



LIFESTYLE

## Birds on Bikes

Jeremy Guthrie inspires teammates to go for the cycle.

BY HILLEL KUTTLER

So you think you just saw Oriole Jeremy Guthrie whizzing by you on a mountain bike while you were sitting in downtown traffic? You didn't imagine it—turns out the starting pitcher for the orange and black is oh-so-green.

While teammates park their pricey sedans and giant SUVs in the lots at Camden Yards, Guthrie remains the most dedicated of several players who bike it to the ballpark.

A bit of a bike geek, Guthrie enjoys chatting with bicycle shop owners about brands and models.

Last year, Guthrie and Mayor Sheila Dixon kicked off a National Bike to Work Day promotion. He also has asked the team to add bicycle racks at the ballpark to encourage fans to bike in.

"With Baltimore, it's the convenience thing," says Guthrie, who has ridden both Gary Fisher brand and motocross bikes to Camden Yards. "I can ride home from games and my wife can drive home [in a car]. I don't enjoy driving in traffic. And environmentally, it's a good decision to avoid driving."

Guthrie has built a minor following with current O's Luke Scott and Aubrey Huff. Since-departed Brian Burres, Garrett Olson, and Adam Loewen were last season's regular bicyclists. All of them chose to two-wheel it to Camden Yards for the most urban of reasons: to beat the traffic.

On a typical day during this season, Scott mounts his black Gary Fisher Cobia mountain bike outside his Canton home, scoots down Boston Street to Fleet and President, hooks a left into a Pratt Street bicycle lane, and abandons the wheels at his locker. Door-to-door? Less than 10 minutes, and it's a built-in warmup to boot. (When he has to take the car, he hops right onto a stationary bicycle when he gets to the stadium.)

"The traffic in Baltimore is terrible," says Scott. "With road construction and all that, it can take 15-20 minutes to drive a mile-and-a-half in a car. It's ridiculous and frustrating. But biking makes it easier."

**Starting pitcher Jeremy Guthrie says he chooses bikes for their convenience and eco-friendliness.**

## High Five!

5 THINGS WE'RE OBSESSED WITH THIS MONTH



### Pretty in Pink

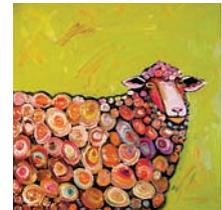
I'm obsessed with the peony flower. To me, they say summer, and they look so beautiful in a simple vase.

JANELLE ERLICHMAN DIAMOND, LIFESTYLE EDITOR

### Night Shift

This month Conan O'Brien moves to the big leagues—and an earlier time slot, perfect for those of us who grew up watching him, but are too old to stay up that late anymore.

AMY MULVIHILL, ASSISTANT MANAGING EDITOR



### Animal Print

I'm loving the technicolor paintings of Eli Halpin that were exhibited at the Evergreen Coffee House. How can you look at her work and not smile?

MAX WEISS, MANAGING EDITOR

### Salad Days

Taking a side to a cookout? Caesar salad from Eddie's (crisp romaine, grated parm, store-made croutons, and dressing) is the perfect shortcut.

SUZANNE LOUDERMILK, SENIOR EDITOR



### Hello, Fro Yo

The frozen yogurt craze has finally come to Baltimore. Mr. Yogato in Fells Point has four non-fat yogurt flavors and more than 30 fresh fruit and dessert toppings.

JESS BLUMBERG, ASSOCIATE EDITOR