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Subject: The Ten-Pin Tribune - Vol. 1
Date: Sep 24, 2025 at 9:35:05 PM
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Junior League Starts This Saturday, September 27 at 10:00!

Hello, everyone and welcome to the first ever Mt. Lebanon Junior Bowlers Newsletter! We plan to use this newsletter to share announcements, achievements, and calendar events for the league.

It is our hope that this Newsletter and some other modifications can help cut down on our morning announcements. Please keep your ears open, some mornings we may have a lot to say in which case we're hoping to pull the parents into a huddle while the kids are warming up/getting started.

Parent Announcements

This Saturday's league will be bowling on the high numbered end of the house due to a previously scheduled tournament. Coach Janelle will have a registration table set-up by the doors so please make locating her your first order of business on Saturday morning. Since it's the first day of the year, and we have slightly limited lane availability, please be patient and expect to spend a little extra time at the lanes.

Parent Committees

This year, we're asking for help from our parents and their vast knowledge bases to fill a variety of Parent Committees to help keep our program running smoothly! Coach Janelle will have physical forms on Saturday morning but if you're interested in filling it out digitally follow the link to learn more to learn more. - <https://forms.gle/HeUCDx8r9LzbTUC26>

Changes to League Rules

2025-26 Youth Bowling League Rules

Highlights:

- Members more than two weeks behind **will not be allowed to bowl** until they are caught up.
- USBC Rule 400 prohibits youth bowlers from participating in any league or non-singles tournament that awards cash (of any amount), bonds, or merchandise exceeding \$500. This includes pacing and acting as a substitute, even if the youth will not be receiving the award. Please familiarize yourself with this rule if your child bowls outside of youth league.

The Schedule Ahead

Our league Halloween party will be on October 25th.

November 8th will be our Fall Skills Challenge.

There will be no bowling November 22nd due to a tournament being hosted by the bowling alley.

There will also be no bowling on November 29th due to the Thanksgiving holiday.



Weekly League Highlights

Keep your eyes peeled here for our weekly achievements! We have a fresh new Turkey Towel that's ready to make the rounds!

In the meantime, Coach Mike is holding a pre-league warm-up afternoon at the lanes on Friday around 4:00.



Coach's Corner

With each Newsletter edition, we hope to share some coaching tidbits with you, the parents, to help you better understand what's happening on the lanes. We also hope that you'll cover these lessons with the kids!

This week (and this year) we would love to see the kids practice lane etiquette. This means reinforcing:

- Only one person on a lane at a time. All other bowlers should be off the lane and back at the tables
- Practicing lane courtesy: waiting off the approach until the lanes to the left and right deliver their throws.
- Staying in your lane when bowling and not wandering off between frames.

Upcoming Tournaments

- [Leopards Bowling Fundraiser at AMF Belle Vernon Lanes September 28](#)
- [SPINS Youth Scholarship Tournament, November 2](#)
- [2025-2026 Greater Pittsburgh USBC Youth Championship at Nesbits Lanes, November 8-9 and 15-16](#)

[See the Junior Bowlers website for additional tournament opportunities](#)

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If there's content/a special shout out/pictures you'd like to share/a coaching topic you'd like to see covered in the newsletter, please feel free to email Coach Denielle at coachd@mtlebanonjuniorbowlers.com.