

CLASS SCHEDULE

July 2026 - August 2026



OFFICE CLOSED

JULY 2 FOR INDEPENDENCE DAY

LIFE SKILLS

This class takes place every Wednesday from 6pm-7pm

This class addresses everyday stress and provides participants with tools to progress and succeed.

July 1 (Latonya hosting)

July 8 (Latonya hosting)

July 15 (Latonya hosting)

July 22 (Latonya hosting)

July 29 (Maria hosting)

August 5 (Maria hosting)

August 12 (Maria hosting)

August 19 (Maria hosting)

August 26 (Shar hosting)

GRIEF SUPPORT

This class takes place every other Tuesday from 6pm-7pm.

This group is for individuals experiencing grief to share their experiences with others who are also grieving.

July 14 (with Latonya)

July 28 (with Latonya)

August 11 (with Latonya)

August 25 (with Latonya)

Space is limited for this class and active AUM clients will take precedence - please email ahead of time to check availability: info@aumarlington.org

JOB READINESS

This class takes place every Wednesday from 10am-11am.

This course offers guidance on sharpening interview skills, refining résumés, completing job skill assessments, and more for individuals seeking employment.

Classes temporarily suspended.

FINANCIAL LITERACY

This class takes place every other Thursday from 12pm-1pm

This class addresses spending habits, savings & more.

July 9 (First Convenience)

July 23 (First Convenience)

August 6 (First Convenience)

August 20 (First Convenience)

GOODWILL WORKS

This service is available every other Wednesday. 11:00-12:30pm

Clients will meet with a case manager from Goodwill to assess job skills and help provide a list of employment resources.

July 15 (with Stasia)

July 29 (with Stasia)

August 12 (with Stasia)

August 26 (with Stasia)

If you are unable to attend a class, please notify your case manager by email or phone, or leave a message with the front desk. If it's after hours, please leave a voicemail with the date and time of your call.



*All classes will take place at 915 W Mitchell St. unless otherwise stated. **Please do not park in the salon parking lot.***