

Sports, Active Health & Fitness

Qualifications & Fees

UK 2020-21



Sports, Active Health & Fitness

Welcome to our 2020-2021 world-class iTEC & VTCT Qualifications portfolio.

Combined, iTEC & VTCT have been Awarding Organisations for over 120 years and offer high-quality, regulated qualifications and assessments in over 40 countries.

You will find included in this book our career pathway which clearly illustrates a number of career options available. You can use this tool as you assist your learners in planning their dream career. Free copies are available to download through these links: itecworld.co.uk/pathways or vtct.org.uk/pathways.

In addition to listing the qualifications available from 1 September 2020, we've included a brief description for each qualification. More in-depth information on these qualifications can be found on our websites through these links: itecworld.co.uk/find-a-qualification or vtct.org.uk/find-a-qualification.

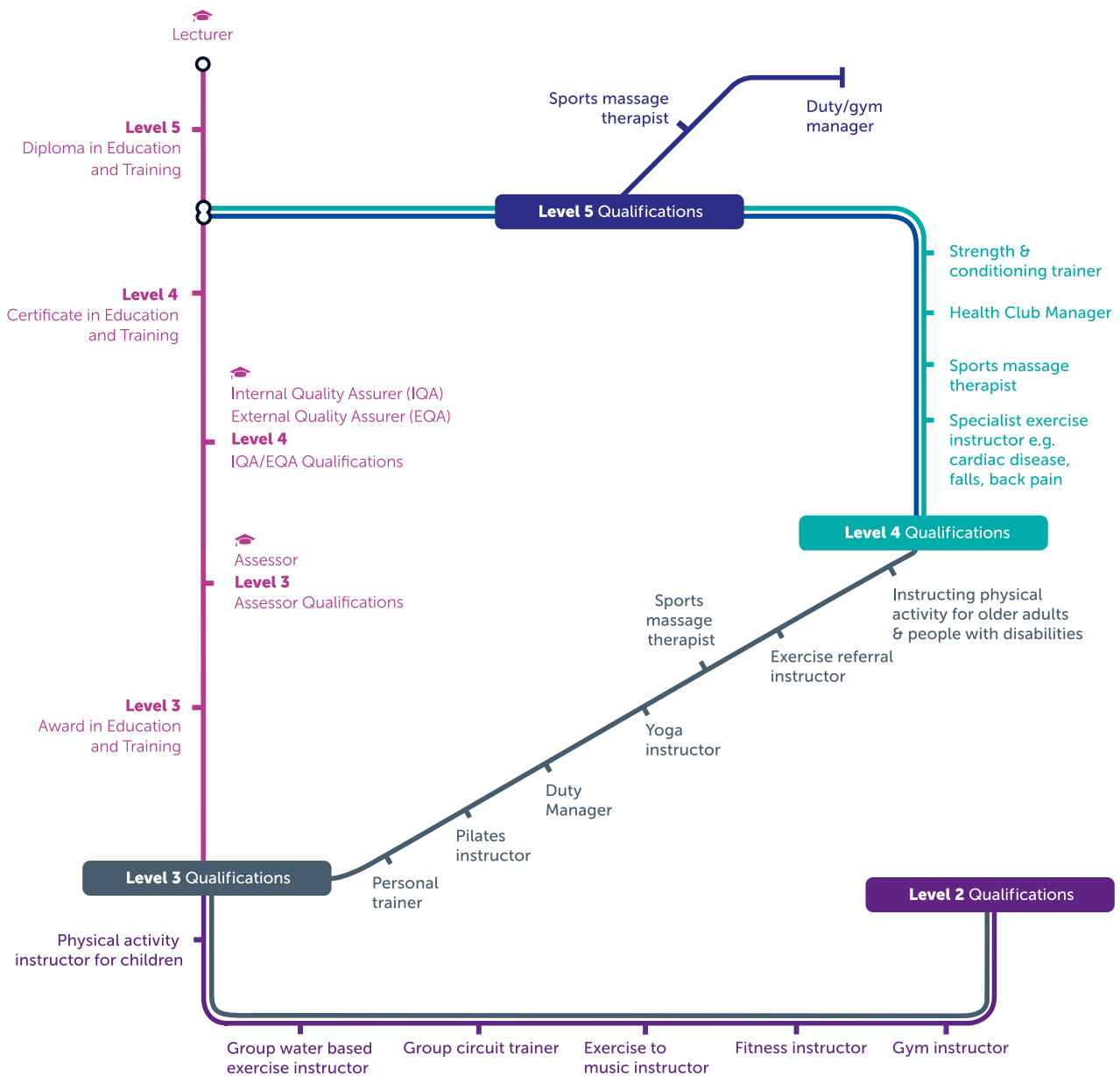


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Sports, Active Health & Fitness Career Paths



Key

- Level 2
- Level 3
- Level 4
- Level 5
- Assessor & Education qualifications

Applied General

Level 3 qualifications for post-16 students who want to continue their education through applied learning, approved by the Department for Education and eligible for performance table reporting and UCAS points.

QN	Product Code	Qualification Title (See below for qualification details)
Applied General Level 3 – Sport and Exercise Sciences		
603/3074/0	SP3C16	VTCT Level 3 National Certificate in Sport and Exercise Sciences
603/3075/2	SP3EC1	VTCT Level 3 National Extended Certificate in Sport and Exercise Sciences
603/3076/4	SP3D26	VTCT Level 3 National Foundation Diploma in Sport and Exercise Sciences
603/3077/6	SP3D27	VTCT Level 3 National Diploma in Sport and Exercise Sciences
603/3078/8	SP3ED25	VTCT Level 3 National Extended Diploma in Sport and Exercise Sciences

Applied General Level 3 – Sport and Exercise Sciences

VTCT's National Certificates and Diplomas in Sport and Exercise Sciences are applied general qualifications that provide learners with the knowledge, understanding and skills to progress to higher education in a range of sports and exercise science related disciplines. VTCT's qualifications are intended for the UCAS Tariff and are formally recognised as fit for purpose by higher education institutions across the UK for entry onto their sport and other related degree programmes.

- **VTCT Level 3 National Certificate in Sport and Exercise Sciences – SP3C16**

TQT 225 GLH 182

- **VTCT Level 3 National Extended Certificate in Sport and Exercise Sciences – SP3EC1**

TQT 435 GLH 362

- **VTCT Level 3 National Foundation Diploma in Sport and Exercise Sciences – SP3D26**

TQT 645 GLH 542

- **VTCT Level 3 National Diploma in Sport and Exercise Sciences – SP3D27**

TQT 840 GLH 720

- **VTCT Level 3 National Extended Diploma in Sport and Exercise Sciences – SP3ED25**

TQT 1305 GLH 1100

VRQ

Vocationally Related Qualifications, often classroom taught, broader in scope than NVQs and leading to further training or employment in a related sector.

QN	Product Code	Qualification Title (See below for qualification details)
VRQ Level 1		
600/8784/5	AF10485	VTCT Level 1 Certificate in Sport and Active Leisure Studies
VRQ Level 2		
600/6156/X	AF20452	VTCT Level 2 Award in Delivering Chair-Based Exercise
603/4491/X	iSP2A1	VTCT (ITEC) Level 2 Award in Instructing Kettlebell Training Sessions
603/4492/1	iSP2A2	VTCT (ITEC) Level 2 Award in Instructing Studio Cycling Sessions
603/4472/6	iSP2A3	VTCT (ITEC) Level 2 Award in Instructing Suspension Training
603/4475/1	iSP2A4	VTCT (ITEC) Level 2 Award in Instructing Strength and Conditioning Sessions
603/4481/7	iSP2C4	VTCT (ITEC) Level 2 Certificate in Fitness Instructing (Exercise to Music)
603/4483/0	iSP2C5	VTCT (ITEC) Level 2 Certificate in Fitness Instructing (Gym-Based Exercise)
603/3668/7	SP2C7	VTCT Level 2 Certificate in Instructing Gym-based Exercise
603/3853/2	SP2C8	VTCT Level 2 Certificate in Instructing Group Exercise to Music
603/3873/8	SP2C9	VTCT Level 2 Certificate in Instructing Group Circuit Training
603/3876/3	SP2C10	VTCT Level 2 Certificate in Instructing Group Water-based Exercise
600/8631/2	AF20486	VTCT Level 2 Diploma in Exercise, Health and Fitness Studies
600/8632/4	AF20487	VTCT Level 2 Diploma in Sports Studies
603/4477/5	iSP2D3	VTCT (ITEC) Level 2 Diploma in Fitness and Exercise Instruction
VRQ Level 3		
500/9525/0	AF30024	VTCT Level 3 Award in Taping and Strapping for Sport and Active Leisure
501/1577/7	AF30081	VTCT Level 3 Award in Nutrition for Physical Activity
501/0496/2	AF30083	VTCT Level 3 Award in Applying Hot and Cold Techniques in Sport and Active Leisure
600/6735/4	AF30455	VTCT Level 3 Award in Designing Physical Activity Programmes for Antenatal and Postnatal Clients
600/6738/X	AF30456	VTCT Level 3 Award in Designing Physical Activity Programmes for Older Adults
603/3669/9	SP3C18	VTCT Level 3 Certificate in Personal Training
600/4756/2	AF30401	VTCT Level 3 Diploma in Exercise Referral
600/7050/X	AF30473	VTCT Level 3 Diploma in Instructing Mat-Based Pilates
600/8635/X	AF30489	VTCT Level 3 Diploma in Preventing Injuries in Sport and Active Leisure
603/0980/5	SP3D25	VTCT Level 3 Diploma in Yoga Instructing
603/3854/4	SP3D33	VTCT Level 3 Combined Diploma in Personal Training
601/4618/7	SP3D6	VTCT Level 3 Diploma in Sports Massage Therapy
601/4324/1	SP3D8	VTCT Level 3 Diploma in Personal Training (Specific Populations)
603/4485/4	iSP3D29	VTCT (ITEC) Level 3 Diploma in Pilates Teaching
603/4488/X	iSP3D30	VTCT (ITEC) Level 3 Diploma in Yoga Teaching
603/4495/7	iSP3D31	VTCT (ITEC) Level 3 Diploma in Personal Training (Gym-Based Exercise)
603/4501/9	iSP3D32	VTCT (ITEC) Level 3 Diploma in Sports Massage
VRQ Level 4		
603/1376/6	SP4A1	VTCT Level 4 Award in Strength and Conditioning
600/9981/1	AF40524	VTCT Level 4 Certificate in Exercise for Management of Low Back Pain
601/4648/5	SP4C1	VTCT Level 4 Certificate in Sports Massage Therapy
603/4497/0	iSP4C2	VTCT (ITEC) Level 4 Certificate in Sports Massage
VRQ Level 5		
601/5325/8	SP5C1	VTCT Level 5 Certificate in Sports Massage Therapy
603/4499/4	iSP5C2	VTCT (ITEC) Level 5 Certificate in Sports Massage

VRQ Level 1

- **VTCT Level 1 Certificate in Sport and Active Leisure Studies – AF10485**

This qualification has been specifically designed for the 16-19 age group and will give an introduction to sport and active leisure. Learners will develop the requisite knowledge and skills needed to plan their own fitness regimes, plan and assist in the leading of activity sessions and they will be encouraged to take part in regular exercise.

Credits **36** TQT **360** GLH **285**

VRQ Level 2

- **VTCT Level 2 Award in Delivering Chair-Based Exercise – AF20452**

This is a specialist qualification that will develop knowledge, understanding and skills to effectively deliver chair-based exercise sessions.

Credits **6** TQT **60** GLH **37**

- **VTCT (ITEC) Level 2 Award in Instructing Kettlebell Training Sessions – iSP2A1**

The main aim of the VTCT (ITEC) Level 2 Award in Instructing Kettlebell Training Sessions is to enable learners to gain the necessary practical and theoretical skills in order to provide kettlebell training sessions to the general public and to gain employment in the sports and fitness industry. This qualification is suitable for learners aged 16 and over and is designed to provide occupational competence at level 2. It also provides a sound platform into further training at level 2 and 3.

Credits **3** TQT **30** GLH **16**

- **VTCT (ITEC) Level 2 Award in Instructing Studio Cycling Sessions – iSP2A2**

The main aim of the VTCT (ITEC) Level 2 Award in Instructing Studio Cycling Sessions is to enable learners to gain the necessary practical and theoretical skills in order to provide studio cycling sessions to the general public and to gain employment in the sports and fitness industry. This qualification is suitable for learners aged 16 and over and is designed to provide occupational competence at level 2. It also provides a sound platform into further training at level 2 and 3.

Credits **4** TQT **40** GLH **28**

- **VTCT (ITEC) Level 2 Award in Instructing Suspension Training – iSP2A3**

The main aim of the VTCT (ITEC) Level 2 Award in Instructing Suspension Training is to enable learners to gain the necessary practical and theoretical skills in order to provide suspension training sessions to the general public and to gain employment in the sports and fitness industry. This qualification is suitable for learners aged 16 and over and is designed to provide occupational competence at level 2. It also provides a sound platform into further training at level 2 and 3.

Credits **4** TQT **40** GLH **20**

- **VTCT (ITEC) Level 2 Award in Instructing Strength and Conditioning Sessions – iSP2A4**

The main aim of the VTCT (ITEC) Level 2 Award in Instructing Strength and Conditioning Sessions is to enable learners to gain the necessary practical and theoretical skills in order to provide strength and conditioning sessions to the general public and to gain employment in the fitness industry. This qualification is suitable for learners aged 16 and over and is designed to provide occupational competence at level 2. It also provides a sound platform into further training at level 2 and 3.

Credits **4** TQT **40** GLH **20**

- **VTCT (ITEC) Level 2 Certificate in Fitness Instructing (Exercise to Music) – iSP2C4**

The main aim of the VTCT (ITEC) Level 2 Certificate in Fitness Instructing (Exercise to Music) is to enable learners to gain the necessary practical and theoretical skills as an introduction into the fitness sector. This qualification is suitable for learners aged 16 and over and is designed to provide occupational competence at level 2. It also provides a sound platform into further training at level 2 and 3.

Credits **24** TQT **240** GLH **159**

- **VTCT (ITEC) Level 2 Certificate in Fitness Instructing (Gym-Based Exercise) – iSP2C5**

The main aim of the VTCT (ITEC) Level 2 Certificate in Fitness Instructing (Gym-based Exercise) is to enable learners to gain the necessary practical and theoretical skills as an introduction into the fitness sector. This qualification is suitable for learners aged 16 and over and is designed to provide occupational competence at level 2. It also provides a sound platform into further training at level 2 and 3.

Credits **24** TQT **240** GLH **158**

- **VTCT Level 2 Certificate in Fitness Instructing Gym-Based Exercise – SP2C7**

The qualification includes all the required elements to work effectively as a gym instructor. Throughout this qualification, learners will develop their knowledge and understanding of relevant anatomy and physiology. They will also develop the knowledge, understanding and skills to prescreen clients and check their readiness to exercise, health and safety and induct individuals and small groups to gym equipment.

TQT **270** GLH **165**

- **VTCT Level 2 Certificate in Instructing Group Exercise to Music – SP2C8**

The qualification includes all the required elements to work effectively as a group exercise to music instructor. Learners will develop the knowledge and skills to plan group exercise to music sessions. They will learn how to design and structure group exercise to music sessions to train different components of fitness.

TQT **243** GLH **157**

- **VTCT Level 2 Certificate in Instructing Group Circuit Training – SP2C9**

The qualification includes all the required elements to work effectively as a group circuit trainer. Throughout this qualification, learners will develop their knowledge and understanding of relevant anatomy and physiology. They will also develop the knowledge, understanding and skills to pre-screen clients and check their readiness to exercise and follow health and safety practices in a health and fitness environment.

TQT **243** GLH **157**

- **VTCT Level 2 Certificate in Instructing Group Water-based Exercise – SP2C10**

This is a substantial vocational qualification that develops the knowledge, understanding and technical skills needed for a career in sport and active leisure as an employed/self-employed fitness instructor. Learners will develop the knowledge and skills needed to plan and instruct water-based exercise classes for apparently healthy adults of all ages; they will also learn how to provide effective support for clients who take part in exercise and physical activity.

TQT **243** GLH **157**

- **VTCT Level 2 Diploma in Exercise, Health and Fitness Studies – AF20486**

This is a substantial vocational qualification that develops the knowledge, understanding and technical skills needed to become a fitness instructor in gym-based exercise.

Credits **43** TQT **430** GLH **310**

- **VTCT Level 2 Diploma in Sports Studies – AF20487**

This is a vocational qualification that will support the learners progression to a technical level qualification in sport, active health and fitness.

Credits **55** TQT **550** GLH **330**

- **VTCT (ITEC) Level 2 Diploma in Fitness and Exercise Instruction – iSP2D3**

The main aim of the VTCT (ITEC) Level 2 Diploma in Fitness and Exercise Instruction is to enable learners to gain the necessary practical and theoretical skills as an introduction into the fitness sector. This qualification is suitable for learners aged 16 and over and is designed to provide occupational competence at level 2. It also provides a sound platform into further training at level 2 and 3.

Credits **54** TQT **540** GLH **342**

VRQ Level 3

- **VTCT Level 3 Award in Taping and Strapping for Sport and Active Leisure – AF30024**

This is a qualification that has been designed to develop the skills, knowledge and understanding needed to apply taping and strapping to prevent and manage injury prevent and manage injury in sport and active leisure.

Credits **5** TQT **50** GLH **32**

- **VTCT Level 3 Award in Nutrition for Physical Activity- AF30081**

This is a qualification that has been designed to enhance knowledge of nutrition for physical activity.

Credits **6** TQT **60** GLH **40**

- **VTCT Level 3 Award in Applying Hot and Cold Techniques in Sport and Active Leisure – AF30083**

This is a qualification that has been designed to develop the skills, knowledge and understanding needed to apply hot and cold techniques to prevent and manage injury in sport and active leisure.

Credits **5** TQT **50** GLH **32**

- **VTCT Level 3 Award in Designing Physical Activity Programmes for Antenatal and Postnatal Clients – AF30455**

This is a specialist vocational qualification focused on developing the knowledge, understanding and skills needed for working with this specialist population. Throughout this qualification learners will develop an in-depth understanding of the physiological and biomechanical changes associated with pregnancy, the key considerations when programming physical activity for antenatal and postnatal clients and the benefits of physical activity.

Credits **6** TQT **60** GLH **36**

- **VTCT Level 3 Award in Designing Physical Activity Programmes for Older Adults – AF30456**

This is a specialist vocational qualification focused on developing the knowledge, understanding and skills needed for working with this specialist population. Throughout this qualification learners will develop an in-depth understanding of the physical, physiological and biomechanical changes that occur with ageing and the impact these factors can have on individuals.

Credits **6** TQT **60** GLH **34**

- **VTCT Level 3 Certificate in Personal Training – SP3C18**

This is a vocational qualification that includes all the required elements to work effectively as a personal trainer, it includes anatomy and physiology for exercise and health, principles of exercise, fitness and health, supporting clients who take part in exercise and physical activity, health, safety and welfare in a fitness environment, nutrition, and programming and delivering personal training sessions.

TQT **289** GLH **208**

- **VTCT Level 3 Diploma in Exercise Referral – AF30401**

This is a technical level qualification that provides learners with the knowledge, understanding and skills to work as an exercise referral instructor, planning and delivering safe and effective programmes for patients with a number of medical conditions.

Credits **38** TQT **380** GLH **242**

- **VTCT Level 3 Diploma in Instructing Mat-Based Pilates – AF30473**

The primary outcome of this qualification is to prepare you to enter the specific sector of health and fitness instructing as a Pilates instructor.

Credits **37** TQT **370** GLH **240**

- **VTCT Level 3 Diploma in Preventing Injuries in Sport and Active Leisure – AF30489**

This is a technical level qualification that provides learners with the knowledge, understanding and skills to work as an employed and/or self-employed sports massage therapist.

Credits **63** TQT **630** GLH **408**

- **VTCT Level 3 Diploma in Yoga Instructing – SP3D25**

This qualification will prepare learners for a career in the sport, active health and fitness industry as a yoga instructor.

TQT **401** GLH **278**

- **VTCT Level 3 Combined Diploma in Personal Training – SP3D33**

The qualification includes the required elements to work as a gym instructor and personal trainer. Learners will develop their knowledge and understanding of relevant anatomy and physiology in an applied context. They will also develop the knowledge, understanding and skills to pre-screen clients, consult with clients and follow health and safety practices, gather relevant lifestyle information and conduct fitness assessments. Learners will develop skills to induct individuals and groups to gym equipment and design and deliver personal training sessions, provide appropriate healthy eating guidance and support clients with changing lifestyle behaviours to promote health and wellbeing.

TQT **559** GLH **373**

- **VTCT Level 3 Diploma in Sports Massage Therapy – SP3D6**

This is a technical level qualification aimed at developing the knowledge, understanding and technical skills needed for a career as a Sports Massage Therapist, either employed or self employed.

Credits **37** TQT **370** GLH **225**

- **VTCT Level 3 Diploma in Personal Training (Specific Populations) – SP3D8**

This is a technical level qualification for learners seeking to work in the health and fitness industry as a personal trainer, specialising in working with specific population groups.

Credits **58** TQT **580** GLH **377**

- **VTCT (ITEC) Level 3 Diploma in Pilates Teaching – iSP3D29**

The main aim of the VTCT (ITEC) Level 3 Diploma in Pilates Teaching is to enable learners to gain the necessary practical and theoretical skills in order to plan and instruct Pilates and provide Pilates teaching to the general public and to gain employment in the fitness industry. This qualification is suitable for learners aged 16 and over and is designed to provide occupational competence at level 3. It also provides a sound platform into further training at level 3 and 4.

Credits **37** TQT **370** GLH **210**

- **VTCT (ITEC) Level 3 Diploma in Yoga Teaching- iSP3D30**

The main aim of the VTCT (ITEC) Level 3 Diploma in Yoga Teaching is to enable learners to gain the necessary practical and theoretical skills in order to plan and instruct yoga and provide yoga teaching to the general public and to gain employment in the fitness industry. This qualification is suitable for learners aged 16 and over and is designed to provide occupational competence at level 3. It also provides a sound platform into further training at level 3 and 4.

Credits **37** TQT **370** GLH **210**

- **VTCT (ITEC) Level 3 Diploma in Personal Training (Gym-Based Exercise) – iSP3D31**

The main aim of the VTCT (ITEC) Level 3 Diploma in Personal Training (Gym-based Exercise) is to enable learners to gain the necessary practical and theoretical skills in order to provide personal training and gym-based exercise to the general public and to gain employment in the fitness industry. This qualification is suitable for learners aged 16 and over and is designed to provide occupational competence at level 3. It also provides a sound platform into further training at level 3 and 4.

Credits **52** TQT **520** GLH **346**

- **VTCT (ITEC) Level 3 Diploma in Sports Massage – iSP3D32**

The main aim of the VTCT (ITEC) Level 3 Diploma in Sports Massage is to enable learners to gain the necessary practical and theoretical skills in order to provide sports massage therapy treatments to the general public and to gain employment in the sports industry. This qualification is suitable for learners aged 16 and over and is designed to provide occupational competence at level 3. It also provides a sound platform into further training at level 3 and 4.

Credits **37** TQT **370** GLH **225**

VRQ Level 4

- **VTCT Level 4 Award in Strength and Conditioning – SP4A1**

This is aimed at learners aged 18+ who wish to pursue a career as a strength and conditioning coach.

TQT **126** GLH **42**

- **VTCT Level 4 Certificate in Exercise for Management of Low Back Pain – AF40524**

The primary outcome of this qualification is to prepare learners to enter the specialist sector of exercise referral specifically working as an exercise referral instructor, with clients with low back pain.

Credits **16** TQT **160** GLH **91**

- **VTCT Level 4 Certificate in Sports Massage Therapy – SP4C1**

This is a vocational qualification that will prepare learners for a career as a sports massage practitioner working with injured clients.

Credits **19** TQT **190** GLH **128**

- **VTCT (ITEC) Level 4 Certificate in Sports Massage – iSP4C2**

The main aim of the VTCT (ITEC) Level 4 Certificate in Sports Massage is to enable learners to gain the necessary practical and theoretical skills in order to provide sports massage therapy treatments to the general public and to gain employment in the sports industry. This qualification is suitable for learners aged 16 and over and is designed to provide occupational competence at level 4. It also provides a sound platform into further training at level 5.

Credits **19** TQT **190** GLH **128**

VRQ Level 5

- **VTCT Level 5 Certificate in Sports Massage Therapy – SP5C1**

This qualification will enable learners to work with non-acute recent injuries and pre-existing conditions for restorative and corrective purposes, with focus on posture, gait, ligamentous and neural conditions.

Credits **25** TQT **250** GLH **127**

- **VTCT (ITEC) Level 5 Certificate in Sports Massage – iSP5C2**

The main aim of the VTCT (ITEC) Level 5 Certificate in Sports Massage is to enable learners to gain the necessary practical and theoretical skills in order to provide sports massage therapy treatments to the general public and to gain employment in the sports industry. This qualification is suitable for learners aged 18 and over and is designed to provide occupational competence at level 5. It also provides a sound platform into further training at level 5 and above.

Credits **25** TQT **250** GLH **127**

NVQ

Assessed in the workplace and based on National Occupational Standards, generally leading to the development of a specific skill within an occupation.

QN	Product Code	Qualification Title (See below for qualification details)
NVQ Level 2		
600/0382/0	AF20104	VTCT Level 2 NVQ Certificate in Activity Leadership
501/0718/5	AF20100	VTCT Level 2 NVQ Diploma in Instructing Exercise and Fitness – Gym-Based Exercise
501/0718/5	AF20101	VTCT Level 2 NVQ Diploma in Instructing Exercise and Fitness – Water-Based Exercise
501/0718/5	AF20102	VTCT Level 2 NVQ Diploma in Instructing Exercise and Fitness – Exercise to Music
501/0718/5	AF20103	VTCT Level 2 NVQ Diploma in Instructing Exercise and Fitness – Exercise and Physical Activity for Children
NVQ Level 3		
501/0722/7	AF30087	VTCT Level 3 NVQ Diploma in Personal Training

NVQ Level 2

- **VTCT Level 2 NVQ Certificate in Activity Leadership – AF20104**

Designed to prepare learners for a career in leading sport and active leisure activities or outdoor activities, this qualification will develop the knowledge and skills needed to prepare, lead, conclude and review activity sessions.

Credits **30** TQT **300** GLH **224**

- **VTCT Level 2 NVQ Diploma in Instructing Exercise and Fitness – Gym-Based Exercise – AF20100**

This is a competence-based qualification that underpins the role of a fitness instructor in the context of the gym.

Credits **39** TQT **390** GLH **242**

- **VTCT Level 2 NVQ Diploma in Instructing Exercise and Fitness – Water-Based Exercise – AF20101**

This is a competence-based qualification that underpins the role of a fitness instructor in the context of water-based exercise.

Credits **38** TQT **390** GLH **242**

- **VTCT Level 2 NVQ Diploma in Instructing Exercise and Fitness – Exercise to Music – AF20102**

This is a competence-based qualification that underpins the role of a fitness instructor in the context of exercise to music.

Credits **38** TQT **390** GLH **242**

- **VTCT Level 2 NVQ Diploma in Instructing Exercise and Fitness – Exercise and Physical Activity for Children – AF20103**

This is a competence-based qualification that underpins the role of a fitness instructor in the context of exercise and physical activity for children.

Credits **37** TQT **370** GLH **242**

NVQ Level 3

- **VTCT Level 3 NVQ Diploma in Personal Training – AF30087**

This is a competence-based qualification that has been designed to prepare learners for a career in the sport and active leisure industry as a personal trainer.

Credits **48** TQT **480** GLH **295**



Apprenticeship Packages (Wales)

Packages comprising the necessary elements to complete an Apprenticeship.

A VTCT Apprenticeship package in Wales includes a competence qualification, a knowledge qualification and employment rights and responsibilities (ERR) (where applicable).

Product Code	Qualification Title (See below for qualification details)
Apprenticeship Packages (Wales) Foundation	
AI20109	Foundation Apprenticeship in Instructing Exercise and Fitness (Wales)
AI20111	Foundation Apprenticeship in Activity Leadership (Wales)
Apprenticeship Packages (Wales) Advanced	
AA30110	Apprenticeship in Advanced Fitness (Wales)



Functional Skills

Qualifications which teach post-16 and adult learners in England how to apply practical Maths, English and ICT skills to real-life and vocational contexts.

QN	Product Code	Qualification Title (See below for qualification details)
Functional Skills Level 1		
603/4608/5	RFSE1	Skillsfirst Level 1 Functional Skills Qualification in English
603/4807/0	RFSM1	Skillsfirst Level 1 Functional Skills Qualification in Mathematics
501/1438/4	FSI01	Skillsfirst Functional Skills Qualification in Information and Communication Technology (ICT) at Level 1
Functional Skills Level 2		
603/4606/1	RFSE2	Skillsfirst Level 2 Functional Skills Qualification in English
603/4808/2	RFSM2	Skillsfirst Level 2 Functional Skills Qualification in Mathematics
501/1314/8	FSI02	Skillsfirst Functional Skills Qualification in Information and Communication Technology (ICT) at Level 2



Glossary of Terms

The following terms are used throughout this book. Please see below for clarification on any of these terms. If you find you still have additional questions about any of our qualification listings, please contact [Customer Support](#).

Award: This describes the size of a qualification in terms of Total Qualification Time (TQT) (comprising both supervised and unsupervised study) required by an average learner. An Award has a TQT of 120 hours or less.

Certificate: This describes the size of a qualification in terms of Total Qualification Time (TQT) (comprising both supervised and un-supervised study) required by an average learner. A Certificate has a TQT of 121-369 hours.

Credits: This is the number of credits awarded upon successful achievement of all unit outcomes. Credit is a numerical value that represents a means of recognising, measuring, valuing and comparing achievement.

Diploma: This describes the size of a qualification in terms of Total Qualification Time (TQT) (comprising both supervised and un-supervised study) required by an average learner. A Diploma has a TQT of 370 hours or more.

GLH: This refers to **Guided Learning Hours**. These are defined as all times when a member of staff is present to give specific guidance towards the learning aim being studied on a programme. It includes any activity of a learner in being taught or instructed by – or otherwise participating in education or training under the immediate guidance or supervision of – a lecturer, supervisor, tutor or other appropriate provider of education or training. No learner is required to take a certain amount of time; some may take less and some may take more time. Qualifications can sit at different levels, but require similar or different amounts of study and assessment time.

Product Code: This is a unique, identifying code which is assigned to every qualification. The code identifies the sector, level and qualification type. You can learn more about product codes here: itecworld.co.uk/qualification-product-codes.

QN: This is the unique number assigned to a qualification upon successful submission to Ofqual's Register of Regulated Qualifications.

Qualification Title: Some qualifications have had title amendments to ensure they are most representative of the qualification's content.

TQT: This is the **Total Qualification Time**, a term used within qualifications regulated by Ofqual as part of the Regulated Qualification Framework (RQF). It aims to provide an indication of the minimum length of time it would take the average learner to complete their qualification. This includes the number of hours an awarding organisation has assigned to a qualification for Guided Learning and an estimate of the number of hours a learner will reasonably be likely to spend in preparation, study, or any other form of participation in education or training. This includes assessment, which takes place as directed – but, unlike Guided Learning, not under the immediate guidance or supervision of – a lecturer, supervisor, tutor or other appropriate provider of education or training.



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