

**Senior Citizens' Society of Stony Plain**  
**May 2026 Newsletter**

**Provide entertainment and recreational facilities for the Seniors of the Community.**

**Pancake Breakfast**

Next pancake breakfast May 30, 2026.

8:00 AM to 10:00 AM

\$8 Open to public

**Membership**

Membership fees Membership fees are now payable.

Membership still \$30 – GREAT DEAL

Cash, cheque or E-transfer only

**Pool**

Our pool room is open Monday – Friday 9:00 am – 4:00 pm

Cost \$2 daily fee

**Westview Health Foundation Information Session**

Join us for an information session with representatives from the Westview Health Centre Foundation about the purchase of the CT scanner for Westview Hospital (Stony Plain Hospital).

Thursday June 4<sup>th</sup>

11:00 am

Everyone welcome

**Paint Night**

Join us for Paint Night on June 10 at 6:30 pm. The cost is \$34.50, plus a \$2 fee at the door. All paint and materials are provided. Please sign up in the office.

**AED / CPR Information Session**

The AED/CPR information session is scheduled for the morning of July 15, 2026. Please mark your calendar; more details will follow.

**Seniors Week Bus Trip – June 3, 2026**

Come join us for a trip the Muttart Conservatory Botanical Garden in Edmonton. Explore four distinctive pyramids featuring botanical gardens and more than 700 plant species.

Located inside the Muttart Conservatory, the Marigold Gift Shop offers unique plant-themed gifts, local artisan products, books, and home décor. Café Bloom serves hot and cold drinks, along with fresh sandwiches, wraps, pastries, and soup.

Tickets are \$40, Non-Members \$45, Ticket Sale Cut off May 29 AM

Leaving Senior Centre at 10 AM, Departing Conservatory at 1:30PM

June 3, 2026

## VOLUNTEERS NEEDED FOR OUR CASINO

The casino will be held July 20 and 21, 2026 at the Century Casino St. Albert. We will be looking for volunteers. There will be a sign-up sheet on the large bulletin board along with a description of position duties, sometime in May.

The casino serves as a significant fundraising event for our centre, with proceeds allocated to support our dances and the maintenance of our facility.

## **Activity Calendar**

### **Monday**

9:30 - Floor Curling, Pool

1:00 - Whist, Pool

Whist - Fee \$3, including drop-in fee

Military Whist- (Prizes) \$5.00 entry fee, 1st Monday of Month

### **Tuesday**

10:00 - Gentle Exercise

12:30 – Line Dancing

1:00 - Canasta, Pool

7:00 - Community Bingo

### **Wednesday**

10:00 – Yoga – Fee \$5, including drop in fee

1:00 - Variety Games; Pool

1:00 – Corn Hole

### **Thursday**

10:00 - Gentle Exercise

1:00 - Cribbage, Pool, Darts

JAMS - First and Third Thursday of the month - Jams \$5.

Crib – Fee \$4, including drop-in fee

Mini Crib Tournament (Prizes) entry \$5.00, Last Thursday of Month

### **Friday**

9:30 - Floor Curling

1:00 - Variety Games & Pool

1:00 – Corn Hole

### **Tournaments**

Mini Crib Tournament - 1:00 - last Thursday of every month.

Military Whist tournament - 1:00 - first Monday of every month.

### **Pancake breakfasts**

Last Saturday of each month, except July, August & December.

### **Pool / Shuffleboard**

Any time centre is open.

### **Jams**

First and third Thursdays of the month. \$5.

### **Future Events**

October 2, 2026 – Thanksgiving Dinner and Dance

October 17, 2026 – Crib Tournament

December 11, 2026 – Christmas Dinner and Dance