

Senior Citizens' Society of Stony Plain

June 2024 Newsletter

We strive to provide social, mental, and physical activities to better the lifestyle of all seniors.

Senior Week – Generation Celebration

The Stony Plain Youth Centre hosted a free barbeque to celebrate Senior week on June 7th. Activities included floor curling, corn hole, and shuffleboard, pool, information and free plants. Approximately one hundred people were in attendance. Thank you to the tireless efforts and commitment of many volunteers a strong community spirit between seniors and youth is felt. To view pictures of the event, click on the link;

<https://photos.app.goo.gl/tSCEQfGNHjkwKpoX9>

Afternoon at the Movies

Join us for an afternoon at the movies June 26, 1 PM

Darts

Are you interested in playing Darts? We are hopeful to startup a fun group in September, but in the meantime you can come play anytime the centre is open.

Yoga

Yoga will be taking a break for the summer. Last class will be June 12th returning September 11th.

Pancake Breakfast

Pancakes, eggs, and sausages are ready folks. Join us June 22nd. 8 am – 10 am. Last one until September.

JAM Night

Play, sing, dance and listen to local musicians, 1st and 3rd Thursday of each month.

Flower Planters

Thank you to Brenda Hawkins for once again purchasing the lovely flowers for our planters, in honor of her father Wilbur Barth. They will add a beautiful touch to our centre.

Euchre

Are you interested in playing Euchre?
We play Friday afternoon at 1 PM.

Line Dancing

Consists of choreographed dance where everyone dances the same steps at the same time. No partner or experience is required just a desire to learn to dance.

Line dancing takes place Tuesday's at 1 PM.

Crib

Join fellow crib enthusiasts for a great afternoon fun and friendly competition! They play every Thursday at 1 PM with a mini tournament the last Thursday of the month.

Facebook/Website

Did you know we have a Facebook page and a website.

www.stonyplainseniors.com

Facebook – Stony Plain Seniors

88.1 Events page - <https://www.onefm.ca/parkland/whats-happening>

Activity Calendar

Monday

9:30 - Floor Curling

1:00 - Whist, Pool

Military Whist- (Prizes) \$5.00 entry fee, 1st Monday of Month

Tuesday

10:00 - Gentle Exercise

1:00 - Canasta, Pool, Line Dancing

7:00 - Community Bingo

Wednesday

10:00 – Yoga (no yoga June 19 – September 4, summer break)

1:00 - Variety Games; Pool

1:00 – Corn Hole

Thursday

10:00 - Gentle Exercise

1:00 - Cribbage, Pool

JAMS - First and Third Thursday of the month - Jams \$5.

Mini Crib Tournament (Prizes) entry \$5.00, Last Thursday of Month

Friday

9:30 - Floor Curling

1:00 - Euchre, Variety Games & Pool
1:00 – Corn Hole

Tournaments

Mini Crib Tournament - 1:00 - last Thursday of every month.
Military Whist tournament - 1:00 - first Monday of every month.

Pancake breakfasts

Last Saturday of each month, except July, August & December.

Jams

First and third Thursdays of the month. \$5