# Senior Citizens' Society of Stony Plain October 2025 Newsletter

Provide entertainment and recreational facilities for the Seniors of the Community.

### Pancake Breakfast

Next pancake breakfast October 25, 2025. 8:00 AM to 10:00 AM \$8

# **Floor Curling Tournament**

Eighteen teams from all over the region attended the floor curling tournament we hosted on October 4, 2025.

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1<sup>st</sup> place – Mayerthorpe
2<sup>nd</sup> place – Westlock
3<sup>rd</sup> place – Jarvie
4<sup>th</sup> place – NWESS
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Thank you to the volunteers who helped make this event a success.

### **Crib Tournament**

The crib tournament was successful, with all 48 team spots filled. Thank you to all members who participated in setup, disassembly, and donated food.

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1<sup>st</sup> place – Shack & Jeff
2<sup>nd</sup> place – Lyn & Janet
3<sup>rd</sup> place – Mary & Clarence
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# Thanksgiving Dinner & Dance

The Thanksgiving dinner and dance was a successful event, with attendance exceeding 100 members. Dinner was catered by the Stony Plain United Church Catering Service. Entertainment was by Trace Jordan Band. The food was delicious, the music was good, and the chance to gather around the table to socialize with friends.

Thank you to the following businesses who generously donated door prizes. Bings Stony Plain, Maeva's Family Restaurant, Kick Ass Caramels, Safeway Stony Plain, Alexander's Restaurant, Lewis Estates – Optima living.

We would like to extend our sincere gratitude to all the volunteers; your contributions were essential to the success of this event.

### Fraud Information Session

68 people attended the information session presented by the Stony Plain Servus Credit Union.

## Yoga

Yoga has been cancelled for October 22 – no class

#### **Euchre**

Do you like to play Euchre? Join us for Euchre Fridays at 1 PM, all skill levels welcome.

### **Christmas Dinner & Dance**

Friday December 12, 2025

Tickets go on sale Friday, November 14, 2025 @ 9:00 AM

First week of ticket sales is for members only, 2 ticket max per member.

\$30. – Members, \$35. – Non-Members

## **Line Dancing**

Dancing boosts coordination, balance, confidence, memory, and bone strength; it can also relieve stress, lift depression, and offer social opportunities—all without needing a partner. Our instructors donate their expertise and time.

Classes are every Tuesday afternoon at 12:30.

We would love for you to join us. See you on the dance floor.



### **River Cree Casino Bus**

Free shuttle to the River Cree Casino. Everyone receivers \$5.00 in free play along with a complimentary lunch at the Tap 25 restaurant where there is a set menu with 5 to 6 options to choose from, not included with the lunch is a beverage and gratuity.

November 6, 2025

Pickup time: 9:30 AM, Return time approximately 2:30 PM

Meet at the Stony Plain Senior Centre

Sign up sheet is on the bulletin board. At least 15 participants are required to register by October 29 for the trip to proceed. Registration is limited to a maximum of 25 people.

# **BINGO**

No bingo December 23 or December 30, 2025

# **Missing Information**

Kindly review the bulletin board upon entering the building to see if your name is on the list of missing information pertaining to you. It could be an email address, physical address or even phone number.

## **Activity Calendar**

## Monday

9:30 - Floor Curling, Pool

1:00 - Whist, Pool

Military Whist- (Prizes) \$5.00 entry fee, 1st Monday of Month

# **Tuesday**

10:00 - Gentle Exercise

12:30 – Line Dancing

1:00 - Canasta, Pool

7:00 - Community Bingo

## Wednesday

10:00-Yoga

1:00 - Variety Games; Pool

1:00 - Corn Hole

## **Thursday**

10:00 - Gentle Exercise

1:00 - Cribbage, Pool, Darts

JAMS - First and Third Thursday of the month - Jams \$5.

Mini Crib Tournament (Prizes) entry \$5.00, Last Thursday of Month

# Friday

9:30 - Floor Curling

1:00 - Euchre, Variety Games & Pool

1:30 - Corn Hole

### **Tournaments**

Mini Crib Tournament - 1:00 - last Thursday of every month.

Military Whist tournament - 1:00 - first Monday of every month.

## Pancake breakfasts

Last Saturday of each month, except July, August & December.

### Pool / Shuffleboard

Any time centre is open.

### **Jams**

First and third Thursdays of the month. \$5.