

## Doula Support

- DONA [international-www.dona.org](http://www.dona.org)
- Dyanna Marin-@Blissful\_birth  
[www.blissfulbirth.net](http://www.blissfulbirth.net) (619)248-6060
- Summer Suleiman- @sddarlingdoula  
(760)803-7054

## Midwifery Care

- Beautiful One Midwifery
- (760) 410-6499 -Team of 2 amazing midwives Tiffany and Kelly located in North County, San Diego. [beautifulonemidwiferysandiego.com](http://beautifulonemidwiferysandiego.com)
- San Diego Midwife-  
[sandiegomidwife.com](http://sandiegomidwife.com) 760-936-4165

## Obstetricians

- Lily Jenny Tsai Scripps Clinic Medical Group- 310 Santa Fe Dr #204 Encinitas (760)633-7245
- Robert Barmeyer- Sharp Rees-Stealy Medical Group- 2929 Health Center Dr San Diego. (858)939-6591
- Dr Christine Brody-Scripps Coastal Medical- 332 Santa Fe Dr Encintas (760)901-5155

## Parenting Resources

- [www.askdrsears.com](http://www.askdrsears.com)
- [Motherfigure.com](http://Motherfigure.com)
- [mother.ly](http://mother.ly)
- [Healthychildren.org](http://Healthychildren.org)
- [tinyhood.com](http://tinyhood.com)
- [parenting.com](http://parenting.com)
- [www.wellnessmama.com](http://www.wellnessmama.com)

## Pediatricians

- Dr Mary Beth Casement- Scripps Health 2176 Salk Ave #100 Carlsbad (760)827-7460
- Dr. Anna Lee -3998 Vista Way Suite D Oceanside (760)295-1995

## Photography

- Maternity/newborn Photography-  
[marisamcbridephotography.com](http://marisamcbridephotography.com) offering bump to baby packages 760-504-7704
- Hailey Arguelles-maternity and newborn/family (760)717-0312
- [loversoflove.com](http://loversoflove.com) Family Photography 760-458-3504 Nate and Dana
- Sarah Williams-  
[sarahannwilliams.com](http://sarahannwilliams.com). She is located in Oceanside. Incredible maternity and newborn and lifestyle photographer

## Postpartum Doula/Support

- Jenet Morrison -  
[thenightmommy.com](http://thenightmommy.com) Postpartum Doula/Sleep Consultant (760)586-3786
- [postpartum.net](http://postpartum.net)
- [www.mealtrain.com](http://www.mealtrain.com) to set up meal deliveries for after baby arrives
- Sharp Mary Birch Postpartum Support (858)939-4133