

The three most
common mistake
married couples
make

*memo by
Polya Rosin*

*"If Mama ain't happy,
ain't nobody happy"*

African American Saying



THREE MOST COMMON MISTAKES...

that make you feel miserable
(and how to avoid them)

1

YOU GET INTO ARGUMENTS

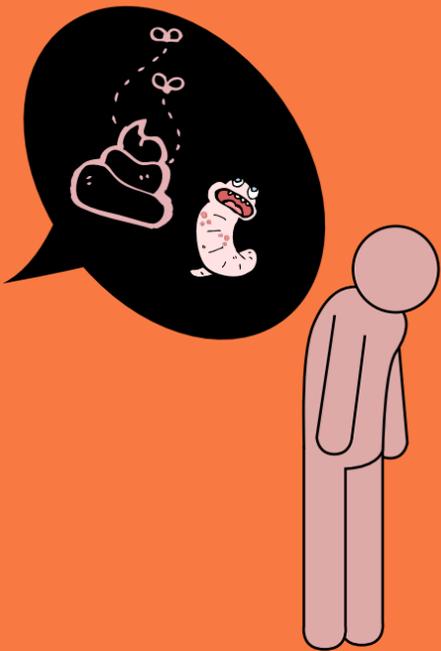
Sometimes life gets in the way of love and we end up arguing, misunderstood & unappreciated. Some arguments are healthy but how do you stop those that are not? Well...what would happen if the next time your partner starting to get angry, you do a sexy dance?



2

YOU INSULT EACH OTHER

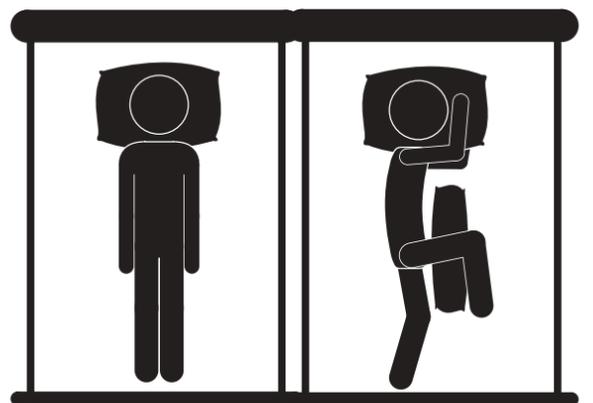
Often when we are angry we say things we may regret. But words have power and if poo-poo words come from a loved one, they are even more hurtful. Love and passion cannot co-exist with insults. So next time you are tempted to say something nasty to your spouse, or your spouse starts to get mean spirited, chose passion instead - take off your clothes. You cannot be mad at a naked person now, can you?



3

YOU ARE NOT INTIMATE

Yeah, this can be a tough one, right? You are busy, the kids keep you up, you are upset, not in the mood... (insert your excuse here). Intimacy is the glue of a relationship. Plus it keeps you glowing and gives you beautiful skin and who does not need that after having kids, right?! Make time for intimacy now! Find out what gets you in the mood and be creative.



"A relationship, just like a business, is either growing or dying.

In a relationship, just as in business, you have all the potential to make it grow. Decide. Act. Get help.

Do it for yourself and your kids - show them what a healthy, happy marriage looks like.

You can do it!

If you enjoyed these tips, then you will LOVE THIS:
Get the free master class on how to build deeper connection with your spouse & increase the satisfaction in your marriage 🔥



FREE MASTER CLASS

How to build deeper connection with your spouse & increase the satisfaction in your marriage

In this class you will learn how to:

- ✓ align your family values so you can work together as a strong, united team
- ✓ create your family vision so you can always keep your eyes on the prize
- ✓ communicate with your spouse on a deeper level so you can be free to express your needs and be heard, understood and feel appreciated

Along with this master class, you will receive these super BONUSES:

- ✓ workbook with practical exercises to help you implement what you learnt
- ✓ family vision template, which you can fill in, print out and put in a prominent place in your home as inspiration and reminder of your joint goals
- ✓ 30 days access to your coach, Polya Rosin, via Voxer or What'sApp for questions and support



CLICK ME

**GET YOUR FREE MASTER CLASS
NOW**