



Voices of School Health - 2024

A conference for School Nurses

August 6, 2024
8:00 a.m. to 5:00 p.m.

Sponsored by the
Lehigh County School Nurses Advisory Board

Hosted by
Catasauqua Area School District
Catasauqua High School
2500 W. Bullshead Road
Northampton, PA 18067

Contact:
Donna Tercha, RN, BSN, CSN, MEd
Email: terchad@cattysd.org
610-697-0111 option 2 or extension 23131

The Basics:

Registration

- by mail
- deadline July 15, 2024
- fee - \$60

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Please note:

This conference is not designed to create profits. Your registration fee covers the cost of the conference. Any additional funds are put towards the scholarships sponsored by this board to support the education of future nurses. Thank you to all who have supported this conference.

In an effort to be more environmentally friendly, presentation materials as well as conference evaluation and certificates will be available online.

Directions and Parking:

Please use this address in your GPS app: 2500 W. Bullshead Road, Northampton, PA 18067

There is ample parking in the front of the building. Please enter through the main entrance doors in the middle of the building.

Registration information:

The cost is \$60 for the conference. The fee includes food and drink for the day as well as the conference and access to the presentation documents as they are shared with LCSNAB.

Complete the registration form found on page 9 and mail it to the address provided with your payment for the conference OR register using the google form (link on page 8), then mail your payment. No purchase orders will be accepted. Payment must be received for your registration to be confirmed. You will receive an email confirmation when your payment is received. Checks should be made payable to Lehigh County School Nurses Advisory Board or LCSNAB. **All** registration forms and/or payment **must** be postmarked by **July 15, 2024**. Limited late registrations *may* be accepted until July 22, 2024 at a fee of \$65 for the conference at the discretion of the board. Please contact Donna Tercha at terchad@cattysd.org for availability. **NO** walk-in registrations will be accepted.

A full refund will be provided for all cancellations received in writing by the registration deadline of July 15, 2024. **No** refunds will be provided after that time.

Check-in for the event will be in the Catasauqua High School rotunda from 7:15 a.m. until 8:00 a.m. Please be prompt to avoid disrupting the opening speaker.

Please direct all questions to Donna Tercha, RN at email terchad@cattysd.org or leave a message at 610-697-0111 option 2 or extension 23131. Your message or call will be returned promptly.

Food information:

A light breakfast, lunch and snacks will be provided. Food will be served in the cafeteria. Breakfast will be during the registration period from 7:15 a.m. until 8:00 a.m. Please make a notation on the registration form if you have any special food needs. *Attempts* will be made to accommodate those needs.

Although Catasauqua High School is a climate-controlled environment, there may be some fluctuation in room temperature. It is suggested that you dress in layers or bring a sweater or light jacket. Exterior doors may not be propped open.

Act 48/CE's:

A **Certificate of Attendance** will be provided at the completion of the evaluation.

Sign-in is required at the beginning of the day. Evaluation forms are to be completed online. After the evaluation is completed, the certificate will be emailed to the address you provide. You may save it or print it on your own. Every school district has its own mechanism for recording Act 48 hours received outside of the district with the PA Dept of Education. Lehigh County School Nurses Advisory Board does NOT have the capability to upload the information

for individual nurses. It is the responsibility of the participant to communicate with their school district to register the time for Act 48 hours.

There are 7 CE's available, with an optional 1 hour recording to be completed on your own.



The Staff of CASD
Christina Lutz-Doemling, Superintendent
Dan Muthersbaugh, Food Services Director
Paul Reilly, Technology Coordinator
David Todd, Principal, CHS
The Custodial Staff of CASD

Lehigh County School Nurses Advisory Board

Committee members:

Jen Churetta
Courtney Cyriax
Melissa DeSocio
Jane Dolin
Tracy Hoffman

Meghan Ilasi
Nannette Lingenfelter
Valerie Reno
Roseanne Sefko
Diane Seremula

Donna Tercha, *Chairperson*
Chris Tripp
Lynn Welliver
Lauren Wieder
Jackie Zolotsky

Representing the Lehigh County School Districts:

Allentown School District
Catasauqua Area School District
East Penn School District
Lehigh Career & Technical Institute
Northern Lehigh School District

Northwestern Lehigh School District
Parkland School District
Salisbury Township School District
Southern Lehigh School District
Whitehall-Coplay School District



Voices of School Health 2024
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Schedule
Tuesday, August 6, 2024

- 0715 – 0800 Registration & Breakfast
A brief welcome and announcements will begin promptly at 0750
- 0800 – 0930 KEYNOTE: Marijuana and Students
Sergeant Antonio Tramonte and Corporal Steven Santiago, North
Catasauqua Police Department
*Marijuana and Students: Recognizing and Responding – Sgt.
Tramonte and Cpl. Santiago will discuss the various forms of
Marijuana and its addictive properties. They will also discuss the
effects of this popular drug on the human body.*
- 0930 – 0945 Break
- 0945 – 1115 AM WORKSHOP
1. Aavidum – I’ve Got Your Back
Mary Pritchard, Director of Outreach for Aavidum. Mary holds
several degrees in psychology and has experience as a clinical
psychologist, a school psychologist, and a hostage negotiator.
*Aavidum – I’ve Got Your Back – Learn what this student led
movement is and how the positive energy from the
movement can affect the mental health and well-being of
individuals, groups of students and even entire schools.*
 2. Evaluation Tools, Process and Policies of Concussions in
Athletes
Dr. Josh Irizarry DAT, LAT, ATC, PES, Lead Athletic Trainer at
Parkland High School, St. Luke’s University Health Network
*Evaluation Tools, Process and Policies of Concussions in
Athletes – Dr. Irizarry will discuss assessment and
management of the concussed student athlete.*

3. Undocumented Students

Erin D. Gilsbach, Esq., Founder and CEO of EdLaw Interactive
Undocumented Students: Rights and Responsibilities – *While the undocumented population appears to be increasing in numbers, it becomes more difficult to help them access health services and resources. Ms. Gilsbach will cover the rights and responsibilities of the undocumented population and how best to serve them.*

4. The Opioid Epidemic

Beth Love, Opioid Prevention Manager, Allentown Health Bureau

The Opioid Epidemic – *Ms. Love will discuss the opioid epidemic in our region, including the latest drugs, recognition, treatments and therapies.*

1115 – 1215 Lunch

OPTIONAL: Overlapping the 2nd half of the lunch period...

1145 – 1215 Learn with Lunch – Narcan Training – *Lisa Wolff from the Center for Humanistic Change will present training in the use and administration of Narcan. Each participant will receive Narcan for their school.*

NOTE: This session is optional. To participate, you must sign up on the registration form.

1215 – 1345 PM WORKSHOP

1. SAP & Mental Health

Lisa Wolff, Manager of Community Engagement, Center for Humanistic Change

SAP & Mental Health – *Discuss the SAP process and the many supports available for students with mental health needs.*

2. Working with Students on the Autism Spectrum

Elise Settanni, M.Ed, BCBA, LBS, Lehigh University Autism Services

Working with Students on the Autism Spectrum – *What are the many challenges faced by students on the Autism Spectrum? How are they different and yet the same as many other students? Learn more about Autism and tips to raise the comfort level of these students as well as yourselves.*

3. Diabetes Technology in School-Aged Children

Amberly Evasic, RD, LDN, CDCES – Quality Coordinator for LVPG Diabetes and Metabolism Center

Diabetes Technology in School-Aged Children – *A review of currently available technology for diabetes management, including continuous glucose monitors (CBMs), smart pens, insulin pumps, and Automated Insulin Delivery Systems (AIDs). Special circumstances will also be discussed, including recess, sports (practices, games, competitions), illness, etc.*

4. What are Environmental Field Services

Stevie Rose Wolst, REHS/RH, Environmental Field Services Manager, Allentown Health Bureau

What are Environmental Field Services? *There's more to it than what the words imply. Learn how the Environmental Field Services affect health and well-being through prevention, involvement and education and how these services affect your students.*

1345 - 1400

Break

1400 - 1530

KEYNOTE: Appearance and Performance Enhancing Substances
Brian Parker, Director of Education, Taylor Hooton Foundation
Appearance and Performance Enhancing Substances

This presentation will provide a pragmatic view of these substances. What are they? Who is using them? Where are they coming from? What are the issues and pressures driving their usage? How do we navigate dietary supplements? What are the dangers? The presentation will provide factual information so that we can provide a crucial conversations for

our students about achieving their performance goals while responsibly managing these potentially harmful substances.

1530 – 1545

Break

1545 – 1700

KEYNOTE: Human Trafficking

Sean Crawford, Special Agent, DHS and Brent Morral, Supervisory Agent, DHS. Agents Crawford and Morral work within Homeland Security Investigations of the Department of Homeland Security, RAC Allentown, PA

Human Trafficking – a discussion of recognition and prevalence of human trafficking in our area

Optional: On Your Own – recording by Colleen Schultz, Director of the Division of School Health, and Sherri Mountz, liaison to the NE region of PA DOH.

Colleen Schulz and Sherri Mountz will respond to your submitted questions via a recording – the link will be provided. Please submit your questions/concerns on the registration form or to your school nurse representative at smountz@pa.gov by July 15, 2024. You may view the recording on your own for an optional additional 1 hour of CE.





Lehigh County School Nurses Advisory Board
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Registration Form

August 6, 2024 – Registration Forms and/or payment must be postmarked by July 15, 2024

CONTACT INFORMATION – Please print clearly.

Name _____
 Address _____
 City _____ State _____ Zip Code _____
 Phone where you can be reached during the summer _____
 School District _____

Email – All communication will be done through email. **Please supply an email address where you can be reached during the summer.**

Make checks payable to: Lehigh County School Nurses Advisory Board or LCSNAB

For more information, contact: Donna Tercha, RN, BSN, CSN, MSEd
 Email: terchad@cattysd.org 610-697-0111 option 2 or extension 23131

Mail registration forms and payment to: Meghan Iasi
 411 Daniel Street
 Allentown, PA 18104

[VOSH online registration form](#) – please mail payment to Meghan Iasi at the above address. You will receive an email confirmation when your payment is received. Thank you.

Please indicate your first and second choice selections for each workshop session by using the **number** of the workshop listed in the brochure. Every attempt will be made to give you your first choice as space allows.

AM WORKSHOP		PM WORKSHOP	
1 st choice		1 st choice	
2 nd choice		2 nd choice	

Please check this box if you would like to participate in Narcan Training during the lunch hour.

List questions for Colleen Schultz and Sherri Mountz