



# Kirroughtree

## Mountain bike trails

### Facilities



Parking (charged)



Visitor Centre



Toilets



Accessible facilities



Changing places



Cafe



Bike hire



Shop



Picnic area



Play area



Shower



Wildlife hide

#### Kirroughtree parking meters accept coin only.

Parking payments can be accepted in our Visitor Centre during opening hours.  
For latest Visitor Centre opening hours go to:  
[forestryandland.gov.scot](http://forestryandland.gov.scot)

### Location

**Nearest postcode:** DG8 7BE

#### How to get here

Kirroughtree Visitor Centre is well signposted from the A75 at Palnure, about 1.5 miles east of Newton Stewart.

**Mountain biking is a potentially hazardous activity carrying a significant risk.**



### Cycle route grading - Is this for you? Find the right grade for your abilities

#### Green: Easy



Single track grades

Suitable for: Beginners in good health with basic bike skills. Most types of bike.  
Trail: Relatively flat & wide.

#### Blue: Moderate



Suitable for: Riders in good health with basic off-road riding skills. Basic mountain bikes.  
Trail: Some "single-track" sections & small obstacles of root & rock.

#### Red: Difficult



Suitable for: Proficient mountain bikers with good off-road riding skills & fitness.  
Good mountain bikes.  
Trail: Challenging. Climbs, tricky descents & technical features such as drop-offs & large rocks.

#### Black: Severe



Suitable for: Expert mountain bikers with high level of fitness. Quality off-road mountain bikes.  
Trail: Greater challenge & difficulty. Expect large & unavoidable features.

### Forest roads and bike parks

#### Extreme



Non - single track grades

Suitable for: Extreme level riders with expert technical skills & good fitness. Technical bike skills important. Jumping ability obligatory.  
Trail: Extreme levels of exposure & risk, large features.


#### Forest road & similar

Suitable for: Cyclists in good health. Map reading useful (routes not always marked). Most bikes.  
Trail: Gradients can vary. Surfaces may be uneven or potholed in places. Look out for vehicles & other users.



## Trail Information


### Bargaly Wood

 **Green: Easy** - 3¾ miles / 6km  
10% singletrack. Allow ½ - 1 hour

Take an easy ride through the scenic Bargaly Glen.

The perfect route for first timers or children. Enjoy a relaxing ride through the mixed woodland of Bargaly Glen along farm tracks and quiet public roads.

### Larg Hill

 **Blue: Moderate** - 6¼ miles / 10km  
50% singletrack. Allow 1 - 2 hours


Great if you are looking for something with a bit of added excitement. Offers some beautiful views and the option of the Doon Hill extension.

Ideal for beginners or kids who are confident on their bikes, this winding route is mainly singletrack with a couple of small rock drops thrown in for good measure.

### Doon Hill extension

 **Blue: Moderate** - 2½ miles / 4km  
10% singletrack. Allow ½ hour


### The Twister

 **Red: Difficult** - 10½ miles / 17km  
85% singletrack. Allow 1 - 2 hours

A technically testing and physically demanding trail.

True to its name, The Twister route offers a winding trail with real challenges waiting after every twist and turn. It's a physically demanding ride, with plenty of rock steps, drop-offs and other technical obstacles to keep you on your toes.

### Black Craigs

 **Black: Severe** - 8¾ miles / 14km  
75% singletrack. Allow 1 - 2 hours

Black Craigs combines fast flowing singletrack and rocky technical features to test your skills. A highlight is McMoab, with its huge slabs and ridges of exposed granite linked by boulder causeways.

From the fast flowing single track to the testing rocky technical challenges, on the Black Craigs you'll find plenty of exposed granite and features to get your adrenaline pumping. To reach the start of Black Craigs, follow the red-graded Twister trail to its half-way point.

(Combined length 19.3 miles / 31 km)



## Map of Kirroughtree

