



# Love Your Neighbor Kit

For years, we've been grateful for the churches who've helped provide sack lunches for our homeless neighbors. That support has made a big impact.

As we move forward, we will sadly be stepping away from the sack lunch program. While this change is bittersweet, we're not stepping away from the need. Instead, we're focusing on supporting families already receiving our services by providing snack bags and essential household items—simple things that can make a big difference.

These kits will be provided directly to our clients.



## Snack Bags

Ideally, we would love to include the following items:

- Granola/Protein Bars
- Trail Mix/Mixed Nuts
- Applesauce/Fruit Cups (w/spoon)
- Peanut Butter or Cheese Cracker Packs
- Shelf-sustainable Pudding Cups
- Instant Oatmeal Packs
- Small Bottled Water/Juice
- Raisins or Dried Fruit Packs
- Pop-Top Can Meals
- Snack-sized Cookies or Crackers



## Standard Hygiene Items

Ideally, we would love to include the following items for men, women and children (travel-sizes preferred)

- Toothbrush & Toothpaste
- Bar Soap or Body Wash
- Shampoo & Conditioner
- Deodorant
- Disposable Razors & Shaving Cream
- Feminine Hygiene (pads preferred)
- Moisturizing Body Lotion
- Lip Balm
- Facial Tissues (small pack)
- Hand Sanitizer/Sanitizing Wipes



## Laundry & Household Items

Ideally we would love to provide the following items:

- Travel-size Laundry Detergent/Pods
- Dryer Sheets
- Dish Soap (small bottle)
- Paper Towels (1 roll or folded sheets)
- Toilet Paper (1-2 rolls)
- Disinfectant Wipes

**Bonus Touches:** • Encouraging Note/Card • Scripture Verse/Inspiring Quote

As we move forward with this shift in services, some of the items we provide may change—and we're always open to suggestions based on the needs of our community. Our goal is simple: to offer a little extra relief to the families we serve, alongside our support with rent and utilities.

Donations can be dropped off at our new location once we have moved in – please email [JWeber@AUMArlington.org](mailto:JWeber@AUMArlington.org) with any additional questions.

