



Voices of School Health - 2025

A conference for School Nurses

August 5, 2025
8:00 a.m. to 3:30 p.m.

Sponsored by the
Lehigh County School Nurses Advisory Board

Hosted by
Catasauqua Area School District
Catasauqua High School
2500 W. Bullshead Road
Northampton, PA 18067

Contact:
Donna Tercha, RN, BSN, CSN, MEd
Email: terchad@cattysd.org
610-697-0111 option 2 or extension 23131

The Basics:

Registration

- ALL registration will be online
- deadline July 15, 2025
- fee - \$60

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Please note:

This conference is not designed to create profits. Your registration fee covers the cost of the conference. Any additional funds are put towards the scholarships sponsored by this board to support the education of future nurses. Thank you to all who have supported this conference.

In an effort to be more environmentally friendly, presentation materials as well as conference evaluation and certificates will be available online.

Directions and Parking:

Please use this address in your GPS app: 2500 W. Bullshead Road, Northampton, PA 18067

There is ample parking in the front of the building. Please enter through the main entrance doors in the middle of the building.

Registration information:

The cost is \$60 for the conference. The fee includes food and drink for the day as well as the conference and access to the presentation documents as they are shared with LCSNAB.

Complete the registration form link found on page 9. Then mail your payment to the address provided. No purchase orders will be accepted. Payment must be received for your registration to be confirmed. You will receive an email confirmation when your payment is received. Checks should be made payable to Lehigh County School Nurses Advisory Board or LCSNAB. **All** registration forms must be submitted by July 15, 2025 and all payment must be postmarked by **July 15, 2025**. Limited late registrations *may* be accepted until July 22, 2025 at a fee of \$65 for the conference at the discretion of the board. Please contact Donna Tercha at terchad@cattysd.org for availability. **NO** walk-in registrations will be accepted.

A full refund will be provided for all cancellations received in writing by the registration deadline of July 15, 2025. **No** refunds will be provided after that time.

Check-in for the event will be in the Catasauqua High School rotunda from 7:15 a.m. until 8:00 a.m. Please be prompt to avoid disrupting the opening speaker.

Please direct all questions to Donna Tercha, RN at email terchad@cattysd.org or leave a message at 610-697-0111 option 2 or extension 23131. Your message or call will be returned promptly.

Food information:

A light breakfast, lunch and snacks will be provided. Food will be served in the cafeteria. Breakfast will be during the registration period from 7:15 a.m. until 8:00 a.m. Please make a notation on the registration form if you have any special food needs. *Attempts* will be made to accommodate those needs.

Although Catasauqua High School is a climate-controlled environment, there may be some fluctuation in room temperature. It is suggested that you dress in layers or bring a sweater or light jacket. Exterior doors may not be propped open.

Act 48/CE's:

A **Certificate of Attendance** will be provided at the completion of the evaluation.

Sign-in is required at the beginning of the day. Evaluation forms are to be completed online. After the evaluation is completed, the certificate will be emailed to the address you provide. You may save it or print it on your own. Every school district has its own mechanism for recording Act 48 hours received outside of the district with the PA Dept of Education. Lehigh County School Nurses Advisory Board does NOT have the capability to upload the information for individual nurses. It is the responsibility of the participant to communicate with their school district to register the time for Act 48 hours.

There are 6 CE's available, with an optional 1 hour recording to be completed on your own.

OPTIONAL – Donation opportunity:

BLOOM FOR WOMEN – a Lehigh Valley based organization with the mission of providing sanctuary and a continuum of care to heal, empower and employ survivors of sex trafficking and sexual exploitation. Please see their website for more information:

<https://bloomforwomen.org/>

To support Bloom for Women's mission, we will be accepting donations of the following items:

- ❖ Personal care items for men, women and children
 - Soaps
 - Shampoos
 - Toothbrushes
 - toothpaste
- ❖ New or gently used clothing in all sizes for men, women and children
 - Jeans, leggings, T-shirts
- ❖ Blankets
- ❖ Tarps
- ❖ Tents
- ❖ Scrunchies and hair products
- ❖ Batteries of all sizes
- ❖ Snacks
 - Protein bars
 - Chips
 - Capri Sun juices
 - Fruit snacks

Please note that this is completely optional. Receptacles will be provided and the items will be given to a representative from Bloom on the day of the conference.



The Staff of CASD
Christina Lutz-Doemling, Superintendent
Dan Muthersbaugh, Food Services Director
Paul Reilly, Technology Coordinator
David Todd, Principal, CHS
The Custodial Staff of CASD

Lehigh County School Nurses Advisory Board

Committee members:

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Representing the Lehigh County School Districts:

Allentown School District
Catasauqua Area School District
East Penn School District
Lehigh Career & Technical Institute
Northern Lehigh School District

Northwestern Lehigh School District
Parkland School District
Salisbury Township School District
Southern Lehigh School District
Whitehall-Coplay School District



Voices of School Health 2025
A Conference for School Nurses
Schedule
Tuesday, August 5, 2025

- 0715 – 0800 Registration & Breakfast
A brief welcome and announcements will begin promptly at 0750
- 0800 – 0930 KEYNOTE: Dr. Michael Heater, Jr. - CLIU 21 C&I Coordinator, SEW Region 3 Lead, Trauma Informed School Climate Coach
Social Emotional Wellness – How well are you? How well are your students? Dr. Heater will explore key points for promoting Social Emotional Wellness.
- 0930 – 0945 Break
- 0945 – 1115 AM WORKSHOP
1. Kristine Tanase, MS, CCHW, Outreach Program Specialist – Hemophilia Treatment Center and Cystic Fibrosis (Pediatric Pulmonology) Lehigh Valley Reilly Children’s Hospital
Bleeding Disorders and the School Aged Population – Ms. Tanase will share detailed information about a variety of bleeding disorders in the hemophilia classification as well as important information regarding accommodations and treatments for these students.
 2. Nancy Maulick, PA-C, Primary Care, Family Medicine, Lehigh Valley Health Network
The Bodily Impact of Anxiety and Depression – Explore the physical effects of anxiety and depression on the human body with emphasis on the pediatric population.
 3. Sheniqua Mitchell, LSW, Outreach Manager for Bloom for Women
Sex Trafficking and Sexual Exploitation – Ms. Mitchell will speak on the intersectionality of human trafficking and substance abuse, mental health, adverse childhood

experiences, and substance use disorder among survivors to include teenagers.

4. Victoria Gunther, MS, Licensed Professional Counselor, School-based Outpatient Counselor, RHA/Salisbury Behavioral Health and Patrick Donahoe, Licensed Professional Counselor, RHA/Salisbury Behavioral Health
Social Media, E-devices and their effects on behavior – Ms. Gunter and Mr. Donahoe will present information about the use of electronic devices such as cell phones and e-tablets and their impact on learning and behaviors.

1115 – 1215 Lunch

1215 – 1345 PM WORKSHOP

1. Erin D. Gilsbach, Esq., Founder and CEO of EdLaw Interactive
Undocumented Students: Rights and Responsibilities – While the undocumented population appears to be increasing in numbers, it becomes more difficult to help them access health services and resources. Ms. Gilsbach will cover the rights and responsibilities of the undocumented population and how best to serve them.
2. Lisa Wolff, Manager of Community Engagement, Center for Humanistic Change
Current Drug Trends – This lecture will discuss addiction as a disease. Current drug trends will be reviewed along with effects, complications and treatments. Brain development and mental health concerns associated with illicit drug and alcohol use will also be part of this discussion.
3. MaryEllen Shiels, Public Health Emergency Preparedness Manager, Allentown Health Bureau; Tanya Hook, Director, Lehigh County Emergency Management Agency; Kevin McGowan, Outreach Manager and CERT Coordinator, Lehigh County Emergency Management Agency
Emergency Preparedness – Are you ready? This presentation will include information on emergency response and how best to prepare for whatever happens.
4. Steven Santiago, Corporal, Community Relations Supervisor, North Catasauqua Police Department

Self-Defense – Corporal Santiago and team will present practical tips and techniques for self-defense.

1345 - 1400 Break

1400 - 1530 KEYNOTE: Dr. Lorna Myers, Ph.D., Director, Psychogenic Non-Epileptic Seizures Program, Northeast Regional Epilepsy Group
PNES – Psychogenic non-epileptic seizures: What are they? How do they differ from epilepsy? Learn more about this disorder that seems to be increasing in our schools.
NOTE: This will be a live Zoom event in the CHS auditorium.

Optional: On Your Own – recording by Colleen Schultz, Director of the Division of School Health, and Sherri Mountz, liaison to the NE region of PA DOH.

Colleen Schulz and Sherri Mountz will respond to your submitted questions via a recording – the link will be provided. Please submit your questions/concerns on the registration form or to your school nurse representative at smountz@pa.gov by July 15, 2025. You may view the recording on your own for an optional additional 1 hour of CE.



**Lehigh County School Nurses Advisory Board
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Registration Link for Voices of School Health 2025:
<https://docs.google.com/forms/d/e/1FAIpQLSenx0RBcGx54GrAc26BRVT7TnrA1zjmBvBA4djjd1pWsLlj5w/viewform?usp=dialog>

For more information, contact: Donna Tercha, RN, BSN, CSN, MEd
Email: terchad@cattysd.org
610-697-0111 option 2 or extension 23131

Make checks payable to:
Lehigh County School Nurses Advisory Board or LCSNAB

Mail payment to: Meghan Ilasi
411 Daniel Street
Allentown, PA 18104

Do NOT write checks to Meghan – they will be returned to you and your registration will be delayed.

For payment questions, please contact ilasim@sbsd.org

You will receive an email confirmation when your payment is received.
Thank you.