
The Ten-Pin Tribune Vol. 6

1 message

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The Ten-Pin Tribune

League Week 5 - Bowling November 1st, 2025

Parent Announcements

New This Week

- Our lottery fundraiser tickets were distributed last Saturday. Tickets are \$5 for a chance to win 2 \$500 prizes. Stubs and money can be turned in as soon as possible. November 15th is the last league Saturday before the drawing so please try to have them returned by 11/15.
- Our next Dine & Donate event is **Tuesday, November 4th at BJ's Brewhouse!** See below for more details.

The Schedule Ahead

- 🧑 November 8th will be our Fall Skills Challenge.
- 🚫 There will be no bowling November 22nd due to a tournament being hosted by the bowling alley.
- 🚫 There will also be no bowling on November 29th due to the Thanksgiving holiday.



Weekly League Highlights

Junior Highlights:

 **Turkey Towel** - Axel, Makenna x2, Tyler x2, Christian,
Prebowed Turkeys so far this season - Joseph, Axel, Chase and Brady

Pins Over Average (Game or Series):

50+ Pins - Brady,

We had several bowlers this week that came so close, with 48+ pins over average!

First 200 Game - Makenna

Team High Score - Dr. Pepper (1405)

Bumper Highlights:

Strike Towel - Callan, Connor, Thad

25+ Pins Over Average- Callan, Connor



Coach's Corner

One Hand or Two?

An increasingly controversial topic that's important for bowlers trying to figure out their style to know. The "traditional" way of bowling involves one hand with three fingers inserted in the ball. The swing of the ball comes from the shoulder and revs are generated by the hand motion as the fingers come out of the ball. Two handed bowling has become increasingly popular, especially in youth bowling. Two-handed bowling is more of a full body effort to release the ball. Bowlers using two hands can generate more revs which typically translates to more hook and more pin action.

New bowlers should always use the style that's more comfortable for them. The goal is to score high using whatever technique is the most efficient for you.

As always, if you plan to bowl in a tournament, be sure to consult the [USBC Rulebook](#). There are specific rules for two-handed bowlers and equipment.

Halloween Fun!

Thank you to everyone that participated in our Halloween Fun day! The kids had a great time. Halloween Photos will be posted soon.

Our next party day will be in December for the holidays.





JOIN US FOR A DELICIOUS WAY TO **RAISE MONEY!**

Date: Nov 04, 2025

Time: 11:00AM to 10:00PM

For Dine In, Takeout or Curbside at this BJ's Location:

1819 Washington Rd.
Upper St. Clair, PA 15241
412-347-4790

Enjoy delicious food in a fun atmosphere along with your family
and friends while earning funds in support of:

Mt. Lebanon Junior Bowlers

WITH EACH FLYER PRESENTED DURING THIS FUNDRAISING EVENT, BJ's WILL DONATE
20% OF FOOD AND SOFT BEVERAGE SALES TO THE DESIGNATED ORGANIZATION!

VISIT US IN PERSON, ORDER ONLINE OR PLACE A TAKE-OUT ORDER

When dining in: Present this flyer to your server at any time during your meal.

When ordering online: Enter the 6-digit fundraiser code below at the time of checkout.

When placing a take-out order: Present this flyer to a BJ's team member upon your arrival.



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Valid for dine in, takeout or curbside when applicable. Not valid toward alcoholic beverages. Please show this flyer to the server.
Please do not distribute flyers on site during the event.



Dine & Donate

Thank you to everyone who participated in our fundraiser at the Primanti Brother's Mount Lebanon location on Tuesday! Our next Dine & Donate event is ***Tuesday, November 4th at BJ's Brewhouse!***

Flyers will be distributed on Saturday.

Upcoming Tournaments

- [SPINS Youth Scholarship Tournament, November 2](#) - Good luck to all of our bowlers headed to this tournament!
- The Greater Pittsburgh USBC Youth Championship scheduled for November 8th, 9th, 15th, and 16th at Nesbit's has been **postponed**. We will provide the new date as soon as it is shared with us
- [Gateway Bowling No-Tap Tournament 2025 - Sunday, December 2nd](#)
 - No-tap bowling is a great, fun scoring method of bowling for all skill levels *and* it benefits a local high school bowling program! (No-tap bowling is when knocking down 9 or 10 pins counts as a strike).

[See the Junior Bowlers website for additional tournament opportunities](#)

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If there's content/a special shout out/pictures you'd like to share/a coaching topic you'd like to see covered in the newsletter, please feel free to email Coach Denielle at coachd@mtlebanonjuniorbowlers.com.