

# Primitive Reflex Red Flags

Primitive reflexes are essential for normal development. They provide us with a foundation for all developmental skills. After around 1 year of age, these reflex should integrate in order for a child to move forward in development. These are the red flags which may indicate primitive reflexes are interrupting

## Spinal Galant

Bed wetting  
Poor focus  
Fidgeting  
Poor short term memory

## ATNR

Poor hand eye coordination  
Poor visual tracking  
Difficulty crossing midline

## STNR

Poor sitting posture  
Difficulty copying from board  
Poor hand eye coordination

## Moro

Anxiety  
Poor impulse control  
Hyper sensitive  
Social & emotional immaturity

## Palmar Reflex

Difficulty with handwriting  
Poor fine motor skills  
Poor dexterity

## TLR

Poor balance  
Toe walking  
Poor spatial orientation  
Motion sickness