

Name: Ogano, Justin Marie Antoinette L.
Year & Section: 11 - PSY - 02

Date: November 03, 2024
Score: _____

Instructions: Please evaluate your classmates on their effort during the PathFit 1 activities using the following scale:

Scale:

- 1 - Strongly Disagree
- 2 - Disagree
- 3 - Neutral
- 4 - Agree
- 5 - Strongly Agree

Evaluation Criteria	5	4	3	2	1
1. Participation <ul style="list-style-type: none">My classmate actively participated in all activities.	✓				
2. Engagement <ul style="list-style-type: none">My classmate displayed enthusiasm and motivation during the sessions.	✓				
3. Collaboration <ul style="list-style-type: none">My classmate worked well with others and contributed to team efforts.	✓				
4. Effort <ul style="list-style-type: none">My classmate consistently put forth their best effort during activities.	✓				
5. Supportiveness <ul style="list-style-type: none">My classmate encouraged others and contributed to a positive environment.	✓				
6. Adaptability <ul style="list-style-type: none">My classmate adapted well to the challenges and changes during activities.	✓				
7. Focus <ul style="list-style-type: none">My classmate maintained focus and concentration throughout the sessions.	✓				

Evaluated: Ayesha Faith A. Cancino

Additional Comments:

(Please provide any specific feedback or examples to support your ratings.)

- She presented such enthusiasm in the activity, that it gives us the drive to continue and have fun while doing it.

5-Minute Reflection

Instruction: Considering your overall experience in today's physical engagement, how did the combination of physical engagement, teamwork, and personal challenges contribute to your growth as a student? How about as a member of the society? Reflect on specific moments that stood out to you and what you learned from them.