

# CLASS SCHEDULE

**JUNE 2025**

## LIFE SKILLS

**Life Skills classes take place every Wednesday from 6pm-7pm** (unless otherwise listed). This class addresses everyday stress and provides participants with tools to progress and succeed.

**June 4th** (Shar hosting)

**June 11th** (Shar hosting)

**June 18th** (Shar hosting)

**June 25th** (Shar hosting)

## GRIEF SUPPORT

**Grief Support groups take place every other Tuesday from 6pm-7pm** (unless otherwise listed). This group is for those experiencing grief to share their experiences with others who are also grieving.

**June 3rd** (Latonya hosting)

**June 17th** (Latonya hosting)

*Space is limited for this class and active AUM clients will take precedence - please email ahead of time to check availability:  
[VRidgley@amarlington.org](mailto:VRidgley@amarlington.org)*

## FINANCIAL LITERACY

**Financial Literacy classes take place every other Thursday from 1pm-2pm** (unless otherwise listed). This class addresses spending habits, savings & more.

**June 5th** (First Convenience Bank)

**June 19th** (First Convenience Bank)

***AUM will be closed  
Thursday, June 19<sup>th</sup> in  
observation of Juneteenth.***



## GOODWILL WORKS

**Goodwill Works is a job resource class that takes place every other Wednesday 11am - 1pm** (unless otherwise listed). Clients will meet with a case manager from Goodwill to assess job skills and help provide a list of employment resources.

**June 4th** (Stasia hosting)

**June 18th** (Stasia hosting)

## FOOD PANTRY

**Arlington Charities Mobile Food Pantry will be available the last Wednesday of every month from 10am - 11am** (unless otherwise listed). The pantry is open to the public and will offer a variety of fresh produce.

**June 25th** (in front of AUM office - **please park at side of building**)

*All classes will take place at 701 Dugan Street unless otherwise stated.  
If you are unable to attend a class, please notify your case manager by email or phone, or leave a message with the front desk. If it's after hours, please leave a voicemail with the date and time of your call.*