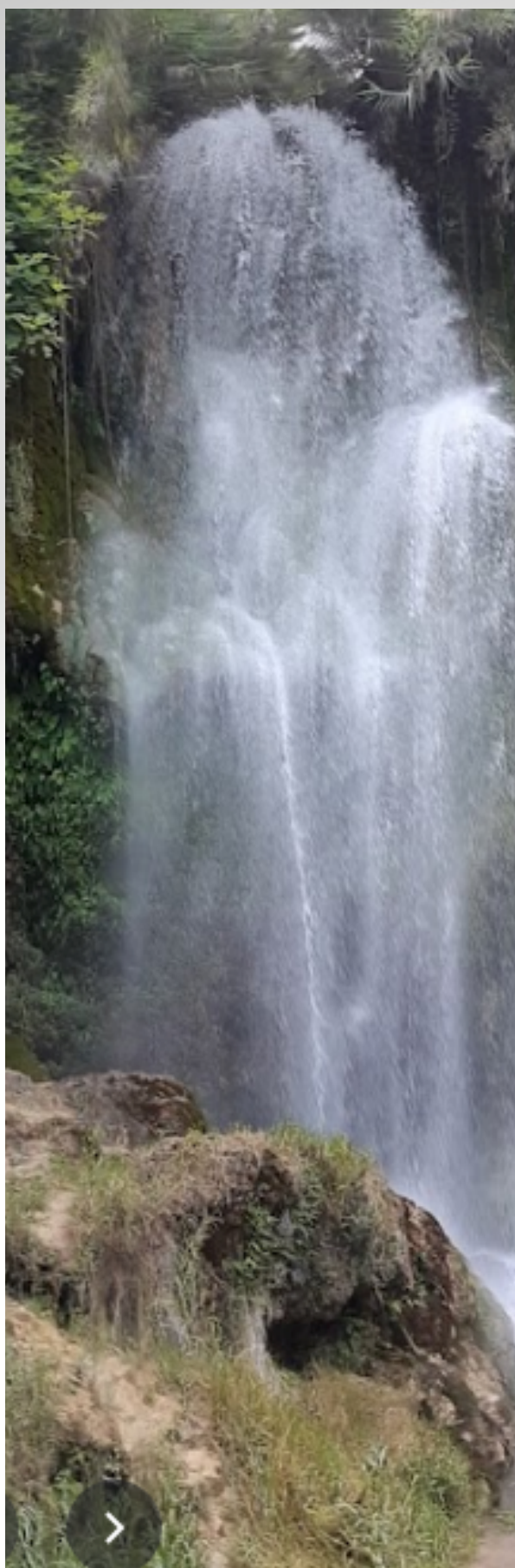
*Krisztina Konya
& Enolia Foti*

This Special Collectors Edition Magazine celebrates extraordinary personalities where award so not exemplify thier contribution, thus, find their exceptional and outstanding work acknowledged here in our first ever and exclusive Speakers Leadership and their Impact.



We are so excited to bring Pillar of Light to you in form of a magazine, brought to light from our passion to help, inspire and uplift others. We will never cease trying to bring you the best leaders, speakers, personalities from various backgrounds, for us to grow and shine our light together.

Enolia “Dream a beautiful dream or you will be dreamed”.



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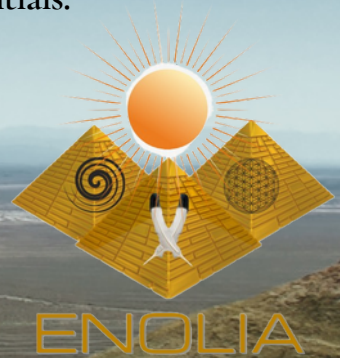
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ENOLIA FOTI

ENOLIA holds a BS in Mathematics from the University of Massachusetts in Amherst and an MBA from Regis University, where she graduated Summa Cum Laude from her class and was inducted into the Alpha Sigma Nu Honor Society. Her 20-plus years navigating the dynamics of the corporate world fortified her with leadership development, coaching, and various certifications. She holds several IT certifications and has networked entire IT solutions for global organizations in both profit and non-profit sectors as well as served on multiple boards.

ENOLIA is an award-winning international speaker and writer. A natural orator, ENOLIA harmonizes corporate experience with a broad knowledge base that includes many traditions from around the world. To motivate and inspire others to reach their goals, she shares the ancient wisdom she gained under the tutelage of Indigenous elders from the Ojibwa, Lakota, Yaqui, Hopi, Apache Nation of North America, Mapuche of Chile, Toltec of Mexico, Waitaha of New Zealand, and the Luhya of Kenya. She is also an initiate of the Ovimbundu of Angola and the Q'ero of Peru as a keeper of their cosmological traditions. She imparts her gifts to inspire and empower the soul by sharing her cumulative knowledge of ancient practices and teachings up through the present day. As a recognized indigenous Matriarch and Grandmother/Elder herself, Enolia walks her path as a teacher, counsel, and healer from the lessons of these elders.

Enolia is an Ambassador of Peace and Wellness, the Global Director of WE Champions, Co-Founder of TRE Global, and the CEO of ENOLIA, LLC. She is also the co-founder and CEO of Expressions of Humanity Foundation, which provides emergency humanitarian aid, promotes global activism, and provides life skill support to underserved communities, she leverages education as well as media and technology to build a global exchange of accessible knowledge, culture, and essentials.





Krisztina is a multi-award-winning spiritual coach, empowerment & authentic leadership coach and Usui Reiki Master; an award-winning international speaker, co-founder of WE Champions International Foundation and host of the Truth Runners Talk Show. Krisztina holds several certificates and has a bachelor's degree in business management.

KRISZTINA KONYA

Krisztina is profoundly passionate and believes that we are all destined for greatness and can be successful in all areas of our lives. However, the first step in achieving success is to unleash the power of self-love and to know ourselves well to understand who we are.

Her mission is to encourage women to find their path towards empowerment and to hold the space for them to achieve this by giving them some of the most valuable and practical tools that helped her personally with her journey toward self-development, self-love, and growth.

Philosophy

We are all beautiful souls having a human experience and were born destined for greatness. Our ultimate purpose in life is to be happy, knowing that we are both human and divine.

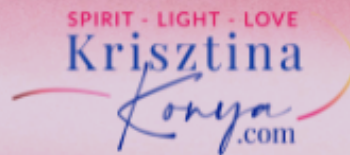
What inspires me

I must say that many things inspire me. I have learned to walk with eyes open in the world and to walk barefoot in life, meaning that I learned to be the observer of myself and others. I strongly desire to see how far I can go in my journey. I have a strong desire to help others, to hold the space for them to become the best version of themselves. We are beautiful souls having a human experience, and our purpose is to be happy. And for that, we must reconnect with ourselves and who we are. We are here to remember that we are not only human but also divine. We are the love and the light. To be the guide for others – to show them the way– makes me happy. What inspires me the most are people.

Krisztina
Konya

Rishikesh, India
23-24-25 June 2023

**Healing Journey
&
Spiritual Retreat**



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WWW.PILLAROFFLIGHT.LIVE

Maggie is a Neuro Linguistic Programming Breakthrough Health Strategist and Burnout Consultant as well as a Happiness Coach, a Wellbeing Mentor, an International Speaker, and the founder of Rewiring Yourself.

Maggie specializes in setting up personalized health strategies to avoid burnout, reversing medical conditions that have roots in emotional traumas, stress, addictions, and reversing mental ill health.

Maggie has a solid academic background with two degrees in Social Care, Educational Management, and Counselling.

She is currently undertaking the Neuro Linguistic Master Practitioner Coaching and Hypnotherapist qualifications.

Maggie believes that the best answers to solve our problems lie within us. We can all live the life we desire based on how physically, spiritually, emotionally resilient, intuitive, and mindful we become. The best answers for our lives lie within alignment between our values, our unconscious and conscious mind, and internal happiness. The best pharmacy is within our own body!

Maggie also believes that emotional traumas and stress are the roots of most of the medical conditions we develop throughout our lives. By tackling emotional and mental health in a therapeutic way combined with healthy lifestyle coaching, NLP, and hypnosis, Maggie is looking after her clients in a holistic way.

Maggie has been gaining experience and countless qualifications for the last 20 years of her coaching. Till now, she has coached over 2,000 clients from the age of 15 to 96, across the world. By working with a variety of conditions – from learning disabilities to special needs, physical impairments, mental health patients at a variety of psychiatric hospitals to ex-offenders, victims of various crimes, and even wheelchair users and UK military veterans,

Maggie is a well-rounded, highly educated and a greatly equipped coach, mentor and consultant.

Her clients' outstanding achievements were published many times all over the world.

MAGGIE ENGLANDER



NICHOLAS BARNES



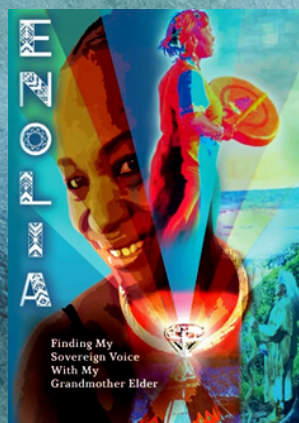
In 2007 Nicholas was injured quite severely which left him struggling with disability and Post Traumatic Stress Disorder (PTSD). In 2021, Nicholas Barnes overcame mental and physical ill health, and he is now a master hypnotherapist coach, professional emotion coach, practitioner in pain management, public speaker, and mindfulness teacher. Nicholas shows the world inspiration by leading by example in overcoming difficult challenges of emotions and of chronic pain through the warrior program he has founded.

Nicholas has been featured in Hoinser Magazine and The Business Innovators Magazine for his contributions. He has also been recognized and awarded a trophy for all the challenges he overcame and for the qualifications he has gained. Nicholas truly embodies that hard work pays off.

Nicholas is focused on the growth of his career week by week and enjoys enhancing his business skills which will further projects in helping his community and the world.

Nicholas is an ambassador for Expressions of Humanity Foundation (expresshumanity.org) raising funds for charity and dedicated to helping people through any cause of life.

BOOKS NOW AVAILABLE ON AMAZON



ENOLIA FINDING MY VOICE WITH MY GRANDMOTHER ELDER

An adventurous memoir/self-help hybrid that reveals the journey of Enolia, an African American, corporate climbing and technological superwoman from New York who achieved every accomplishment expected of her by her family, husband, children and bosses. Success brought the material trappings of a fine life but it wasn't enough. Enolia knew there was a greater depth and purpose to her existence than the stressful ritual of juggling work and home but she didn't know how to discover it.

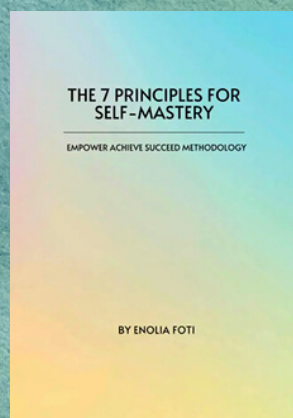
Available on Amazon and www.enolia.live



ENOLIA: DISCOVER YOUR SOVEREIGN SELF JOURNAL

A participatory and thought provoking journal for *Enolia: Finding My Sovereign Voice With My Grandmother Elder*. Here Enolia sums up lessons learned from chapters 1 through 12 read in *Enolia: Finding My Sovereign Voice With My Grandmother Elder* asking you reflective questions to inspire personal growth and development. Let her story help and inspire you on your own personal development journey.

Available on Amazon and www.enolia.live

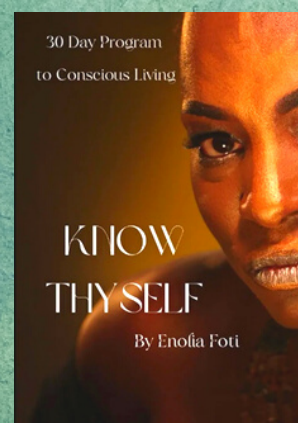


EMPOWER ACHIEVE SUCCEED METHODOLOGY

It allows you to go within and discover whom you believe you are, by observing. Using the 7 principles, what you will find is who you are not. You will realize through observing your own mind, the stories we tell ourselves and how to let go of false identities. Only then will you truly master-self.

The 7 principles are tools we already possess to keep us on the task of how we think, observe our logic and understand what motivates our actions. We learn to walk through life conscious of what we say, think, feel, and do. Our thoughts are what create reality and our reality is what we choose to make it. Consciously create a positive reality as your foundation that can be built upon.

Available on Amazon.



KNOW THYSELF: 30 DAYS CONSCIOUS TRANSFORMATION

It is the foundation of getting started in self-reflection, insight, and daily progression. This program is a 30 day guide by asking questions via video and eBook journal of yourself daily for direct personal growth. It is the initiation of your own personal journey, that lays the foundation.

If you then choose to pursue Enolia's programs in their entirety, will change the course of your life. This program comes with 30 video's that can be purchased on <https://enolia.live/shop/ols/products/know-thyself-30-day-program-video-only>.

Book available on Amazon.

A portrait of Nida Syed, a woman with long, straight, light brown hair, wearing a white button-down shirt. She is looking directly at the camera with a slight smile. The background is a soft, out-of-focus purple and pink floral pattern.

NIDA BATOOL SYED

Nida Syed is a great example of a woman leader as she believes her purpose in life is to help people. She is a strong believer of anything can be achieved as long someone is willing to put in the work and effort. She combines psychology with holistic approaches as they go hand in hand. That's why in her practice, she makes sure that she is not only listening to the client but building an authentic relationship with each client, she adapts to their needs as well. She uses her background in the medical field, mental health, and spirituality to help clients. Nida feels most fulfilled when she helps people find their inner light again after going through a transformation. She feels honored to contribute to other people's growth, supporting them in their mental health and guiding them on the journey of accepting themselves.



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<https://www.krisztinakonya.com/our-classes>



ANTONIO DE SOUSA

Antonio is a plasterer by trade who seemingly without any effort offers this very powerful message. If this relatively ordinary young man can do this life thing, make something of himself, and turn his life around, then why can't you?

Antonio professes that life has not been easy. He certainly has had his own challenges, as many of us do, but he has tackled them head-on, embraced his darkness & shed onto it light.

To Antonio's amazement, one at which he still pinches himself to this very day, (surprised at any given moment he is reminded that he has written and published a book) — The Lockdown On Self-Love. Antonio inspires to be a symbol of faith to anyone that feels like there merely existing, & can't find any meaning or point to life. Don't take your life for granted, & neither let any of it be in vain.



Expressions of Humanity



Expressions of Humanity inspired DAV SUSHIL KEDIA VISHWA BHARATI HIGHER School students in Katmandu Nepal.



Speaking and working with the Himba Tribe of Namibia, Africa



Womens Empowerment education with Liderança Feminina (Feminine Leadership) in Angola, Africa

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PHILANTHROPY

AKLEEMA ALI

Akleema Ali is a Reiki Master Practitioner in the Republic of Trinidad and Tobago in the Caribbean. She is passionate about educating individuals about Reiki and its benefits.

Akleema has contributed to the field of mental health in Trinidad and Tobago in journals such as International Journal of Adolescent Medicine and Health (2004), Social Psychiatry and Psychiatric Epidemiology (2005) and European Child & Adolescent Psychiatry (2006). Her fascination with health and healing over time has shifted from the clinical reporting of mental health incidences and rates; to the healing modality of Reiki as a complementary therapy.

She has published articles focusing on Reiki in The Reiki News Magazine (2020), The Universal Life Magazine - A Magazine for Reiki Professionals (2022, 2023) and the Journal of Integrative and Complementary Medicine (2022). She was one of the Top Ten Energy Healers in 2022 awarded by The Energy Healing Magazine.







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Krisztina
Konya



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ENOLIA FOTI

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medicine women,
speaker, entrepreneur



KRISZTINA KONYA

Spiritual life coach,
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