

# Senior Citizens' Society of Stony Plain

## April 2024 Newsletter

We strive to provide social, mental, and physical activities to better the lifestyle of all seniors.

### Darts

Are you interested in playing Darts? Put your name on the list located on the bulletin board near kitchen door. To start very soon.

### Paint Night

Would you like to join in on a wonderful evening of creative entertainment? We are holding a Paint Night on May 8<sup>th</sup> at 6:30. Instruction is provided, and no experience is necessary. Contact Emily for more information at 780 963 9285.

### Line Dancing

Consists of choreographed dance where everyone dances the same steps at the same time. No partner or experience is required just a desire to learn to dance.

Line dancing takes place Tuesday's at 1 PM, starting April 30.

### Pancake Breakfast

Pancakes, eggs, and sausages are ready folks.

Join us April 27<sup>th</sup>. 8 am – 10 am

### Membership

Have you paid your 2024 membership?

### Spring Fling Dinner and Dance

Spring Fling dinner and dance to take place April 19, 2024. Tickets on sale now.

### Piano

Do you need a piano, or know someone who would like one? Donate to the Center and its yours. Piano located by coat rack in north hallway.





### **Sofa for Sale**

Beautiful sofa for sale, \$500. Located in the library.

### **Euchre**

Are you interested in playing Euchre?  
We play Friday afternoon at 1 PM.

### **Facebook/Website**

Did you know we have a Facebook page and a website.

[www.stonyplainseniors.com](http://www.stonyplainseniors.com)

Facebook – Stony Plain Seniors

88.1 Events page - <https://www.onefm.ca/parkland/whats-happening>

### **Activity Calendar**

**Monday**

9:30 - Floor Curling

1:00 - Whist, Pool

Military Whist- (Prizes) \$5.00 entry fee, 1st Monday of Month

**Tuesday**

10:00 - Gentle Exercise

1:00 - Canasta, Pool

1:00 – Line Dancing , starting April 30

7:00 - Community Bingo

**Wednesday**

10:00 – Yoga

1:00 - Variety Games; Pool

1:00 – Corn Hole

**Thursday**

10:00 - Gentle Exercise

1:00 - Cribbage, Pool

JAMS - First and Third Thursday of the month - Jams \$5.

Mini Crib Tournament (Prizes) entry \$5.00, Last Thursday of Month

**Friday**

9:30 - Floor Curling

1:00 - Euchre, Variety Games & Pool

1:00 – Corn Hole

**Tournaments**

Mini Crib Tournament - 1:00 - last Thursday of every month.

Military Whist tournament - 1:00 - first Monday of every month.

**Pancake breakfasts**

Last Saturday of each month, except July, August & December.

**Jams**

First and third Thursdays of the month. \$5