

**The Ten-Pin Tribune Vol. 8**

1 message

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# The Ten-Pin Tribune

**League Week 7 - Bowling November 15th, 2025**

## Parent Announcements

### New This Week

- Our lottery fundraiser tickets MUST be returned by this Saturday, 11/15.
- This is a reminder that once league bowling is done for the day, the practice lane is CLOSED and will be turned off. Members are welcome to use their 2 free games by showing their league member card at the desk and reserving lanes.
- Score sheets need to be turned in to a coach or league admin at the end of every week - not left on a table. Score sheets need to be completed in full, with totals, or scores have the possibility of not counting for the week.

### The Schedule Ahead

- ⊘ There will be no bowling November 22nd due to a tournament being hosted by the bowling alley.
- ⊘ There will also be no bowling on November 29th due to the Thanksgiving holiday.
- 🏠 December 20th will be our Holiday Pajama Party!
- ⊘ December 27th there will be no bowling due to the Christmas Holiday.
- ⊘ January 3rd there will be no bowling due to the New Year Holiday.



## Skills Challenge

Congrats to Tyler Eggers, our Fall Skills Challenge Winner!!

For more photos, visit our website [here](#).



## Weekly League Highlights

### Junior Highlights:

**Turkey Towel** - Christian, Zyra, Makenna, Grayson, Jack, Owen

### **Pins Over Average (Game or Series):**

**75+ Pins** - Mackenzie (Game) Chase (Series)

Honorable Mention - Grayson, Axel, Brayden 45+ Pins Over Average games

**Team High Score** - Mountain Dew - 1429 (Scratch)

### Bumper Highlights:

**Strike Towel** - Alex, Connor, Emmett



## Coach's Corner

### Posting Your Shot

One of the most common phrases you'll hear from me coaching any level of bowling is "finish your shot" or "post your shot." I posted [this video](#) to the parents group on Facebook that shows two shots; one is balanced at the foul line and the other is not. She slowed the video down so that you could see the difference in positioning and how it changed her release.

Posting your shot - whether it's bowling, basketball, golf - ensures that your momentum and movement are in the optimal direction. It also ensures repeatability of your shots. If you're able to consistently repeat shots, you're able to better diagnose problems in your game.

For more information on the components of a good finish, visit [this article \(Stick the Landing\)](#) on BOWL.com.

## Upcoming Tournaments

- The Greater Pittsburgh USBC Youth Championship scheduled for November 8th, 9th, 15th, and 16th at Nesbit's has been **postponed**. We will provide the new date as soon as it is shared with us
- [Gateway Bowling No-Tap Tournament 2025 - Sunday, December 2nd](#)
  - No-tap bowling is a great, fun scoring method of bowling for all skill levels *and* it benefits a local high school bowling program! (No-tap bowling is when knocking down 9 or 10 pins counts as a strike).

[See the Junior Bowlers website for additional tournament opportunities](#)

Visit Our Website

Check your SMART account

If there's content/a special shout out/pictures you'd like to share/a coaching topic you'd like to see covered in the newsletter, please feel free to email Coach Danielle at [coachd@mtlebanonjuniorbowlers.com](mailto:coachd@mtlebanonjuniorbowlers.com).