



Voices of School Health - 2026

A conference for School Nurses

August 4, 2026
8:00 a.m. to 3:30 p.m.

Sponsored by the
Lehigh County School Nurses Advisory Board

Hosted by
Catasauqua Area School District
Catasauqua High School
2500 W. Bullshead Road
Northampton, PA 18067

Contact:

Email: LCSNAB2026@gmail.com

Or leave a message at 610-697-0111 option 2 or extension 23131

Or leave a message at 610-298-8661 extension 3912

The Basics:

Registration

- ALL registration will be online
- Deadline - July 15, 2026
- fee - \$65

Registration information – page 3

Food information – page 3

Continuing Education – page 3

Acknowledgements – page 4

Directions – page 2

Schedule – pages 5 - 7

Registration link and instructions – page 8

Please note:

This conference is not designed to create profits. Your registration fee covers the cost of the conference. Any additional funds are put towards the scholarships sponsored by this board to support the education of future nurses. Thank you to all who have supported this conference.

In an effort to be more environmentally friendly, presentation materials as well as conference evaluation and certificates will be available online.

Directions and Parking:

Please use this address in your GPS app: 2500 W. Bullshead Road, Northampton, PA 18067

There is ample parking in the front of the building. Please enter through the main entrance doors in the middle of the building.

Registration information:

The cost is \$65 for the conference. The fee includes food and drink for the day as well as the conference and access to the presentation documents as they are shared with LCSNAB.

Complete the registration form link found on page 9. Then mail your payment to the address provided. No purchase orders will be accepted. Payment must be received for your registration to be confirmed. You will receive an email confirmation when your payment is received. Checks should be made payable to Lehigh County School Nurses Advisory Board or LCSNAB. **All** registration forms must be submitted by July 15, 2026 and all payment must be postmarked by **July 15, 2026**. Limited late registrations *may* be accepted until July 22, 2026 at a fee of \$70 for the conference at the discretion of the board. Please contact LCSNAB2026@gmail.com for availability. **NO** walk-in registrations will be accepted.

A full refund will be provided for all cancellations received in writing by the registration deadline of July 15, 2026. **No** refunds will be provided after that time.

Check-in for the event will be in the Catasauqua High School rotunda from 7:15 a.m. until 8:00 a.m. Please be prompt to avoid disrupting the opening speaker.

Please direct all questions to our email at LCSNAB2026@gmail.com or leave a message at 610-697-0111 option 2 or extension 23131. Your message or call will be returned promptly.

Food information:

A light breakfast, lunch and snacks will be provided. Food will be served in the cafeteria. Breakfast will be during the registration period from 7:15 a.m. until 8:00 a.m. Please make a notation on the registration form if you have any special food needs. *Attempts* will be made to accommodate those needs.

Although Catasauqua High School is a climate-controlled environment, there may be some fluctuation in room temperature. It is suggested that you dress in layers or bring a sweater or light jacket. Exterior doors may not be propped open.

Act 48/CE's:

A **Certificate of Attendance** will be provided at the completion of the evaluation.

Sign-in is required at the beginning of the day. Evaluation forms are to be completed online. After the evaluation is completed, the certificate will be emailed to the address you provide. You may save it or print it on your own. Every school district has its own mechanism for recording Act 48 hours received outside of the district with the PA Dept of Education. Lehigh County School Nurses Advisory Board does NOT have the capability to upload the information for individual nurses. It is the responsibility of the participant to communicate with their school district to register the time for Act 48 hours.

There are 6 CE's available providing you attend the whole day.



The Staff of CASD
Christina Lutz-Doemling, Superintendent
Dan Muthersbaugh, Food Services Director
Paul Reilly, Technology Coordinator
David Todd, Principal, CHS
The Custodial Staff of CASD

**Lehigh County School Nurses Advisory Board
Committee members:**

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Jen Churetta
Melissa DeSocio
Arisa Green
Tracy Hoffman
Meghan Ilasi
Nannette Lingenfelter,
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Jackie Novaco
Valerie Reno
Melissa Salla
Roseanne Sefko
Carly Smith
Latasha Snyder
Jennifer Strock

Donna Tercha, *Past
Chairperson*
Laura Thomas
Chris Tripp
Danielle Walter
Lauren Wieder
and
Mike Heater, CLIU 21

Representing the Lehigh County School Districts:

Allentown School District
Catasauqua Area School District
East Penn School District
Lehigh Career & Technical Institute
Northern Lehigh School District

Northwestern Lehigh School District
Parkland School District
Salisbury Township School District
Southern Lehigh School District
Whitehall-Coplay School District



Voices of School Health 2026
A Conference for School Nurses
Schedule
Tuesday, August 4, 2026

0715 – 0800 Registration & Breakfast

A brief welcome and announcements will begin promptly at 0750

0800 – 0930

KEYNOTE: PA DOH Update 2026

Colleen Schultz, RN, Director of the Division of School Health, and Sheri Mountz, RN, Northeast Region Liaison for the Division of School Health, Pennsylvania Department of Health. *Colleen and Sheri will share updates from the PA DOH, DSH for 2026-2027.*

0930 – 0945

Break

0945 – 1115

AM WORKSHOP

1. QPR - Question, Persuade, Refer

Jason Savinelli, LPC, Behavioral Health Supervisor, Project AWARE Manager, Lehigh and Carbon Counties, Carbon Lehigh Intermediate Unit #21 – *QPR - Question, Persuade, Refer - Suicide Prevention - Recognize the signs of self-harming behaviors and learn to intervene and refer*

2. PAYS - What is it, and how can this data affect my practice?

Dr. Michael Heater, Ed.D. Coordinator, Curriculum & Instruction/Educational Technologies, Carbon Lehigh Intermediate Unit #21 – *PAYS - Pennsylvania Youth Survey - The survey is administered every other year to students in even numbered grades from 6th to 12th grades. The data is useful to determine the strengths and weaknesses of a community to help drive programming and services. Dr. Heater will review local, state and national data to compare trends.*

3. Drug Trends - What's "out there" and how does it affect our students?

Lisa Wolff, Manager of Community Engagement, Center for Humanistic Change – *Drug Trends - Explore the latest drug trends, fads, and availability of substances. Maybe marvel at the creativity of those wishing to gain a "better high."* Lisa's presentations are always informative!

4. Autism

Tonya Kemp, RN, MSN - Care Manager at Lehigh Valley Health Network - *Autism - Explore the Autism spectrum and the challenges individuals with autism face in our schools and society.*

5. ADHD

Dr. Neisan Sabet, Child and Adolescent Psychiatry, Lehigh Valley Health Network - *ADHD - The behaviors, thought processes, and actions of those affected by ADHD are influenced by the ADHD. How are they affected and what accommodations are needed for those with ADHD to be successful in today's world?*

1115 – 1215 Lunch

1215 – 1345 PM WORKSHOP

1. Human Trafficking - Facts Around Sex Trafficking

Kathy Hoadley, Outreach Case Manager, Bloom for Women – *Human Trafficking – Facts Around Sex Trafficking – Trafficking occurs in legitimate businesses as well as in illegal and underground industries and often targets vulnerable individuals using psychological means to groom and trap individuals. The internet, social media and the influence of the pandemic have contributed to the incidence of trafficking. Kathy will share more information and some tips to help recognize and suspect the signs and resources to learn more and provide help.*

2. CALM - Counseling on Access to Lethal Means

Jason Savinelli, LPC, Behavioral Health Supervisor, Project AWARE Manager, Lehigh and Carbon Counties, Carbon Lehigh Intermediate Unit #21 – *CALM - Counseling on Access to Lethal Means - a conversational interactive session to discuss how to reduce access to lethal means for individuals who may involve themselves in*

self-harming behaviors or are at risk for suicide. Reducing the access to lethal means may make the difference between life and death for those at risk.

3. Legal Issues in School Nursing

Erin Gilsbach, Esq. - Executive Director, EdLaw Interactive – *Legal Issues in School Nursing - This presentation will include student confidentiality/health record implications, Custody issues - talking to parents - who can you talk to and who you cannot, subpoenas to appear in court hearings, field trips, and other "hot topics" per the group's discussion, interest and questions.*

4. Hypoglycemia and Diabetes Type 1/Type 2 in Schools

Kristin Torres, MSN, CRNP, CDCES/CPNP-PC, Program Coordinator, LVPG Pediatric Endocrinology, Lehigh Valley Reilly Children's Hospital – *Hypoglycemia and Diabetes Type 1/Type 2 in Schools - Explore management of diabetes and hypoglycemia in the school setting*

1345 - 1400 Break

1400 - 1530 KEYNOTE: Stronger Together: Allyship and Awareness
Krista Brown-Lyn(she/her), Executive Director, and Mary Frasier(she/her), Senior Manager of Community Engagement from the Bradbury Sullivan LGBTQ Community Center - *"Stronger Together: Allyship and Awareness" is a comprehensive educational training created by the Bradbury Sullivan LGBTQ Community Center. The session moves from foundational knowledge - defining core identities like Lesbian, Gay, Bisexual, Transgender, Intersex, and Asexual - to a deeper exploration of the distinction between biological sex and gender identity. It addresses the systemic inequities and mental health disparities faced by queer individuals while challenging participants to recognize their own implicit biases. A significant portion of the training is dedicated to practical application through guided scenarios in professional and personal settings, such as healthcare, education and the workplace. Ultimately, the presentation emphasizes a "progress, not perfection" approach, encouraging allies to move beyond mere awareness toward active acceptance and the consistent use of affirming language and pronouns.*

**Lehigh County School Nurses Advisory Board
Voices of School Health – 2026
A Conference for School Nurses**



Registration Link for Voices of School Health 2026:

<https://forms.gle/HJqNBnap5j5ebDoW8>

For more information, contact:

Email: LCSNAB2026@gmail.com

Or leave a message at 610-697-0111 option 2 or extension 23131

Or leave a message at 610-298-8661 extension 3912

Make checks payable to:

Lehigh County School Nurses Advisory Board or LCSNAB

Mail payment to: Meghan Ilasi

411 Daniel Street

Allentown, PA 18104

Do NOT write checks to Meghan – they will be returned to you and your registration will be delayed.

For payment questions, please contact ilasim@sbsd.org

You will receive an email confirmation when your payment is received.

Thank you.