WHAT TO DO IF YOUR CHILD HAS COVID-19 SYMPTOMS

If your child has one or more (new or worsening) **symptoms of COVID-19**, they should stay at home, **self-isolate**, and get tested.

Call your child's school to let them know that your child has COVID-19 symptoms.

GET TESTED

- Contact your child's health care provider if you have questions about testing.
- Make an appointment at an **Assessment Centre** near you to get tested. Children can get a throat or nose swab. Saliva tests are also available.
- Drive your child to the assessment centre if you can. Do not use public transit. Ask for a ride, or use a taxi or ride share. Wear a mask, sit in the back seat, and keep the windows open.

HOUSEHOLD MEMBERS

- The siblings or children in the same household as the child with symptoms also must stay home and self-isolate.
- Adults who attend the school setting must also stay home from school.
- Other adults in the household who do not attend a school setting should self-monitor for symptoms. They may go to work if they do not have symptoms.
- If any adult in the household develops symptoms they must stay home, self-isolate and get tested.
- If the child with symptoms was a close contact of someone with COVID-19, everyone in the home needs to stay home and self-isolate for 14 days.

CHECK YOUR CHILD'S TEST RESULTS

You can check your test results at **covid-19.ontario.ca** by clicking on "check your lab results." Results can take a few days.

If your child TESTS NEGATIVE for COVID-19:

- Your child may return to school if it has been 24 hours since their symptoms started improving.
- Siblings or adults who attend the school setting may return to school right away, as long as they pass the screening questions.
- Young children may have ongoing mild symptoms, such as a runny nose. If it is not new or worse, they may go back to school if they don't have other symptoms.

If your child TESTS POSITIVE for COVID-19:

- Your child must stay home and self-isolate for 10 days from the day the symptoms started.
- Household members and close contacts must also self-isolate for at least 14 days.
- Let your school know that your child tested positive for COVID-19.
- Toronto Public Health will contact you to do an investigation and with further instructions.

TORONTO Public Health

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NOT TESTED

- If your child did not have a COVID-19 test, they must stay home and self-isolate for 10 days from the day the symptoms began. Even if their symptoms improve, they must stay home for 10 days.
- All household members who go to a school must also stay home.
- If your child was symptomatic and a close contact of a positive case, all the children and adults in your household must stay home and self-isolate for 14 days.
- If the child was symptomatic and not a close contact of a positive case, the siblings and adults who attend the school setting must stay home and self-isolate for 10 days. All other adults in the home who do not attend a school setting need to self-monitor for symptoms, but may go to work if they do not have symptoms.

SICK FOR OTHER REASONS

- Sometimes children are sick for other reasons. If your health care provider has said your child's symptoms are not related to COVID-19, your child may return to school 24 hours after their symptoms have improved.
- Siblings and adults who attend the school setting can also return to school.
- For colds or respiratory symptoms, your health care provider cannot rule out COVID-19 without a test. Toronto Public Health does not recommend using a medical note to confirm this.

HAVE QUESTIONS?

Please contact Toronto Public Health at 416-338-7600.

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