

FC DYNAMO ROC



Return to Play Protocol

Policy to resume activity on July 6, 2020

FCDR families,

In accordance with the State of New York, US Youth Soccer and NYSW statements provided on June 18th, 2020, FCDR has updated a "Return to Play Plan" to start soccer practices on July 6, 2020. The opening date is tentative as our New York State Government and NYSW could still push the date back at any time due to ever changing circumstances.

The phased in approach in this "Return to Play Protocol" is in accordance with many factors that are available/known as of today. That includes government mandate guidance/procedure, safety concerns and comfort level of all participants. These guidelines address only current circumstances of return-to-play and additional guidelines may, or may not, follow as the COVID-19 pandemic continues to evolve.

We need to all understand that this is not a normal return to play and some of the guidelines may be difficult especially for players as socializing a big part of why they participate in a team sport like soccer. Implementing the protocols will require a collective effort between the Club, Coaches, Parents and Players.

Each individual family needs to make their own decision on whether or not they are comfortable with their player returning to play. Each family also needs to ensure that their player understands these guidelines and is responsible for following this protocol especially with regard to the social distancing requirements and no-contact guidelines.

Return to Play Protocol for FC Dynamo ROC for summer of 2020:

Step 1: July 6th-July 12th	Step 2: July 13th – August 2nd
Functional Training <ul style="list-style-type: none">• Small sided Training no more than 6 v 6• 11 v 11 Shadow play (walk through)• 18 players in ½ of field• No sharing of equipment (Each player brings white and dark training shirt)	Full return to practice and play <ul style="list-style-type: none">• No sharing of water bottles or equipment• Continue to practice safe government protocol always

Following are the Principles and Responsibilities for the Club, Coaches, Parents and Players.

Club Responsibilities:

- Create and distribute protocols to members.
- Contact local public health officials to notify adult leaders, youth and their families if the organization becomes aware of a participant or adult leader who has developed COVID-19 and may have been infectious to others while at a youth activity.
- Cancel training for any team who has a player or coach who has tested positive for COVID-19.
- Train and educate all staff on protocols and requirements, including state and local regulations, CDC recommendations and other necessary safety information.
- Provide employees with an acceptable face covering at no cost to the employee.

Coach Responsibilities:

- Ensure the health and safety of the participants.
- Follow all state and local health protocols and guidelines.
- Ensure all athletes have and use their own individual equipment (ball, water, bag, etc.).
- Ensure one designated coach is the only person to handle equipment (e.g. cones, disk etc.); do not enlist parental or attendee assistance.
- Team assistant coaches will oversee compliance of COVID-19 return to play protocols at the team level during trainings.
- Always wear a face mask/covering, even when not actively coaching.
- Coaches will maintain social distance requirements from players based on state and local health requirements.
- Disinfect all equipment before and after use.
- Require parents to confirm their child is symptom free before attending training.
- Log attendance of players at each training.
- If you are made aware, immediately report confirmed cases of COVID-19 to any FC DR administrator or the FC DR Health and Safety Officer, Mary Willoughby.

Parent/Guardian Responsibilities:

- Ensure your child is healthy, and check your child's temperature before activities with others. Players with fevers or other symptoms are not permitted to attend training.
- No carpooling or very limited carpooling should occur.
- Stay in car or adhere to social distance requirements, based on state and local health requirements
- When at training, wear a mask if outside your car.
- Ensure child's clothing is washed after every training.
- Ensure all equipment is VISIBLY LABELED with your player's name.
- Ensure all equipment (cleats, ball, shin guards etc.) are sanitized before and after every training.
- Be sure your child has necessary sanitizing products with them at every training.
- No congregating for parents and players in parking lots or on sidelines both before and after training.
- Contact the FC DR Health and Safety Officer, Mary Willoughby, immediately if your player has a confirmed case of COVID-19.

Players Responsibilities:

- Take your temperature daily and especially before activities with others. Players with fevers or other symptoms are not permitted to attend training.
- Wash hands thoroughly before and after training.
- Bring, and use, hand sanitizer with you at every training.
- Wear mask before and immediately after all training.
- Do not touch or share anyone else's equipment, water, food or bags. Be sure all equipment is VISIBLY LABELED with player's name.
- Bring a white t shirt and dark t shirt (standard training shirt) to each training as no pinnies will be used in training sessions.
- Practice social distancing, place bags and equipment at least 6 feet apart.
- Wash and sanitize all equipment before and after every training.
- No group celebrations, high-5s, hugs, handshakes, fist-bumps, etc.
- Follow all CDC guidelines as well those of your local health authorities.
- Players should not carpool to/from training.
- No congregating for parents and players in parking lots or on sidelines both before and after training.
- Do not attend training if you've recently been in contact with someone who has tested positive with COVID-19.