

# AUTHENTIC LEADERSHIP & CONSCIOUS TRANSFORMATION

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Barxeta Spain Retreat  
June 1st to 8th, 2024

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Hosted By:



[www.KrisztinaKonya.com](http://www.KrisztinaKonya.com)



[www.ENOLIA.live](http://www.ENOLIA.live)

## ABOUT THE RETREAT:

Do you feel the calling, and you are looking for answers? Do you need a safe space to clear your mind and open your heart to new possibilities? Are you navigating through life and want to have more clarity?

**We are here to hold the space for you.**

Allow us the honor to guide you through your journey of self-transformation, expanding your vision, gaining clarity and embody your leadership. With Krisztina & Enolia, you will experience complete renewal and a higher level of self-consciousness.

**Authentic Leadership & Conscious Transformation Retreat is for YOU if you want to:**

Embrace change and call upon your courageous self.

You are willing to open your heart and tap into who you really are – the beautiful light being navigating through the experience we call life. invest time and energy in the most important person in your life – YOU.

YOU are ready to release what is holding you back.

Deepen your intention for what you want out of your life.

**What you will experience**

Powerful transformational tools will be given to you; we will hold the space for you to experience and expand by implementing the tools.

Powerful – life-changing – shamanic ceremonies / Sacred circle energy healing and understanding of oneself.

Guided meditations – experience the power of Language of Light

Walking in nature and fun, challenging outdoor activities – working on limiting beliefs, facing fears, and demystifying them.

Plenty of free time/journaling

& a lot more.

**Take a break and reconnect with yourself in a peaceful environment**

What you will be leaving with after the time spent with Krisztina & Enolia in person:

A peaceful heart.

A clear mind and a deep understanding of your own power.

You will experience a series of exercises and sessions that will help you to stand in your power and leadership – yours to use in your everyday life.

You will learn to trust yourself at the utmost.

You will learn the power of loving yourself unconditionally and unapologetically

## ABOUT THE HOSTS:

### Krisztina Konya

SPIRITUAL COACH

AWARD WINNING EMPOWERMENT COACH

AWARD WINNING INTERNATIONAL SPEAKER

AUTHOR

BRAND AMBASSADOR FOR "ALL LIVES DO EXIST,  
WOMEN'S LIFE DO EXIST" MOVEMENT

GOODWILL AMBASSADOR FOR HUMAN RIGHTS & PEACE

FOR HOINSER MEDIA GROUP AWARDEE GLOBAL

PEACEMAKER AWARD – CATEGORY HARMONY & PEACE.

For details visit [www.KrisztinaKonya.com](http://www.KrisztinaKonya.com)

### Enolia Foti

SPIRITUAL & BUSINESS COACH

AWARD WINNING INTERNATIONAL EMPOWERMENT COACH

AWARD WINNING INTERNATIONAL SPEAKER

AUTHOR

BRAND AMBASSADOR FOR "ALL LIVES DO EXIST, WOMEN'S LIFE  
DO EXIST" MOVEMENT GOODWILL

AMBASSADOR FOR HUMAN RIGHTS & PEACE FOR HOINSER

MEDIA GROUP

GLOBAL PEACEMAKER AWARD – CATEGORY HUMAN RIGHTS

SHAMAN

MODERN DAY MEDICINE WOMEN

For details visit [www.ENOLIA.live](http://www.ENOLIA.live)



2023

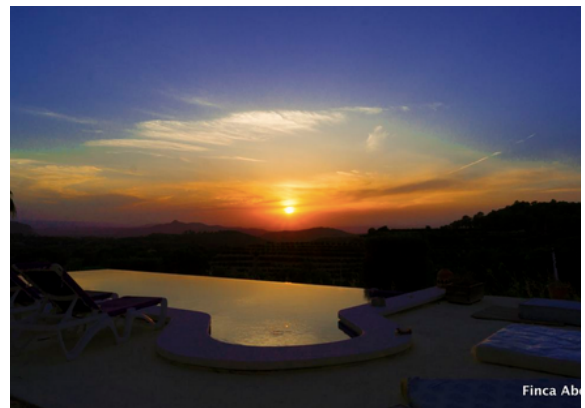
# LA INFINITY VILLA

Barxeta Spain

Infinity Villa has gorgeous views, especially during the sunset which is breathtaking every evening. You will be able to enjoy the infinity pool, sunbathing area, outside dining, and a beautiful rustic inside setting.



View From Infinity Villa



Beatiful Sunsets and Sunrises



Garden walks



Rustic Setting



# WHAT'S INCLUDED

The All-Inclusive package includes:

- 8 days (7 nights) – La Infinity Villa – Barxeta, Valencia, Spain – complete property
- Dinner upon arrival, breakfast upon departure and breakfast, lunch and dinner the remaining 6 days
- Transportation from and to the airport
- Daily group activities with Krisztina & Enolia – Discussions, Meditations, Ceremonies, Nature walks, free time
- Gratuity for Chef, housekeeping, waiters – all taxes included
- 3 paid group activities included

## HOW BEST TO PREPARE

- Practice daily meditation
- Spend time in nature as much as possible
- Practice being in silence
- Practice being in joy
- Eat healthily
- Avoid substances such as alcohol, tobacco, drugs, unprescribed medication, cheese, white sugar, flour and coffee



All rooms are single occupancy with private bathrooms. Daily housekeeping will be provided by the retreat as a service. Clean linens and towels will be provided and cannot leave the room.



# ITINERARY

WE RESERVE THE RIGHT TO CHANGE THE  
ITINERARY AS NEEDED

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## DAY 1 -- 1ST OF JUNE 2024

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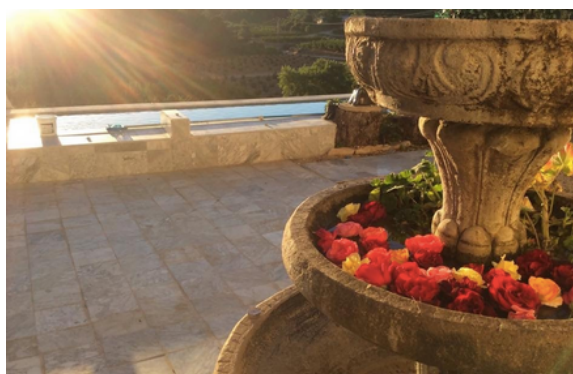


Arrival, airport pick up and drive to LA Infinity Villa, Barxeta  
Settle in and take a look around  
Welcome circle and orientation from 6:00 pm  
Dinner available from 7pm to 9 pm Relax, rest well after your travel

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## DAY 2 - 2ND OF JUNE 2024

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Morning practice  
Breakfast from 8 am to 10 am Introduction to the quest of self-discovery with Krisztina. Journaling, reflection Lunch at 1 pm followed by relax 1st activity outside (itinerary subject to change\*) Dinner upon return  
Evening Relaxation with Enolia

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## DAY 3 - 3RD OF JUNE 2024

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Morning practice  
Breakfast from 8 am to 10 am  
Forest bathing/a connecting awareness walk with Krisztina  
Lunch at 1 pm followed relax  
Trapped emotions and language of light with Krisztina and Enolia  
Dinner from 7pm to pm  
Evening ceremony with Enolia - Release Ceremony

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# ITINERARY

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## DAY 4 – 4TH OF JUNE 2024



Morning practice

Breakfast from 8 am to 10 am

Letting go/shadow work explained with  
Krisztina

Lunch at 1 pm followed by relaxation

2nd activity outside – we have a surprise for  
you!

Traditional dinner out Relax, free time after we  
come back

## DAY 5 – 5TH OF JUNE 2024



Morning practice

Breakfast from 8 am to 9 am

Free time

Lunch at 1 pm followed by relaxation

Reiki energy healing – group session with  
Krisztina

Dinner from 7 pm to 8 pm

Declaration of Self – evening ceremony with  
Enolia

## DAY 6 – 6TH OF JUNE 2024



Morning practice

Breakfast from 8 am to 9 am

Freedom of full expression with  
Krisztina & Enolia

Lunch at 1 pm followed by  
relaxation

3rd activity outside Dinner after we  
come back

Free time, relax

# ITINERARY

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## DAY 7 – 7TH OF JUNE 2024



Morning practice

Breakfast from 8 am to 10 am

What I learned/ hold your vision activity with Krisztina

Lunch at 1 pm followed by relaxation

Dinner from 7 pm to 9 pm

Retreat Closing Circle with Enolia – fire ceremony

## DAY 8 – 8TH OF JUNE 2024



Morning practice

Breakfast

Farewell Departure – at 10 am we provide transportation to the airport

## OUTSIDE ACTIVITY



Oceanographic Aquarium / Submarine Restaurant (optional) Where: Valencia  
Duration: half day programme What does the activity include: – Visit the largest Aquarium in Europe – Dinner at the Submarine Restaurant (Underwater restaurant) – Photos and videos

## OUTSIDE ACTIVITY

Underground River & San Jose Caves  
+ Peniscola Castle

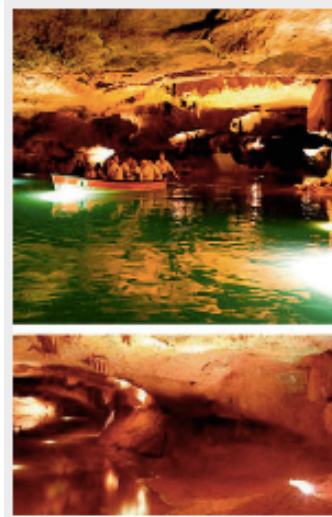
Where: Valencia

Duration: half day programme

What does the activity include: – 3h  
30 min boat trip underground –  
Photos and videos – Official tour guide

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Hot air Ballon Ride (Spa will also be an alternative during this gathering)





## SPAIN'S TRAVEL REQUIREMENTS

- Current Passport – Please make sure your passport does not expire within 6 months of travel
- There are no Visa Requirements for US and European Citizens – for non-US/Europeans please check your Embassy Requirements
- Please check for Covid requirements from your location

## CASH MONEY OR ATM'S

- Spain accepts Euros
- Banks offer the best exchange rate – Please exchange your money at your homebank before traveling – you can always exchange euros back when you return home
- Credit Cards are accepted in Spain
- You can bring \$300 to \$500 cash for such things as body massage, spa day, shopping, taxis, etc.



## TRAVEL INSURANCE:

We strongly recommend that you purchase travel insurance. One option is Travelex Insurance.

## INTERNET

Free Wireless WiFi is available at the retreat Center

## BOOKING YOUR FLIGHT

You are booking your own flight to Valencia Spain, also known as Manises Airport. If you arrive before the starting date of the trip, you will be responsible for your own taxi transfer and hotel accommodations before the trip starts.



## WHAT'S NOT INCLUDED:

- International or Internal flights
- Optional insurances, including for example: accident/baggage/cancellation insurance
- Passport and Visa fees
- Excess baggage charges
- Any and all personal expenses
- Personal phone calls, laundry services
- All beverages not specifically mentioned in the description for this retreat
- Alcoholic beverages
- Spa treatments
- Any tips or gratuities not specifically mentioned in the description for this tour
- Optional activities and sightseeing not mentioned in this tour



# YOUR INVESTMENT

Payment is as follows:

8-day experience: \$2,000 – individual

Payment plan available upon request, email

Enolia ~ [info@enolia.live](mailto:info@enolia.live)

Krisztina ~ [ask.krisztina@gmail.com](mailto:ask.krisztina@gmail.com)



## CANCELLATION POLICY

ENOLIA's & Krisztina's cancellation fee is 50% of the land and program cost between 49 and 30 days prior to June 1st.

The cancellation fee is 75% of the land and program cost between 29 and 1 day, prior to June 1st,

No-shows, the cancellation fee is 100% of land or program cost.