
Ten Pin Tribune Vol. 10

1 message

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The Ten-Pin Tribune

League Week 10 - Bowling December 20, 2025

Parent Announcements

New This Week

- December 20th will be our Holiday Pajama Day! Kids are invited to wear their festive PJs. Just make sure they don't inhibit the ability to bowl. Parents are welcome to join in the fun!
- December 28th will be the Mt. Lebanon Junior Bowlers Holiday Tournament at SNPJ Lodge 138 located at [269 Latimer Ave, Strabane, PA 15363](#)


The Schedule Ahead

- ⊘ December 27th there will be no bowling due to the Christmas Holiday.
- ⊘ January 3rd there will be no bowling due to the New Year Holiday.



Weekly League Highlights

Junior Highlights Dec. 13th:

 **Turkey Towel** - Jonathan, Axel, Christian

Pins Over Average (Game or Series) -

50+ Pins (Game Only) - Julian L., Chase

75+ Pins - Gloria (series)

100+ Pins - Julian L. (series)

Team High Score - Mountain Dew (1560)

Tournament - Nesbit Lanes Holiday Tournament
results coming soon!

Bumper Highlights:

Strike Towel - Emmett, Callan, Connor



Mt. Lebanon Junior Bowlers Holiday Doubles Tournament

Coach Mike put out a call for anyone interested in bringing snacks or drinks to the tournament. Pizza will be provided by United Safety Services and there a few volunteers bringing cookies currently. Reach out to Coach Mike if you're interested!



Coach's Corner

The Lost Art of Keeping Score

If the computers went out, would you be able to keep score with a pen and paper? Today we break down how to tally up your score and how to shorthand things like splits.

Each frame without a mark (a strike or a spare) is worth exactly that many pins and is called an open frame. Instead of using 0 for zero pins, a minus sign is used.

A spare is worth 10 pins plus your next throw. So a 9 / followed by a 6 the next throw makes the 9 / worth 16 pins.

A strike is worth 10 pins plus your next **two** throws. So a X followed by a 4 5 is worth 19 pins. Three strikes in a row means your first strike counts for 30 pins!

Common markings for splits with hand scoring include circling the first throw or putting 'S' in the frame in front of the first throw.

Just like in digital scoring, crossing the foul line results in a F for that single throw and zero points.

Bowl.com has some practice frames if you want to try your hand!

Upcoming Tournaments

- Dec. 28th Mt. Lebanon Junior Bowlers Holiday Doubles Tournament
- Jan 11th Singles Tournament - Butler Area USBC
- Multiple dates in January & February: 2025-26 [Greater Pittsburgh USBC Youth Championship at New Great Valley Lanes](#)

[See the Junior Bowlers website for additional tournament opportunities](#)

Dine to Donate

Thanks to all who came out to our last Dine to Donate of the year at Panera Bread in Mt. Lebanon! And thank you to all who spread the word or participated in any of these events this past year! Stay tuned for more events like this in 2026.

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If there's content/a special shout out/pictures you'd like to share/a coaching topic you'd like to see covered in the newsletter, please feel free to email Coach Denielle at coachd@mtlebanonjuniorbowlers.com.