## Team NEWSLETTER



**FEB 2023** 

## **THIS WEEK'S REPORT**

Greetings from Dravens Healthcare! It's our pleasure to connect with you through this newsletter, where we aim to keep you informed about the latest developments, initiatives, and services offered by our healthcare agency.

We understand the importance of maintaining good health, and we are dedicated to providing you with the highest quality care. Our team of experienced medical professionals is always striving to offer the best possible patient experience, and we are constantly working to improve our services.

In this edition of our newsletter, we will be highlighting some of our recent achievements, updating you on new procedures and treatments, and providing useful tips on maintaining a healthy lifestyle. We will also be showcasing some of our staff members and their unique contributions to our agency.

We hope that this newsletter will keep you informed and engaged with us, and we look forward to serving you in the future.

Best regards -

Writer Sean

### **NEW RECRUITS**

We extend a very warm welcome to Victoria, Naboth & Effort who are our newest recruits to join the Dravens Healthcare family. We have been looking forward to their arrival from South Africa for some time now and it's great news that they are finally here and able to start their roles as **Domiciliary and Residential Care** Assistants. I'm sure you will all join me in making them welcome and feel settled in their new roles and lives here in the United Kingdom. It may take some time to get used to our weather, Farewell to the tranquil waters and sunnier climate of Southern Africa.

#### **MEET OUR NEW RECRUITS!**





# Supporting a person living with dementia in cold weather





UK dementia care agency's half-hour home visits 'lasted as little as three minutes'

Staff filed records claiming far more care was given, evidence suggests



Footage reveals three-minute visit for dementia patient by homecare staff - video report A dementia home care agency spent as little as three and a half minutes on taxpayer-funded care visits and filed records claiming far more care was given, according to evidence seen by the Guardian.

The hasty care was exposed by Susan Beswick's family, who called it "totally inadequate". They say they had been told visits to 78-year-old Beswick, who has Alzheimer's disease, were supposed to last 30 or 45 minutes.

Across nine visits this month, care workers formally logged close to six hours of care. But security cameras suggest they were in the house for under one hour 20 minutes - less than nine minutes a visit on average.

The case in Hampshire comes amid councils "rationing" care and a nationwide charters of home care workers with about one in eight positio A person with dementia may struggle to explain how they're feeling in the cold, and what they need to keep warm. They may forget to wear appropriate clothing, such as jackets, scarves, gloves, or even forget to turn on the heating. Overall, winter can be a particularly difficult time for somebody living with dementia.

#### Make sure they're dressed appropriately

People with dementia won't always remember to dress appropriately for colder weather. It is important to make sure they are wearing the right clothes and cover all exposed skin. Ensure the person has a hat and scarf on and gloves to keep the hands warm. In icy or snowy conditions, it is important to wear appropriate footwear, such as nonskid boots.

#### Keep the room warm

Make sure any rooms that are used during the day are kept warm – aim between 18 and 21 degrees Celsius. Draught-proofing and roof insulation can also help to maintain a consistent temperature. Another suggestion is to keep a blanket within easy reach of a person living with dementia so that they can grab it if they feel cold.

#### Encourage regular movement

Keeping active can help boost circulation and help keep someone living with dementia warm. Encouraging indoor or outdoor activities, even if it is moving around at least once an hour, is important to keep them warm and healthy.

#### Eat and drink regularly

Hot drinks, regular meals and snacks throughout the day can help to maintain energy levels. The person living with dementia should avoid drinking alcohol as it makes you feel warm, but draws heat away from vital organs.

#### Look out for signs of hypothermia

Dementia can lead to reduced cognitive ability and awareness. This can be challenging for the person to express how cold they may be feeling which can, in some circumstances, lead to hypothermia. If you think someone may be suffering from the effects of hypothermia, call 999 whilst trying to gently warm them. For more information on signs of hypothermia,

#### **FIND OUT MORE ON PAGE 3**



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On one evening visit, footage showed two carers entering, asking if Beswick had eaten and checking her incontinence pad, before leaving three minutes and 15 seconds later. But they appeared to log on a care tracking app that they had been with her for one hour and 16 minutes.

One lunchtime they stayed for less than six minutes but appeared to record a half-hour visit on the app. The Beswick family provided the Guardian with footage from a hallway camera showing the carers coming and going through the front door and screengrabs from the app showing how long they claimed they were there around the same periods.

## ENGAGE B2B AWARDS

We're so excited to announce that entries for the 2023 Engage Awards are now open. The Engage Awards celebrates human excellence and provides an opportunity to share your success stories relating to all aspects of customer and employee engagement.

The awards programme celebrates organisational excellence and provides a platform for you to share your success stories relating to all aspects of customer and employee engagement.

HAVE YOUR SAY & NOMINATE US FOR B2B AWARDS!

WWW.ENGAGEAWARDS.CO.UK



#### **Dear Dravens Staff Team.**

We hope this newsletter finds you well. We would like to take this opportunity to express our gratitude for your hard work and dedication to our healthcare agency. Your commitment to providing the highest quality care to our patients is truly remarkable. In this edition of our newsletter, we highlighted some of our recent achievements and provided updates on new procedures and treatments. We also shared tips for maintaining a healthy lifestyle, and spotlighted some of our team members and their unique contributions to our agency. As we continue to grow and evolve, we want to assure you that your contributions are invaluable and greatly appreciated. Your passion and commitment to excellence make Dravens a special place, and we are proud to have each and every one of you on our team.

Thank you for your tireless efforts and for making a positive impact on the lives of our patients every day.

**Best regards** Sean



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